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UNIVERSITY OF WASHINGTON TACOMA





OPINION: Abortion rights are human rights

The rise of discussion surrounding the overturning of Roe v. Wade has led to a dramatic uptick in abortion-related protests all over the country.

By Remi Frederick Opinion Editor

On May 2, Politico, an online political news website, reported that the Supreme Court had voted to overturn Roe v. Wade and published a 98-page leaked draft opinion written by Justice Samuel Alito.

Since then, the country has seen tensions rise as pro-choice groups like Planned Parenthood and Women's March move to fight against this ruling, and anti-abortion groups like Americans United for Life and March for Life Action celebrated and urged the Supreme Court to hold steady and overturn Roe v. Wade.

Roe v. Wade is most famously known as the Supreme Court decision that ruled in favor of those pregnant being allowed the liberty to choose whether or not to have an abortion.

Several thousands of people protested around the country on May 7 to bring awareness to the leaked draft opinion and to express their outrage against the decision. The protests are continuing.

Frankly, I don't like using the terms "pro-life" or "anti-abortion." To me, they make the issue too simple and carry positive connotations which I feel aren't warranted.

Anti-abortion groups push for a ban on abortions without seeming to do anything to stop the causes of abortion. A Guttmacher Institute study, done in 2005, on the reasons U.S. women have abortions found that the main reasons are a lack of money, interference with the woman's work, school or other children, and an unstable relationship or the desire to not be a single mother.

To me, that isn't even the worst part. The worst part is that pregnancy sucks. Even giving birth is incredibly traumatic on not only someone's body but also their mind. Sometimes, even those eager to have children and are in good health can suffer various complications and side effects from birth.

Forcing someone to go through that is bad enough. I saw an Ohio representative, Jean Schmidt, a Republican, talk about forcing a 13-year-old to go through both pregnancy and birth even after she was raped.

"Rape is a difficult issue and it emotionally scars the individual," Rep. Schmidt said, "All or in part, for the rest of their life, just as child abuse does. But if a baby is created, it is a human life, and whether that mother ends that pregnancy or not, the scars will not go away. Period."

"It is a shame that it happens," Rep. Schmidt continued, "But, there's an opportunity for that young woman no matter how young or old she is to make a determination about what she's going to do to help that life be a productive human being."

Just think about that for a minute. A 13-year-old child, pregnant, not by choice, being forced to carry a baby for nine months and then go through the trauma of childbirth. Rep. Schmidt is right, rape does leave scars, but so does pregnancy. Pregnancy not only leaves mental scars but physical ones as well. Your body is never exactly the same after a pregnancy as before.

This young child will never be able to forget what she was forced to go through. First rape, then pregnancy and then birth and maybe even raising a child, all before high school.

These are the things I think about when I think about my stance on abortion and why I am pro-choice, even if I wouldn't necessarily need or have an abortion.

With the overturning of Roe v. Wade, the liberty of free choice in what to do with the body is more important than ever, as many protests and protestors are here to prove. I went to the "Bans Off Seattle with Planned Parenthood Alliance Advocates" rally on May 14.

I talked to a number of people who attended the rally and they had a multitude of opinions on the leaked draft and many shared their own experiences with abortion. Many of them expressed frustration that they had to continue to fight for this once again, one person even said that her signs were from the Women's March in 2017.

"I had a family member who had an illegal abortion back in the 60s and I know many women, including myself, who have had abortions in our early 20s," said Julie Haack, "None of us have any regrets, it was the wrong timing for all of us."

"For me, it's not an issue that should be up to the Supreme Court. This is an issue that should be individually made by every woman, forever, no matter the circumstances," said Haack.

Katy Turek told me about her story which is one of the reasons she was at the rally. She was a single mom and got pregnant again while being in an abusive relationship so Turek hid her pregnancy from everyone and later gave the baby up for adoption.

"I was stuck and so I was put in a position where I had to hide that and that was traumatic. My story turned out well in the end," said Turek, "I love my daughter, I'm so glad that she's here, but I should not have been put in that position. No woman should ever be put in that position, no girl should be put in that position."

Shauna Bennett says that the Supreme Court justices lied under oath and that they are not acting in a way that is in line with the opinion of the majority of Americans.

A recent CNN poll says that 66% of Americans don't want Roe v. Wade to be overturned.

There were a few counter-protesters and I was able to interview one of them. He refused to give me his name but asked that I call him Malcolm.

Malcolm told me that he was protesting against abortion because his ex-girlfriend had an abortion against his wishes and that he was willing and able to raise the child.

I respect how that might be upsetting but, he wouldn't be the one carrying a baby for nine months. Sure, he was offering to raise it, but pregnancy is not an easy task, as I discussed above.

I am glad I was able to attend the protest. I've been to protests before and it always makes me feel so much better to be actively fighting for the things I believe in. In addition to this, it is also nice to not feel so alone.

I tend to do a lot of social media activism and that often leaves me feeling a little lonely and useless so whenever I can do more, I feel better. This protest was only one of many that have been happening across the country to protest the decisions of the court.

I beg you, please fight for our rights. Whether it be attending a protest, emailing your local representative or sending a single tweet, there is no action too small to argue against the policies that are being made against bodies right now.

Even if you wouldn't personally get an abortion, you shouldn't take that right away from others who need it, whether that be for medical reasons, religious reasons, financial reasons or simply because it is their body and their choice.

May 16, 2022 **NEWS**

Student government elections open this week

The ASUWT elections are now open for students across campus to vote and choose the students to represent their opinions and interests at large.

BY ANDREW ANDERSON **News Editor**

As of today, the voting for the Associated Students of the University of Washington Tacoma(ASUWT) has begun and will run until Friday May 20 at 11:59 p.m. The ASUWT is an organization that provides student representation, advocacy and involvement. They promote student interests and needs, provide expression of student opinions and interests and assist the University in providing student-centered environments.

Students will be able to vote online as the ballots will be distributed to all students via their school emails.

Currently multiple positions on the Executive Board and Senate of the ASUWT are open and election results will be announced on May 27 at 12:30 p.m. The following students are running for the following positions:

PRESIDENT:

- Jai'Shon Marquis Berry, currently the Director of University Affairs,
- Lucas Byram, Senator for IAS.

DIRECTOR OF UNIVERSITY AFFAIRS:

Exita Lealofi.

DIRECTOR OF INTERNAL COMMUNICATION AND AFFAIRS:

- Halana Williams, incumbent. DIRECTOR OF FINANCE:
 - Jasmine Davis, SAFC.
 - Jasmine Maggo, Senator for Milgard.

DIRECTOR OF LEGISLATIVE AFFAIRS:

Ruth Ogden, office manager for ASUWT.

DIRECTOR OUTREACH:

- Holly Wetzel.
- Leticia Perrone Barreto, Senator for Urban Studies.

SENATOR FOR INSTITUTE OF TECHNOLOGY:

- Elijah Amian.
- Nathan Nguyen.

SENATOR FOR SCHOOL OF INTERDISCIPLINARY ARTS AND SCIENCES"

Olivia Whitmarsh.

Matthew Thomson, the Election Administration Chair for the ASUWT. was available to provide more information in regards to students voting for write-in candidates.

"Should any student wish to run as a write-in candidate," Thomson said, "They are free to do so, the last day for write-in fillings being June 3." Continuing, he listed the open Senate positions as well as how many students are running. They are as follows:

- Milgard School of Business (2 seats - 0 students running)
- School of Interdisciplinary Arts and Sciences (3 seats - 1 student running)
- School of Education (1 seat 0 students running)
- School of Social Work and Criminal Justice (1 seat - 0 students running)
- School of Nursing and Healthcare Leadership (1 seat - 0 students running)
- Institute of Technology (2 seats

- 2 students running)
- Pre-Major Senator (3 seats 0 students running)
- School of Urban Studies (1 seat - 0 students running)
- Graduate Student Senator (1 seat - 0 students running)

On their main webpage, the ASUWT has a link to their public Google Drive which is available to the students and public at large. The public drive has folders with details on board reports, meeting documents, senate reports, governing documents and election materials.

The election materials, within the Drive, contain files such as the Candidate Packet, detailing the election policies and procedures and job descriptions, the ASUWT Bylaws and the ASUWT Constitution, which are available for all to read.

The ASUWT has social media pages detailing upcoming events and information at their Instagram and Facebook @asuwt as well as more details on the elections.

Full details on the students, their endorsements and their platforms, as well as how students can vote for a write-in candidate, can be found at

https://www.tacoma.uw.edu/asuwt/ elections

Those with questions around the elections and voting process can email the Electives **Administration Coordinator at**

asuwteac@uw.edu

Students with any questions involving the ASUWT can email

asuwt@uw.edu



PHOTO BY ALEXA CHRISTIE

A photograph of UWT students having lunch at campus while studying for classes

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NEWS May 16, 2022

DawgDen shop open for end-of-the-year orders

The DawgDen is once again opening orders for students who have racked up points attending various campus programs throughout the school year.

BY ANDREW ANDERSON News Editor

On May 1 the DawgDen, UW Tacoma's central hub for registered student organizations, allowed students to begin submitting order forms for their Dawg Bones program. The DawgDen is a group management software that aids in keeping the general UWT community connected and allows students to get involved on campus and within a community.

The main online hub for the DawgDen allows students to view and connect to the various registered organizations at UWT, view upcoming events hosted around campus and turn in collected points — known as Dawg Bones — for prizes and entries into giveaways.

The Dawg Bones event is, like the DawgDen, sponsored by Student Involvement. Created as an incentive program to encourage students to attend on-campus events and get involved, students are able to earn points through the program by attending events and meetings, joining student organizations, completing social media challenges @UWTInvolvement on Instagram and various other means detailed on their web pages.

Vi Whitmarsh, a CSI assistant and member of the Dawg Bones project team, was able to comment on the program and some of the specifics.

"The Dawg Bones shop is open for the final time this year from May

2 to June 2," Whitmarsh explained, "If you've attended any events on campus (including speaker panels, RSO meetings/events and more) then you've earned points for your time. You can spend them on prizes like giveaway entries for a hoodie or beanie, a water bottle, notebooks, lanyards, and more. However, all earned DawgBones for the 2021-2022 year will expire on June 2, so be sure to spend them before then."

Prizes can be purchased with points both online and across campus. Until June 3 students can stop by the Center for Student Involvement and complete the order forms at the front desk and receive their items immediately, at one of the various pop-up shops that will be available around campus — advertised through the Student Involvement Instagram — or submit orders online.

Online orders will be reviewed by Student Involvement staff members before prizes are gathered and students are emailed on when their prizes are available for pick-up. Prizes can be picked up at the Center of Student Involvement located in UWY 107 at the University Y on campus.

Available items from the Dawg Bones shop include buttons, notebooks, hand sanitizer, aluminum water bottles, and sweatshirt and beanie giveaways. Some items are more exclusive than others due to quantity and are available through giveaway only. Students are able to use their points within the giveaway multiple times.

General information on the Dawg Bones program can be found at:

https://www.tacoma.uw.edu/ involvement/dawg-bones

More information on the Dawg Bones program and the prizes that can be won can be found at:

https://uw-tacoma.presence.io/point/ dawg-bones?id=86d757bb-71b1-481ba96d-7ee993c609fa

Students can find the ordering form at the following link, but will need their UW IDs to access the form:

https://uw-tacoma.presence.io/form/ dawg-bones-prize-order-form

Any students with questions on the program about how to order prizes or the DawgDen in general can email the Center for Student Involvement at

uwtsi@uw.edu



The Center for Student Involvement located at the University Y in room UWY 107

The spring Maker's Fair

Happening on UW Seattle campus: The spring Maker's Fair is an event in which students, faculty and staff are able to display their artwork to the public and express their creativity through their art.



PHOTO BY THE UNIVERSITY OF WASHINGTON HUB

Creators have the opportunity to publicly showcase as well as sell their artwork.

By Leslie Gonzalez Cruz News Reporter

Coming up on Wednesday May 18 is the spring Maker's Fair. The Maker's Fair is an event in which students, faculty and staff are able to showcase their unique talents and crafts to the public.

The fair is built on creativity and selling unique objects that range from hand stitched designs and needle-felt sculptures to watercolor paintings and art created from recycled and found materials

Madeline Galbraith, an alumna who showcased her artwork in the spring Maker's Fair in 2019, designed and hand stitched stuffed creatures made out of found and recycled materials in efforts to repurpose and lessen the excessive use of plastic and synthetic materials.

"I let the art take me on its own jour-

ney through many mistakes, frustration, and then ta-da! Pure pleasure after completing a piece," Galbraith explained when asked about her work.

"That is the beauty of art" said Galbraith when describing she doesn't plan her creations. She used her love for animals to create and emulate their personalities through her artwork.

Another former student, Lena Nguyen, made watercolor paintings and handmade cards when she participated in the Maker's Fair. She stated that she loves when she steps back and can observe the end result of her creations.

"I can see what I have created and just relax and feel proud," Nguyen said, "It's especially great to see the progress I've made and remembering the start of how it all began."

For many creators this is a chance to showcase their artwork to the public and share their own inspirations behind every item they make.

Many creators will be returning while new creators will also be making their debuts, alongside vendors, catering to every buyer's artistic desires.

For more information regarding the spring Maker's Fair visit:

https://hub.washington.edu/whatshappening/hub-events/makers-fair/

The Spring Makers Fair will run

11 a.m. to 3 p.m. located at the HUB/ lawn on Wednesday, May 18.

Incivility is a big issue in America

Every day we see examples of incivility in America and every day our society becomes ruder and ruder.

By Remi Frederick Opinion Editor

Something that has always bothered me is just how rude people are to each other. I've never been able to comprehend why someone would choose to ruin someone's day instead of keeping their mouth shut or even helping someone have a good day.

I think about this nearly every day because I see rudeness almost every day, which gets more than a little depressing.

Recently, I listened to a "Hidden Brain" podcast episode titled "How Rude!". In this podcast episode, the host Shankar Vedantam interviews Christine Porath, a professor of business at Georgetown University who studies and focuses on making the workplace a more civil place.

Porath and her colleague, Christine Pearson did a study on incivility in the workplace and its effects.

"And what we found is that incivility made people less motivated: 66% cut back work efforts, 80% lost time worrying about what happened, and 12% left their job," said Porath in her TED Talk titled "Why being respectful to your coworkers is good for business."

Porath says that when you see or experience someone being rude to you or others, your brain goes into fightor-flight and in a sense, your brain is



paralyzed, unable to help. Your performance, even if you're not the one having rudeness directed at you, decreases.

A study done by Binyamin Cooper, a Postdoctoral Fellow at Carnegie Mellon University in their school of business, and others in 2021 called "Trapped by A First Hypothesis: How Rudeness Leads to Anchoring" found that even small events of someone being rude can cause a negative emotion that can interfere with a person's deci-

sion-making process.

The same study found that rudeness can trigger our anchoring bias which is the tendency to focus on a single piece of information when making a decision even if the piece of information is irrelevant.

Rudeness alters your brain and can literally change the way you make decisions.

In addition to this, rudeness is contagious. What I mean by this is that

when someone is rude, you are inclined to be rude back. This only escalates things and continues the cycle.

This may be why the internet is seemingly full of mean encounters. Think about how often we see videos of Karens going viral or interactions on video games that are uncivil.

When I play video games and I experience incivility or even see it, I still get the urge to be rude back. However, I hold that feeling back because I know

it won't help. It will just perpetuate the cycle of incivility in our society.

Stress is the number one reason that people are uncivil, according to Porath. In addition to this, she says that people are worried about getting ahead (because they think jerks finish first). Porath says studies show that this is in fact not true, that the number one reason for leaders failing is a jerk-like leadership style (think about Ellen DeGeneres).

Porath says civility pays off in the long run and in my opinion, it's always better to make someone's day than to ruin it.

Society seems to always forget the golden rule: treat others the way you want to be treated. We should do better to be nice to one another. It will help us in the long run and honestly, wouldn't you rather feel like a nice person?

I encourage you to listen to the "Hidden Brain" podcast episode and listen to Christine Porath's TED Talk to learn more about being civil and respectful to fellow human beings.

"What I know from my research is that when we have more civil environments, we're more productive, creative, helpful, happy and healthy," said Porath, "We can do better. Each one of us can be more mindful and can take actions to lift others up around us, at work, at home, online, in schools and in our communities. In every interaction, think: Who do you want to be?"

Curious about non-violence resistance?

Come learn about the history and tactics of non-violence from the best minds in the country.

By Anthony Krejci Opinion Columnist

Ever been curious about the non-violent resistance movements of the 1950s, '60s and '70s? Have you ever wanted to learn more about the philosophy, tactics and organization of non-violent activism? Well, this coming Friday, May 20, from 10 a.m. to 2 p.m., Dr. Kent Wong, Director of the UCLA Labor Center, along with our very own Dr. Michael Honey will be leading an online seminar sponsored by the UWT Labor Solidarity Project.

This seminar will focus on the life and teachings of Rev. James Lawson Jr. a civil rights activist and author of the recent book "Revolutionary Nonviolence." Rev. Lawson was one of the most prominent members of the non-violent civil rights and Black Freedom movements of the 20th century. Lawson was alongside Dr. Martin Luther King Jr. as a key organizer in their historic struggles

against Jim Crow segregation, such as the famous Freedom Rides and the March on Washington.

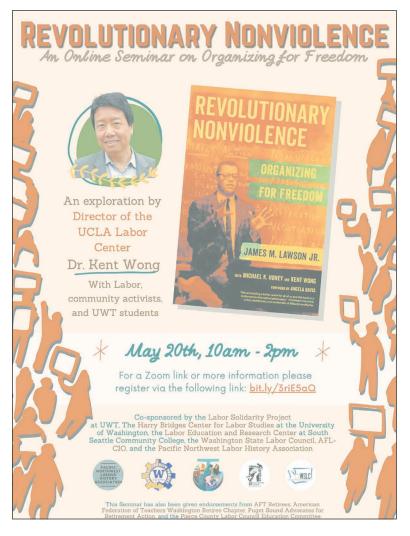
Many people in this country enjoy the freedoms and respect deserved by all humankind as a direct result of the actions of King and Lawson. It is doubtful such a change would occur in our racially conflicted country without the selfless sacrifice, effective leadership and courageous compassion of these men and the tactics of non-violence which they advocated.

A commitment to non-violence is not only a brave condemnation of injustice and dehumanization, but also a courageous refusal to abandon compassion for the basic humanity of your oppressor. By acknowledging your oppressor's humanity, you force them to see yours. That is the greatest strength of non-violent resistance. It acknowledges that people who behave with cruelty are merely victims of a system that perpetuates cruelty.

Non-violence is a fairly modern tactic, with most historians agreeing it began with Mahatma Gandhi's famous resistance against the British Empire, before spreading to America to lead the civil rights movement to victory. Yet despite what is commonly known, the civil rights movement was only a partial victory. In studying the aims of this movement, you will learn the non-violence movement has more work to do. Work that our country and our world desperately needs in this time of inequality and uncertainty.

So come join us this coming Friday, and learn from some of the greatest minds on non-violent history and tactics. The movements of the future may need you.

Be sure to search for the "Revolutionary Nonviolence: An Online Seminar on Organizing for Freedom, with Dr. Kent Wong" on the UWT events page and register online.



A&E — THE LEDGER May 16, 2022

Sam Raimi's triumphant return to Marvel movies

20 years ago, Sam Raimi changed superhero movies forever and finally returned to the genre in "Dr. Strange in the Multiverse of Madness."

By Ryan Mantle FILM CRITIC

It has been a long, illustrious career for Sam Raimi, bringing franchises like "The Evil Dead" and "Spider-Man" to life, and producing many of the biggest horror movies from the past few decades. All of this experience has led to his improbable but excellent return to Marvel in "Doctor Strange in the Multiverse of Madness." The film follows Strange and a mysterious multiverse-traveling teenager who is being hunted for her power.

Marvel famously has a playbook that they follow, which has led some in the film industry to criticize them for it. Bringing in the director who practically wrote that playbook with the release of "Spider-Man," which just had its 20th anniversary, might seem like an odd move, but Raimi is far from a one-dimensional director. For one thing, he was behind two of the greatest villains in any Marvel movie: the Green Goblin and Doc Ock. After years of building up Thanos as the biggest of bads, having him create a new villain is pretty genius.

Sam Raimi's roots are also firmly in horror movies, starting with "The Evil Dead," which celebrated its 40th anniversary this past April. That has not bled into all of his films but it certainly bleeds into "Doctor Strange" as eerie piano music, jump scares, and even some gore. At times, this pushes the PG-13 rating to its

limit, but Raimi was careful not to go too overboard.

Adding to the horror is the villain, who at times moves like a classic horror creature with slow, distorted body movements followed by the quick and lethal attacks. The villain is extremely fluid in "Doctor Strange," shifting in between horror tropes seamlessly and convincingly.

Of course, with a character like Stephen Strange, he will always be the center of attention, and likely the cause of his problems. Sam Raimi has been making characters like this for decades in a variety of film genres. Ash from "The Evil Dead" series' woeful incompetence frequently gets him in and out of trouble, all while shamelessly hyping himself up. Characters like Billy from "For the Love of the Game" and Christine from "Drag Me to Hell" are so focused on their problems that everyone around them gets hurt. Even the title of "Oz the Great and Powerful" tells you all you need to know about that character. All of this is to say that Raimi is a perfect fit to handle a narcissistic character like Stephen Strange.

Coupled with Benedict Cumberbatch's excellent portrayal of the character, it is certainly a recipe for success. Cumberbatch keeps his emotions close to the vest but it is easy to tell that internally he is struggling. The love of his life, Christine, gets married in the opening scenes and he forces a smile every time he is reminded of it, which happens a lot during his jaunt through the infinite universes.

Meanwhile, with Robert Downey Jr. out of the mix, Marvel needs a new dad type to guide its new crop of young heroes and they appear to have found it with Strange. He delivers corny lines with aplomb, complete with winks to Xochitl Gomez, who plays the mystery teenager, and then gives several uplifting and fatherly speeches to her. Combined with his guidance in the previous Spider-Man movie, the role appears to be in good hands

Another smart move was bringing in Danny Elfman for the soundtrack. I mentioned the eerie piano music earlier but that is far from the only thing he brings to this film. The transition from creepy to grand could be jarring but Elfman makes it sound easy. At one point, a brilliant magical music notes fight occurs in the film and the use of crescendo and decrescendo in it was masterful.

There are some negatives in "Doctor Strange in the Multiverse of Madness." Elizabeth Olsen reprises her role as Wanda/The Scarlet Witch and mostly does a great job but she plays everyone's favorite game of "where did her accent go?" Xochitl Gomez is a little green at times, mostly trying to look intense while she stands completely still for some reason. That is the one area where the horror roots actually harm the overall product; everybody moves so slow and deliberate in the movie. "There's a homicidal demonic creature chasing us, let's all tip toe towards our salvation," occurs all too



ILLUSTRATION BY JAIDA NOBI

Ash from the "Evil Dead" series, Spider-Man, and Dr. Strange.

often

"Doctor Strange in the Multiverse of Madness" changes the Marvel play-book by bringing in the person who originally wrote it. Sam Raimi brings his vast experience in the horror genre and with narcissistic characters to a complex character like Stephen Strange and made a movie that is as good as the sum of its parts; a compliment consid-

ering the vast resources that Disney and Marvel have at play. Cumberbatch excels at showing how a character who casts magic and travels across universes can still be relevant to our everyday lives. The movie is dark and violent but it is certainly enjoyable.

4.5/5 STARS

"Doctor Strange in the Multiverse of Madness" is available only in theaters.



Mogwai plays Atlantico: Shoegaze in a Roman Club

In true Euro fashion, everyone was smoking.

By Josephine Trueblood A&E Editor

Instrumental shoegaze, excellent sound, a good Euro club: Mogwai in Rome was a delicious, delicately-distorted sound bath. After a long scooter ride past old Mussolini-built complexes and residential areas – Atlantico delivered the Italian-chill live venue experience I was looking for. The only real downside: my hair is still caked in cigarette smoke – a European norm I haven't yet adjusted to.

Mogwai has been releasing soundtrack-esque, spacious albums since the late '90s. With an eclectic name and even more underground inspiration, the Scottish shoegaze four-piece is named after the fuzzy creatures in the 1984 cinematic masterpiece, "Gremlins." Primarily an instrumental band, their style can be explained by influences like math rock forefathers, Slint.

What stuck out most live was the simplicity of the instrumentation. Often, guitarist Stuart Braithwaite would revolve around just one or two chords, building it up slowly and cautiously. Alternating between grand controlled feedback and the softest, cleanest guitar plucking, Mogwai was captivating. Their 2021 release, "As the Love Continues."

which they primarily pulled from for the show, is anthemic, with delicious electronic bites and, as always, superb dynamic shifts. My personal favorite off the album, "Dry Fantasy," was every bit as good as the first time I heard it - Mogwai brings next-level musicianship. Mixing in a few fan favorites like "Friend of the Night," their set was well balanced and full of persuasive melodies to cling onto.

However, the band played a rather short set, despite their tendency to write lengthy songs. I was definitely expecting 3+ hours of Mogwai but was left wanting more. Their stage presence was definitely lacking. The band clearly put the music first; honoring the shoegaze namesake by standing in one place and watching their pedals. An unexpected, but probably should have been anticipated, downside of Mogwai was their struggle to sing even simple lines. Yet, the music was so good, I won't hold it against them.

Mogwai's live shows are truly closer to sound baths, or some crazy futuristic sonic experience, with the occasional distortion rave-up. Expect a crowd full of dudes who lose their minds over guitar feedback and a whole bunch of pretty Jazzmasters. I recommend seeing them with no expectations and going in cold look up the setlist later and enjoy!

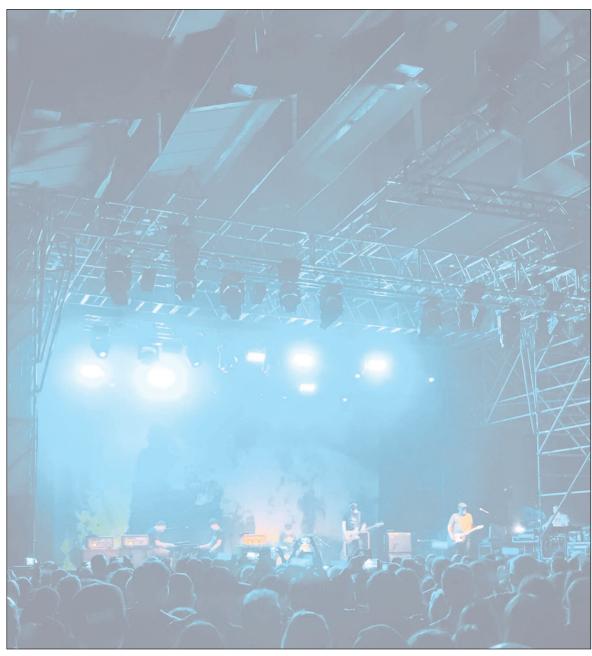


PHOTO BY JOSEPHINE TRUEBLOOD

Mogwai performs their new album.



Opinion Editor: Opinion Editors help reporters in the opinion section create persuasive articles that are relevant to the UW Tacoma campus, and edit said articles before they go on to the Managing Editor and Editor-in-Chief. The Opinion Editor is responsible for all stories and artwork in their section. They additionally produce one article per issue.

Film Critic: The position involves reviewing at least one movie (or series) per issue. Reimbursement is available for movie admission prices accrued on the job. We do not reimburse streaming subscriptions.

Opinion Columnist: Opinion Reporters create persuasive articles that are relevant to the UW Tacoma campus.

Illustrator: Graphic Designers/Illustrators create art to adorn the cover of the Ledger and accompany articles. They are responsible for completing all weekly assignments under the direction of the Layout Manager and Editor-in-Chief in accordance with Ledger style rules.

Layout/Design Manager: The Layout Manager is responsible for directing the design and layout of the student newspaper, the Ledger. The Layout Manager oversees all page designers, and works directly with the Editor-in-Chief and Managing Editor.

Go to Handshake to apply DEADLINE June 30, 2022 5:00 PM



A&E ______ THE LEDGER May 16, 2022 **7**

Summer time tea time!

With warmer weather coming our way, it's time to bust out the summer tea recipes

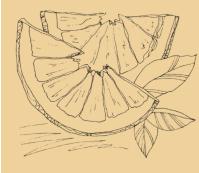
By MADI WILLIAMS MANAGING EDITOR

With the weather getting nicer and the sun coming out, it is time to bust out the summer drinks. One of the best drinks to have during the summer is iced tea. With the endless amount of different flavors of tea, there is something for everyone!

Below are recipes on how to make iced tea at home, along with add-ins, to make different flavored tea.

ICED TEA -

Boil 4 cups of water. Once the water is boiled, remove from heat and add 6 tea bags and steep for 10 minutes. After 10 minutes, pour the tea into a pitcher and then add 4 cups of cold water and then refrigerate.



SWEET TEA

2 cups sugar

Follow the directions for iced tea. Once your tea is done steeping, you will add the sugar and mix until it is dissolved. You can always add more or less sugar depending on how sweet you like your tea, just know if you add sugar once the tea is cold the sugar will not dissolve into the tea.

ARNOLD PALMER

1 ¾ cup sugar

1 cup water

9 medium lemons

7 cups of cold water

Add 1 ¾ cup of white sugar to 1 cup of water, mix in a sauce pan and bring to a boil, making a simple syrup. Juice lemons until you have 1 ½ cups of lemon juice, about 9 medium lemons. Add 7 cups of cold water into a pitcher and add in lemon juice and then simple syrup.

In a cup, add half lemonade and half iced tea for a delicious and refreshing drink!

PEACH TEA

1 cup sugar

1 cup water

2 ripe peaches thinly sliced

Put sugar, water, and peaches into a saucepan and bring to boil. Once it's boiled, lower heat and use a wooden spoon to stir and mash peaches. Once the sugar is dissolved, cover and remove the pan from heat and let it sit for 25-30 minutes. After the steeping time, strain the syrup from the peaches and put in a bottle or jar for storing.

When you want peach tea, add syrup to your iced tea!

RASPBERRY TEA

1 cup sugar

1 cup water

1 cup raspberries

Put sugar, water, and raspberry into a saucepan and bring to boil, once it's boiled lower heat and use a wooden spoon to stir and crush. Once the sugar is dissolved, cover and remove the pan from heat and let it sit for 25-30 minutes. After the steeping time, strain the syrup from the raspberries and put in a bottle or jar for storing.

When you want raspberry tea, add syrup to your iced tea!

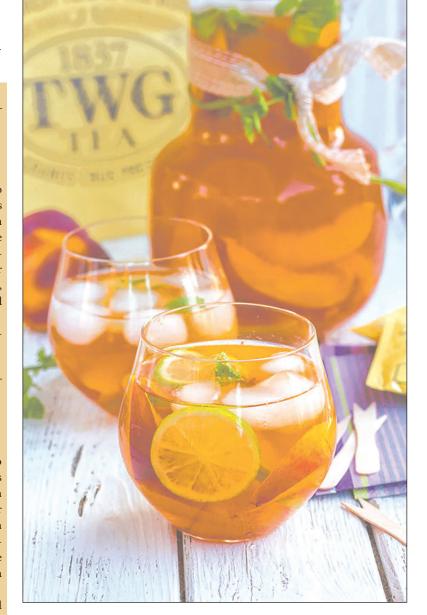


PHOTO COURTESY OF MOUSTAFA MABROUK VIA FLICKR

Peach Iced Tea with Lime



Important to measure water, you don't want your tea too strong or too watery.

Important to steep tea for the amount of time the tea box says since different teas have different steeping times. If it steeps for too long it will turn bitter, for green tea use slightly cooler water to avoid an olive taste.

With iced tea you are doubling the amount of tea bags with the boiling water. Many recipes say 6 tea bags for 4 cups of boiling water. If you like your tea more strong add more tea bags, and if you like it weaker then use less.

Try it with different teas! Different teas have different flavors so experiment with them!





PHOTO COURTESY OFW PERSONAL CREATIONS VIA FLICKR

The good and the bad in Jack Harlow's newest album

"Come Home The Kids Miss You" will be a great performing album for the artist, Jack Harlow

By Angelo Alegre A&E Reporter

Jack Harlow is an artist that has been through the depths of making music, recently rising to stardom after his song "WHATS POPPIN" blew up on the popular social media platform, TikTok. Probably the largest factor to his growth, however, was his appearance on Lil Nas X's single "INDUSTRY BABY." His newest studio album "Come Home the Kids Miss You" consists of 15 songs, four of them having features with artists Pharrell Williams, Drake, Justin Timberlake and Lil Wayne.

LIKE A BLADE OF GRASS

One of the better songs in the album, "Like a Blade of Grass" has some of the better lines that makes you learn a bit about the rapper. Lines like "truthfully, my body count is low, it's only two, I know that you probably don't believe me, but it's true" adds to the storytelling of this song. Harlow shares things about him that people around the globe don't know. As for the reason why Harlow is sharing these things, it's because the theme of this song is about expressing his feelings for a girl. Alongside great lyricism in this song, Harlow's flow adds to the enjoyment as he fully feels the rhythm of the beat.

DUA LIPA

"Dua Lipa" is a song that Harlow has outdone himself on. The song is just great overall from the low-key beat that Harlow raps over to the lyrics about the famous singer and songwriter Dua Lipa. As this song is about another artist, it can bring rise to controversy as fans of Dua Lipa may not welcome it with open arms, but Harlow had actually asked permission to have the song released. In an interview on the "Breakfast Club AM" radio show, Harlow shared that Dua Lipa gave him permission to release the track after having a chance to listen to it privately during a Face-Time call. On the show, Harlow said "..if she had said like, 'Yo I hate it, I don't want it to come out,' it wouldn't have come out." This shows the personality of Harlow as he did what other artists may not have done, which was to ask permission and act like a gentleman.

Other than how the song came out, the lyricism of Harlow on "Dua Lips" does a great job making listeners bob their head to the music with lines like "I checked the web, they out here chewin' me up, f*ck it, fadeaway,

to them in life. This song contains no chorus as there are just two verses, one for each artist. This puts more emphasis on what they are saying, rather than how they are saying it. One of the most impactful lines from Harlow was when he said "I put the flavor in a pot and took the bland out," which shows that he finally found how he can make it big in music, going from an artist not many knew to one that almost everyone does. As for Drake, the line "how much water can I fit under the bridge before it overflows" hits hard as it shows that there is a limit to how much a person can hold with

regards tofeelings and forgiveness.

MOVIE STAR (FEATURING PHARRELL WILLIAMS)

Out of the four features, Pharrell Williams' appearance on "Movie Star" is the weakest on the album. The song is a typical rap song where they rap about money and women, and it does not do a good job standing out from the rest. The instrumental of the song is also weak and different compared to the rest of the album. Pharrell Williams' parts on "Movie Star" is full of horrible auto-tune and very deep vocals that

aren't too pleasant on the ears of listeners.

Overall, Jack Harlow's newest album "Come Home The Kids Miss You" has many tracks that will become Harlow's more popular songs, but it also contains a good number of mediocre songs that will be easily forgotten by both fans of Harlow and ordinary listeners.



PHOTO COURTESY OF GENERATION NOW AND ATLANTIC RECORDS

Album cover for "Come Home The Kids Miss You"

I lift that Luka knee up, bucket."

CHURCHILL DOWNS (FEATURING DRAKE)

Of all the features, it shouldn't be a surprise that Drake makes the biggest impression. Drake's energy on "Churchill Downs" is just the best out of all the features as it matches Harlow's own style. With the title of the song being named after a racecourse back in Harlow's hometown, the theme of this song is about the rapper's own life. Both Harlow and Drake rap over a simple, yet smooth beat, telling the listeners about the things that happen