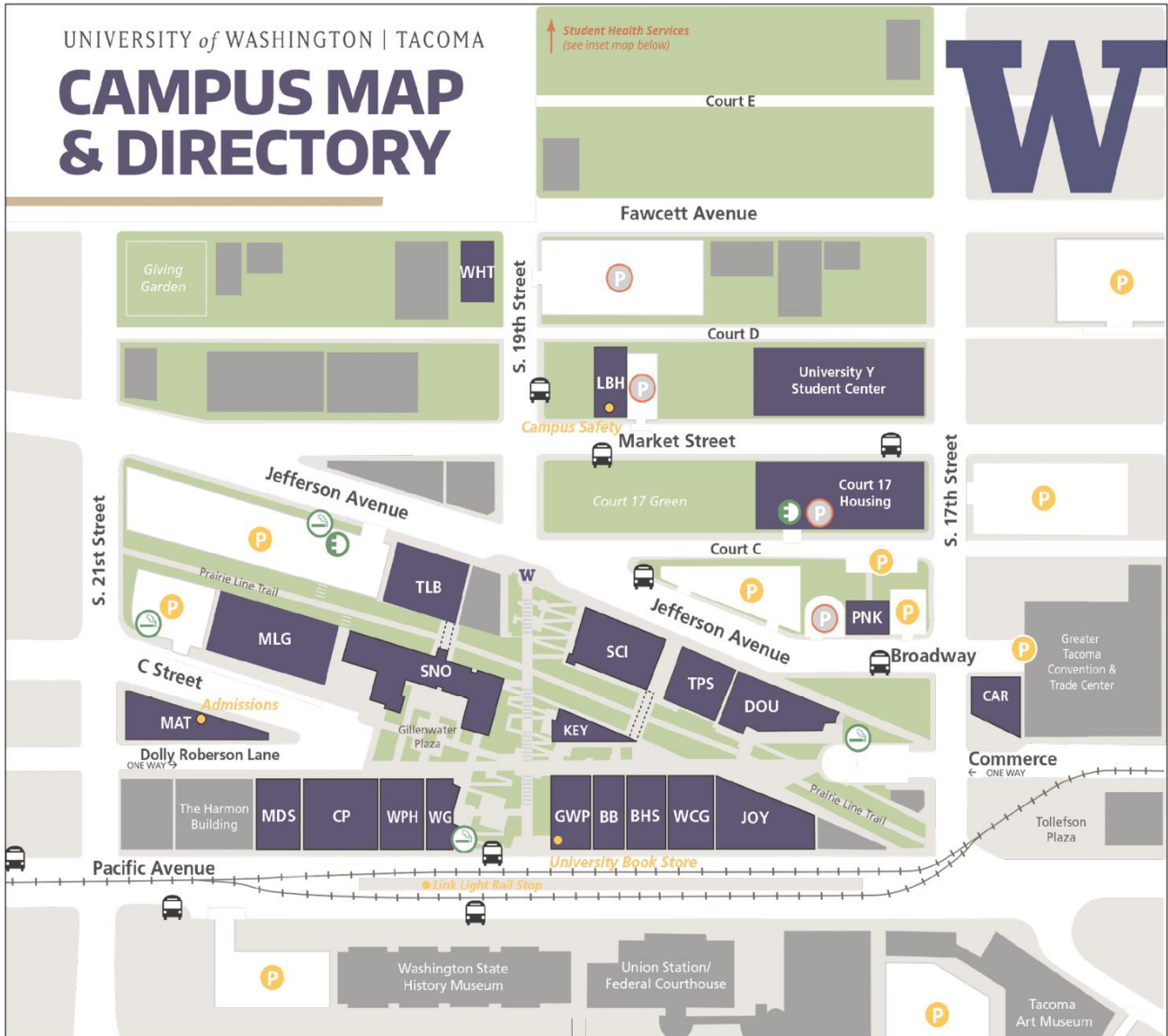


THE LEDGER

University of Washington Tacoma



This Edition:

- A Message from Holly Wetzel, the ASUWT President
- Study Abroad Scholarship Information
- Transit and UPASS
- New Link Stations
- Reaching out to Online Peers
- Getting into Fall Quarter
- UWT Clubs and RSOs

UW Tacoma
Welcome Days

9/27 -- Patio Karaoke
4:30 – 7 p.m.
@ TPS Patio

9/28 -- Husky Hangout
11 a.m. - 3 p.m.
@ Commerce Plaza

10/3 -- W Photo
12:30 - 1:20 p.m.
@Court 17

10/4 -- Tye-Dye Wednesday
11 a.m. - 2 p.m.
@Prairie Line Trail

10/4 -- Petting Zoo
12 - 3 p.m.
@Prairie Line Trail

UW Ledger
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A message from ASUWT President Holly Wetzel



IMAGE 1: The ASUWT Logo by ASWUT

How to get involved with UWT's student body government.

The Associated Students of University of Washington Tacoma (ASUWT) is your student body government at UW Tacoma. We are here to represent every student, ensuring that your needs, concerns and campus aspirations are addressed. If you have any questions, concerns or suggestions regarding your campus experience that you wish to bring to our attention, please reach out directly to the ASUWT President, Holly Wetzel (asuwtp@uw.edu) or the Director of University Affairs Roland Heyne (asuwtua@uw.edu). Please know that this year's ASUWT Executive Board and Senate are here to support you and will always make ourselves accessible to you.

Additionally, ASUWT is still looking to hire more senators and staff! If you wish to be more involved and make a difference at UW Tacoma, please apply for our positions on Handshake. If you still want to get involved with what ASUWT is doing without being a senator/hired staff member, we highly encourage you to attend our Executive Board and Senate Meetings. You can find our meeting schedules on our website:

<https://www.tacoma.uw.edu/asuwt>.

Earn scholarships for a study abroad adventure

Studying abroad isn't cheap. Attending a scholarship information session can make it possible.

by Reese Ramirez

Are you interested in studying abroad? Many students are, but are unsure of how to cover the costs. If this sounds like you, don't miss the Gilman Scholarship Essay Writing Info Session on Sep. 21st or Oct 3rd at 12:30 pm via zoom. Here, students will learn about the scholarship and receive tips on how to draft an effective essay.

Studying abroad can be an exciting part of the college experience, so don't let the cost stop you from embarking on an international adventure. UWT offers experiences from Spain all the way to South Korea! The info session is open to any students who are interested. Register for this free info session to learn about one of many scholarships that can help you achieve your dream.

<https://www.tacoma.uw.edu/home/events-calendar?trumbaEmbed=view%3Devent%26eventid%3D169778344>



IMAGE 2: Students often face problems with affording Study Abroad programs. Illustration by Cole Martin.



IMAGE 3: One of the many bus stops near the UWT campus that services multiple bus lines, all of which you can take with your U-PASS. Photo by Cameron Berrens

Use the U-PASS to make the most of public transit

Automatically loaded onto your Husky ID, the U-PASS makes taking public transit a breeze.

by Steph Caronna

What is the U-PASS?

The U-PASS is a benefit you pay for in your tuition fees that resides within your Husky ID card. It covers your transit fare for most of the public transit systems surrounding all three UW campuses, meaning you do not have to pay each time you hop on a bus or train. It includes Pierce, Metro, Community, Kitsap, Everett and Sound Transit buses, as well as Swift and RapidRide buses, and Link Light Rail and Sounder services. The only ones the U-PASS doesn't cover are the Ferry and Intercity Transit services.

How do I use my U-PASS?

If you are registered for classes and have paid the Services & Activities fee, your U-PASS will automatically be activated about a week before classes start—no need for any action on your part. The U-PASS is activated on your Husky ID card. Simply scan your Husky ID on the ORCA card reader of whichever mode of transit you are using, wait for the beep and green light, and proceed onto the bus or train.

How do I know which bus or train to take?

The sheer number of transit options surrounding the UWT campus can seem a bit overwhelming. Each transit service has its own online resources, such as maps and bus schedules. The most comprehensive resource for commuters traveling between cities is the [Transit app](#). This app allows you to enter your starting location and destination, then gives multiple transit route options and times.

T Line schedule updates with Hilltop expansion

Sept. 16th the T Line, also known as the Tacoma Link, began its new route along six new stations.

by Andrew Anderson

According to Sound Transit, the Tacoma Link, now known as the T Line, has expanded its rails and added 2.4 miles of track between Old City Hall and St. Joseph Medical Center. The T Line now charges fares that reflect the fare of other Sound Transit buses. Students will not need to worry, however, as the UW Tacoma UPASS program has expanded to cover these fares.

The rail expansion opened this past weekend on the 16th and added six new stations to its route. Among them are stations for St. Joseph Medical Center, Tacoma General, the Hilltop District and Old City Hall Station.

According to an article from King 5, trains for the T Line will now run Monday through Friday from 5 a.m. to 10 p.m., Saturday from 7:20 a.m. to 10 p.m. and Sunday from 10 a.m. to 6 p.m. Trains will run at 12-minute intervals Monday to Saturday from 6 a.m. to 8 p.m. and at 20-minute intervals all other times.



IMAGE 4: Running since the late 1990s, the T Line allows for quick travel throughout downtown Tacoma. Photo by Cameron Berrens.

Important UWT Resources for New Students

The UW Tacoma campus has many helpful resources for new and continuing students such as Academic Advising, DRS, PAWS, Student Advocacy and CEI.

by Heidi Ortiz Candelaria

As a new quarter swiftly approaches, you may find yourself having questions about resources inside our campus. Whether you're a new or returning student, these resources are set so that we can all successfully complete our studies in UWT.

The Academic Advising office offers a service that – while not mandatory – is extremely helpful. Regardless of whether you've decided on a major or minor, you can schedule an appointment with the advisor of your choice. They can either offer pointers on what major/minor might best suit you, discuss what classes you



IMAGE 5: The Office of Student Advocacy and Support, located on the second floor of Mattress Factory. Photo by Cameron Berrens.

require to graduate, and audit your degree to plan out classes you can take in advance.

The Disability Resource for Students office focuses on making sure the student experience is less challenging for the disabled student body. They provide services for both physical and mentally disable students. It's here that you can apply for in-class or testing accommodations and discuss any hurdles that you might (or may) be facing as a student.

This resource also goes hand in hand with PAWS (Psychological & Wellness Services). Here, you and your peers can find mental health counseling at no extra cost, whether it is for drop in or yearlong services.

The Office of Student Advocacy helps students find on and off-campus resources for absolutely anything they might need. Their goal is to help students by directly suggesting resources for any specific barrier they might be struggling with.

Finally, the Center for Equity & Inclusion (CEI) focuses on the equal treatment of historically marginalized groups on campus. If you are ever in search of any support regarding equal treatment during your time as a student or simply want to meet a group that will empower you during your time here, the CEI will tackle all concerns.

All these offices and centers can be contacted online or through phone by going into the “Husky’s Care” Resource Center tab or the “Students Resources” tab.

Link to Husky’s Care: <https://uwtacoma.concerncenter.com/>

Link to Student Resources: <https://www.tacoma.uw.edu/home/student-resources>

How to reach out to peers online

A short explanation of the inbox feature on Canvas.
by Benjamin Fredell

Socializing online can be a difficult task for even the most extroverted among us. Luckily, Canvas has some features that make it easier to reach out to peers when you need help.

On the left-hand side of the Canvas home page, you'll see an envelope icon that says 'Inbox' for the inbox tab. Here, you can compose a new message and find any course you are currently enrolled in along with a list containing your classmates. You can also use the search bar to find someone by name. Here you can connect with classmates and professors quickly and easily by using the two search engines Canvas provides in the inbox. The quickest way to find a fellow classmate or professor is by first selecting the course they are in with you. Canvas will then only show you the names of people within the class in the second search engine. From there you can either scroll through the list or type their name in the second engine. This is a great way to ask for notes after a lecture or set up study groups outside of class. This feature is especially helpful when taking online asynchronous classes.

Most classes are intended to be collaborative and interpersonal, that's why we take them in groups. Don't be afraid to reach out to anyone in any of your classes unless you're explicitly told otherwise. Take advantage of Canvas and its ability to connect you with others.

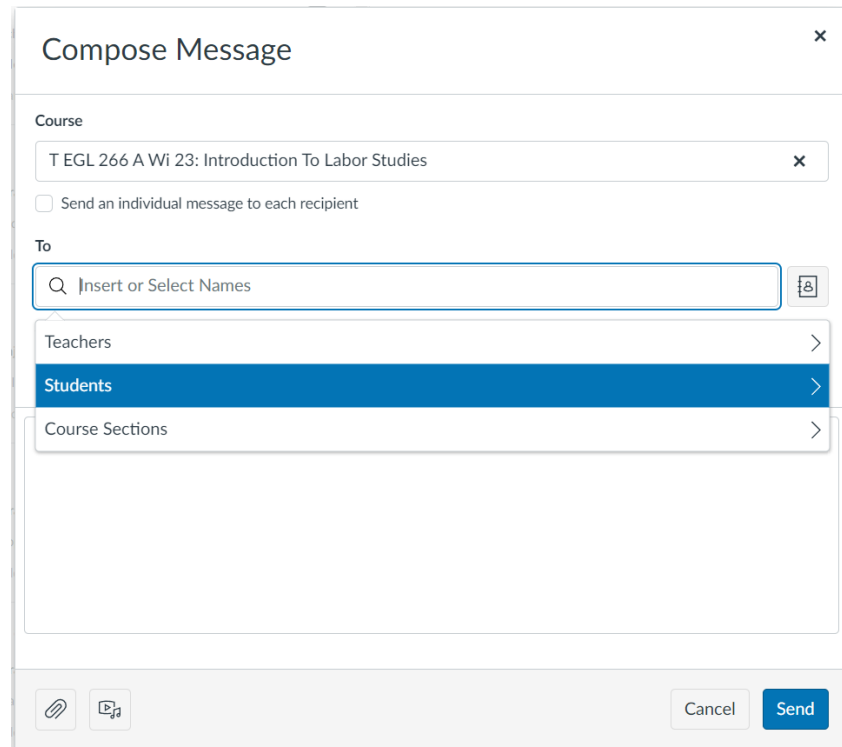


IMAGE 6: A screenshot of the Compose Message screen on Canvas. Photo by Benjamin Fredell.



IMAGE 7: One of our campus's many study areas located in Joy building. Photo by Cameron Berrens.

Getting back into fall quarter

Top five tips for the upcoming fall quarter.
by Celia Williams

As we get into fall quarter, transitioning from the summer of 2023, here are some tips to make it a little easier.

Find a comfortable spot to study around campus. As

cheesy as it sounds, it's important to find a place that helps you study without being distracted. Some of my favorite spots around campus are the fourth floor of the library, the Metro café or Starbucks, and the reservable study rooms available around campus which can be reserved at <https://www.tacoma.uw.edu/uuf/study-spaces>. It's important to find a place that fits your needs so you can focus on studying.

Find good study habits to keep you ready for anything. One of my favorite study methods is the Pomodoro technique. This study technique is great for those who find themselves getting distracted easily. You study for twenty-five minutes then take a break for five minutes, repeating for up to four hours. This technique might not work for everyone, but there are plenty out there to help you get ready for midterms.

Listening to calming music is also a great tip for Fall quarter. My favorite thing to do is find the instrumentals of my favorite songs. Lyrics can be distracting sometimes, but music is also helpful to some. It's all about finding the right music to help you stay on track.

Get plenty of sleep and eat regularly. It seems like a small thing, but getting enough sleep and eating regularly is actually really important when you need to be focused and energized. It's also important for your health, both physical and mental. School is important, but it's not more important than your health.

Finally, do something for your enjoyment. It's fall after all so take some time to enjoy it. Cozy sweaters, pumpkin spice, and spooky season are upcoming so don't forget to have fun!

Tacoma Smash Bros, Femmes of STEM, UWT Music Club and more! Find your passion in a UWT club



IMAGE 8: Student club officers chatting with each other at RSO event. Photo by Rachel Meatte.

Students can explore their interests and identity through UWT's dozens of Registered Student Organizations.

by Rachel Meatte

Find your people at UWT. Come be part of an amazing group of UWT students who share your same interests and goals. UWT has more than 50 clubs created and led by students. These clubs officially sanctioned by the university are called Registered Student Organizations (RSO).

RSOs cover a broad range of academic subjects, hobbies, and interests. Here is a sample: UWT Film Club, UWT Music club, Pre-Law Society, Psychology Club, Criminal Justice League, Student Theatre Acting Guild, Tacoma Smash Bros, Echo Dance Club, Young Democratic Socialists of America, UW Game Development Club, Pacifica Islander Club, Huskykai Japanese Student Association, Muslim Student Association, Pride Pack, Femmes of STEM and Mathematics Club.

For instance, the UWT Monarchs United is dedicated to creating a space for UWT students who are undocumented immigrants and their student rights. They also work to connect these students with each other and offer academic opportunities such as internships.

"Our club is a place for immigrants to feel safe and heard," said Perla, an officer of the organization. "We want them to feel like they can come to a place where no one is questioning the validity of their status as a student or person. That they have a voice in school, and they are always welcome to express any concerns or opinions that they have."

UWT supports the RSOs with guidance and funding. Last week, the Student Involvement Center held a "Club Camp" to teach club organizers how to attract more members and other basic information to operate their clubs successfully. They learned how to operate student club funding and attract more students to their clubs. There

were over 100 participants attending that were ready to finalize their UWT registered organization and foster more in-person communities on campus.

Have we piqued your interest in checking out which club is for you? For more information, visit the Student Involvement Center webpage at:

<https://www.tacoma.uw.edu/involvement/registered-student-organizations>