

FREE EVERY WEEK

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UNIVERSITY OF WASHINGTON TACOMA



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The Yeses and the Definitely Nots**

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Dealing with and managing academic burnout

As the academic school year comes to an end, many college students find themselves with burnout and anticipating summer break.

BY LESLIE GONZALEZ CRUZ
NEWS REPORTER

As Spring quarter continues, students are racing to finish the quarter strong after spending 26 weeks in school. While facing tight deadlines, exams, readings, finals and a life outside of work, many college students are facing academic burnout.

Reported by the World Health Organization (WHO), burnout is classified as an occupational phenomenon, in which it causes the person to experience chronic stress, leaving them exhausted and drained. As for college students, academic burnout makes students feel depleted and cynical about school.

The most common symptoms of academic burnout reported by the WHO are as follows: exhaustion, lack of motivation and creativity, increased irritability, loss of interest, social detachment and declining grades and work performance.

The Psychological and Well Being Services (PAWS) at UWT provides confidential mental health counseling for UWT students at no extra cost. The center offers a variety of mental health resources off-campus, and online.

With UW COVID-19 protocols, PAWS is offering virtual services from Monday to Friday 8 a.m. to 5 p.m. Their physical office for students who seek privacy is located in room 354 in the Mattress Factory building with the same availability as their virtual services.

PAWS' mission is to provide guided problem-focused mental health counseling and help students cope with their stress whether it's due to academics or otherwise.

For students who are not able to seek counseling on campus there are other ways to healthily destress.

Suggested by Western Oregon University, prioritizing school, work, and life outside of both into a list

based on importance is ideal to manage what one can actually do without over exhausting oneself. It is also important to have an outlet that provides you inspiration and relaxation, such as music, books, and television. As the weather gets warmer, take a walk to free your mind of what is stressing you out.

Most importantly, take a mental health day, where you indulge in all your favorite activities and confide in someone else that will listen to you and support you.

With seven more weeks until finals and graduation for some students, and summer break for the rest, it is important to finish the academic school year to the best of your ability.

It is crucial to healthily destress by seeking counseling with PAWS or someone to confide in. Academic burnout can be managed.

For more information:

Email: uwtpaws@uw.edu
Phone: (253) 692-4522
Web: <https://www.tacoma.uw.edu/paws>

Virtual services:
Monday to Friday 8 a.m. - 5 p.m.

Face masks are currently required to be worn in their office space in MAT 354.






PHOTO BY ALEXA CHRISTIE



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Office: MAT 151
Phone: 253-692-4428
Email: ledger@uw.edu

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Spring career and internship fair returns to UWT

The second of two bi-annual career fairs, April 19-21 will see the return of the UWT Career Fairs that allow for students to expand their career options.

By **ANDREW ANDERSON**
NEWS EDITOR

The Spring 2022 Career Fairs have returned to the UW Tacoma Campus and will be running three days this week beginning on April 19. The Career Fairs, which is preceded by varying workshops UW hosts in order to aid students in honing their resumes and work skills, allow students an opportunity to connect with multiple employers.

Organized by the Career Development & Education department, the Career Fairs allow for businesses and employers to seek out students who are

searching for full-time employment, part-time employment or internships.

“Our bi-annual Career & Internship Fair is an opportunity for all students to network with employers representing various industries,” the Career Development & Education department explains on the Handshake listing for one of the three internship fairs, “This fair is an opportunity to make connections with employers and students, to develop your personal brand, and to learn about available job and internship opportunities.”

All three of the Career Fairs will take place from 11 a.m. to 3 p.m., with the All Industries and Technol-

ogy fairs taking place in William W. Philip Hall whereas the Virtual Career fair will take place online and will be hosted on the Handshake Career Fair platform.

Each page guides students through a full list of employers that will be available at the events and registrations will be open until the end of the events. Students who wish to register must have a Handshake account, which is free to create.

Students interested in attending are encouraged to have recent copies of their resumes, updated contact information and any relevant portfolios if applicable.



PHOTO COURTESY OF PEXELS

April 19

The **All Industries Fair** will take place on April 19 and have multiple employers in attendance covering fields such as healthcare, transportation, law-enforcement and various non-profit organizations.

Students can register to attend this event at

tacoma.uw.edu/joinhandshake.com/stu/career_fairs/30638

April 20

The Technology Career Fair, taking place on April 20, will have employers offering a focus on technology-heavy fields such as manufacturing, internet and software.

Students can register to attend this event at

tacoma.uw.edu/joinhandshake.com/stu/career_fairs/30974

April 21

The Virtual Career Fair will be held online through the Handshake platform on April 21. Various employers in attendance will have offices stationed out-of-state with a greater focus on 1:1 meetings.

Students will be able to register and attend by signing up at

tacoma.uw.edu/joinhandshake.com/stu/career_fairs/30975

For more information:

Those interested in further details or with questions can contact the Career Development & Education center at

tcareer@uw.edu

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SUBMISSION REQUIREMENTS:

- Your first and last name
- “Dear Editor,” as the opening of your piece
- Respond to one of our articles or happenings on campus in 300 - 500 words

Send your letters to: LEDGER@UW.EDU

Do you want to voice your issues of concern related to news, politics, campus issues and more?

Are you a student, faculty or staff member of UWT?

Then we invite you to write a Letter to the Editor.

Letters submitted to the Ledger may be published through both TheTacomaLedger.com and our print edition.



OPINION: What's behind these new anti-trans and anti-abortion laws?

Anti-LGBT and anti-abortion laws are spreading across the country. What do these laws do and what's driving these changes

By **ALEX BUCKINGHAM**
OPINION COLUMNIST

The Right has made significant strides in the last few months in their crusade of misogyny, racism and queerphobia. This is evident in the spread of anti-abortion legislation, bathroom bills, and "Don't Say Gay" style legislation.

We at UWT should take note given our own queer community and broader interest in justice. Such gains by the Right may embolden those in Tacoma who want to see bathrooms and locker rooms segregated by gender assigned at birth.

It was only a few years ago that some in Tacoma were pushing for Initiative 1515, a statewide ballot to create such anti-trans legislation according to Derrick Nunnally at The News Tribune.

What do these laws do? Why are politicians pursuing them? And how do they fit into the broader aspect of systemic oppression in relation to capitalism?

WHAT DO THESE LAWS DO?

"Florida's so-called 'Don't Say Gay' law has become a template for Republican lawmakers in other states," according to the independent news program Democracy Now!

Democracy Now! describes Florida's law as prohibiting, "[S]chool discussions of sexuality and gender

identity with students in kindergarten through third grade."

However, school-aged children are already being socialized into the sexist heteronormative world we live in. From learning to use a gendered bathroom, to reading a story that involves family relations like "mother", or any other gendered or sexual idea.

School-aged children are socialized with heteronormative and repressive gender norms. "Don't Say Gay" bills aren't about stopping this toxic indoctrination that we have all lived through, but about curtailing any counter to this process. For instance, the bill would prevent a second-grade teacher from using a story with a nonbinary character, as such a story doesn't actively socialize children into our heteronormative society.

A similar bill to Florida's "Don't Say Gay" was signed into law in Alabama, banning queer-inclusive teaching through the fifth grade with the addition of regulating the bathroom and locker-room usage of students based on one's gender assigned at birth.

"I find this to be a safety issue. It is for the protection of our students," Alabama State Rep. Scott Stadhagen told ABC News in regard to bathrooms and locker rooms. Of course, this statesman doesn't seem to care about the safety or protection of trans students who are left with the bullying and harassment many

deal with in school.

Instead, his ilk seem so concerned with humiliating and harassing trans youth that they've also passed a bill criminalizing medical providers for gender-affirming care of trans people under the age of 18. Prescribing hormones to a trans kid can lead to felony charges with 10 years in prison and a \$15,000 fine, per Kiara Alfronseca writing for ABC News.

This criminalization of gender-affirming care is not unlike recent legislation attacking abortion access, criminalizing both providers and recipients with near-total bans. Such legislation is an affront to the self-determination and bodily autonomy that are an absolute requirement if we are to have freedom, gender equity and gender justice.

Even with students walking-out in protest and court challenges to these styles of laws, this gross legislation is spreading. Louisiana, Ohio and Texas all have lawmakers pushing "Don't Say Gay" bills.

WHY ARE REPUBLICANS PURSUING THIS STRATEGY?

What's driving the Republican party in their anti-abortion and anti-queer mania? While part of the Right's agenda is certainly drumming up electoral support, it seems equally important to them to resist the feminist left and maintain misogynistic gender roles and family norms.

Eric Maroney lays out such an argument in *Tempest Magazine*, where he goes on to explain the nature of the alt-right, the apparent political vanguard of the Republican party. "Members of this group are profoundly animated by anti-feminism and view the erosion of gender roles as a primary cause of Western degeneration."

Legislating the white, middle-class, fairy tale nuclear family of the 1950s back into dominance and prosperity seems to be an actual goal for these people, not just an election strategy. Maintaining strict gender roles and norms would be part of this approach.

Another part is questioning the very intelligence and autonomy of women. While attacking abortion directly affects all people who can get pregnant, I think the Right is specifically questioning cis women's ability to run their own lives, with the conclusion being their subordination in the home.

CAPITALISM'S NEED FOR GENDERED OPPRESSION

It's not just that I think these lawmakers and their Right-wing base are misogynistic transphobes, but the very system of capitalism has an internal pressure to encourage and maintain the oppressive status quo.

Marxist feminists have demonstrated the role of the care economy in capitalism as foundational to the system, see Tithi Bhattacharya's book *So-*

cial Reproduction Theory: Remapping Class, Recentring Oppression. This is both private and unpaid, like raising children, doing the laundry, or caring for the elderly, as well as paid work like teaching the next generation of workers or working in a hospital.

The gendered nature of this work under capitalism is part of what allows for the high level of exploitation in the care economy. In 2020, Gus Wezerek and Kristen R. Ghodsee reported, "if American women earned minimum wage for the unpaid work they do around the house and caring for relatives, they would have made \$1.5 trillion last year."

While our ruling elites benefit from this organization of society, the sexism, gender binary, and heteronormativity needed to maintain it spills over into every facet of society. From rape culture to virulent misogyny in gaming communities to the astounding murder rate of trans people of color, our society is steeped in such bigotry.

Such dynamics have important intersections with race, class, ability, and other identities. The task is to confront the Right on every front and put forward left-wing alternatives while condemning capitalism and oppression rather than the scapegoating the Right represents.



Students walk out in Iowa against a new anti-trans law

PHOTO BY PHIL ROEDER

OPINION: Carceral feminists have the wrong idea

Sending those who commit sexual assaults and sexual harassment to jail isn't helping.

By REMI FREDERICK
OPINION EDITOR

Since the 1980s, the number of people that are in prison has skyrocketed. According to The Sentencing Project, the number of people incarcerated for drug offenses rose from 40,900 in 1980 to 430,926 in 2019.

While this may seem like progress in catching and punishing criminals, the reality is that crime rates have declined substantially since the 1990s, according to Pew Research Center.

Pew Research Center found that even though crime rates have dropped, people still believe that crime rates are rising and the number of people that report believing that is increasing every year.

Frankly, we know the prisons aren't working and we know that crime rates have dropped so why are some people still pushing for increased prison times and sending more people to prison?

Some groups of people still seem to hold onto the belief that prison works, despite the evidence against this.

One of these groups is carceral feminists.

Carceral feminism is a type of feminism that pushes for increased prison sentences for crimes that are focused on gender issues, on the idea that more punishment will decrease the number of sexual assaults, harassment and other sexual crimes.

This is all great in theory, however, it doesn't work as demonstrated above.

Though some may say that the rate of rape crimes are up, these numbers are based on self-reports.

Kristen Houser, a spokesperson for the National Sexual Violence Resource Center told Jamiles Lartey and Weihua Li from The Marshall Project that one of the possible reasons for the increase in sexual crimes could be that victims of rape are more able to understand that what they experienced was a crime.

Carceral feminism doesn't address the deeper issues with sex-based violence.

Instead, it focuses on the surface level and insists that these crimes are the fault of the perpetrator.

And while I don't deny that the perpetrator is somewhat at fault, the more pressing issue is the continued

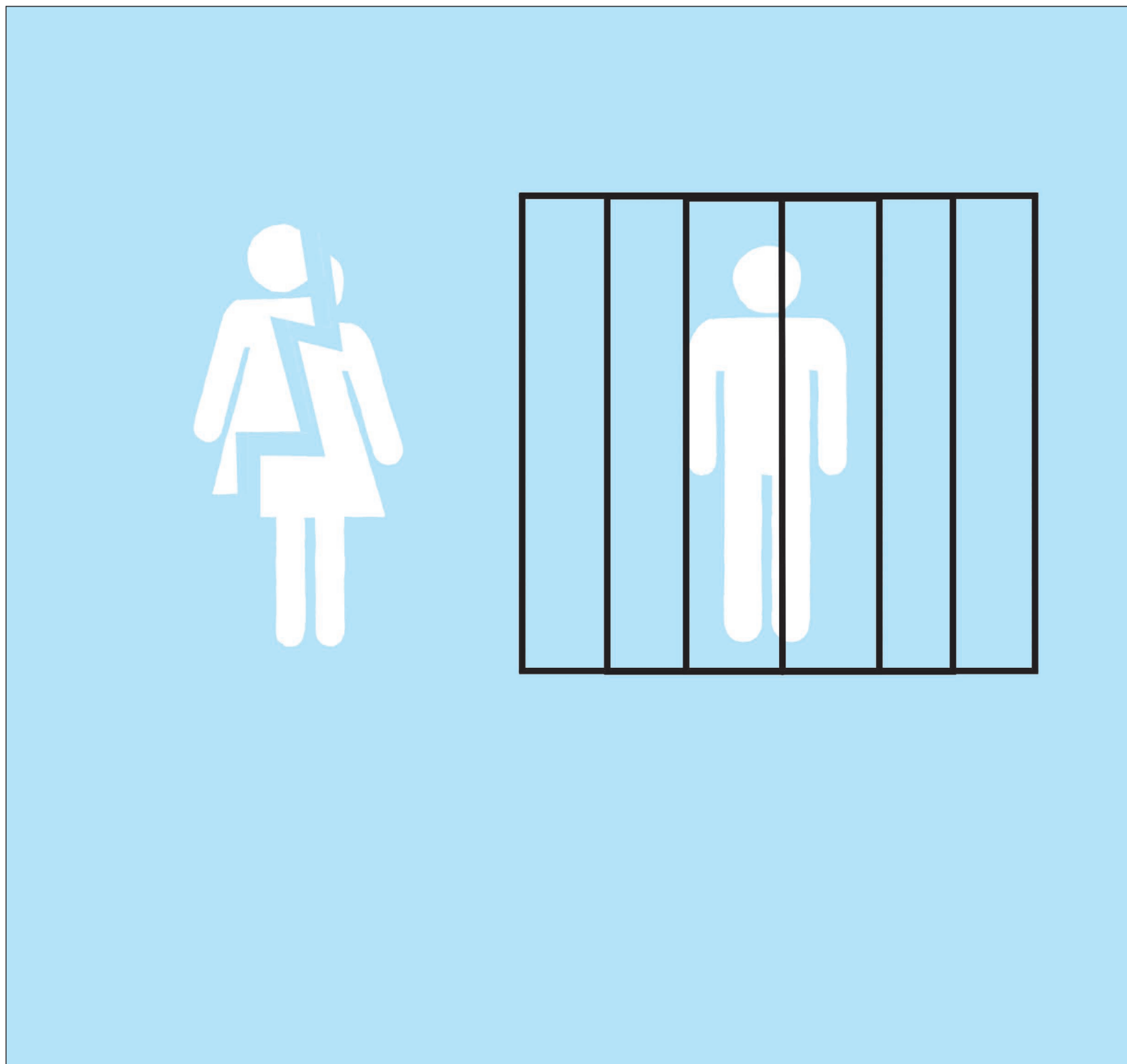


ILLUSTRATION BY JAIDA NOBLE

This image shows how the feminist community is split over the issue of carceral feminism.

objectification of women's bodies which justifies sexual crimes in the mind of the perpetrator.

There are many things that need to be resolved for the issue of sexual assault and harassment to be resolved or even just reduced.

For one, we must focus on the factors in our society that encourage and normalize men looking at women as sexual objects and things that they must 'conquer'.

We see media that enforces these norms all the time.

For example, look at any photo-

shoot that had a man and a woman in it. Chances are high that the man is posed in a way that is seemingly dominating the woman. The woman might have her neck showing, a common sign of submission, or she might be positioned lower than the man, another common sign of submission.

These signs are incredibly common and honestly, if it were not for a class that taught me how to find them and what they meant, I would think nothing of it. But it creeps into your brain without you knowing it. I've caught myself thinking things that perpetuate these norms.

This leads me to my second point, we must educate our society to recognize our own pitfalls and those in the world around us.

Only by doing this can we actually start to make a change in the way that women are treated.

We are making progress though.

An Ohio former college football player who raped two women was let off on probation because these women asked for him to be put on probation if he pleaded guilty, which he did.

Jonathan Edwards of the Washington Post reported that the prosecutor said that the two victims said they hope that the rapist can become a productive member of society with coun-

seling and supervision.

I admire these women's bravery and ability to forgive and I don't blame those who call for more jail time. However, this issue is simply not being solved with more jail time.

We must focus on educating to solve the epidemic of sexual harassments and assaults in this country.

OPINION: The American worker needs to unionize again.

As you look to graduate, ask not what your workforce can do for you, but what you can do for your workforce.

By ANTHONY KREJCI
OPINION COLUMNIST

For many of us college students, our first, tentative steps into the world of white-collar professionalism are only a few short weeks away. This is a great and applaudable achievement, one which we have earned with tireless hours of study and many a sleepless night, haunted by test anxiety.

Many of you have earned the right to celebrate and look eagerly at the beginning of the next chapter of your life as a college-educated adult.

Yet as you reflect internally in well-deserved personal satisfaction, I urge you to also look externally in critical analysis of the workforce you are joining and think not just of what you can take from it, but also what you can bring to it.

Do this not just from the perspective of greater profitability, but also of greater morality, greater inclusivity, and greater humanity.

There is a different workforce than the one many of you are about to enter, one which many of you may not have ever had to suffer through like myself and countless others have.

One with dismal pay, toxic management, poor workplace safety regulations and terrible, inconsistent hours which can have you working till 11 p.m. and coming in at 6 a.m. the next day.

Many of these terrible conditions are synonymous with working in Amazon's distribution centers and are high on the list of reasons why Amazon employees at a Staten Island, New York distribution center have voted to create the first Amazon union in the history of the company.

I read this news with mixed feelings. I of course celebrate the victory of workers, yet I lament living in a version of America where the formation of a single union, at a single location of a single company, is a rare enough occurrence to make headline news.

One of the many things you learn in Dr. Michael Honey's "American Labor Since The Civil War" class at UW, is how the pro-labor, pro-union directives of the New Deal not only pulled the country out of the Great Depression but paved the way for what many Americans- ironically including anti-union Republicans- view as the golden age of America: the post-war 20th century.

During that time, a single-income household could afford a decent place to live, keep a savings account and pay for their children's education. Even blue-collar workers could afford to



PHOTO COURTESY OF WIKIMEDIA COMMONS

Christian Smalls, age 33, was fired from Amazon for attempting to organize his coworkers. He is now the first union president in Amazon history.

provide for their present and plan for their future at the same time.

Now, many American workers can barely provide for their present, much less plan for the future. So, what happened?

The Republican-led assault on unions happened. According to "From the People Who Brought You The Weekend" by Priscilla Murolo and A. B. Chitty., American unionization was at its peak of 35% in the 1950s and 60s.

"This country is going so far to the right you won't recognize it." was a

troublingly prophetic statement made around this time by President Nixon's attorney general, John Mitchell.

Referring again to Chitty, since Nixon, the rate of unionization has plummeted to just over 10% today.

What often goes ignored, is that you can track the rise of income inequality, homelessness, crime, incarceration rates and many other social ills right along with the decline of unions.

If you ask me, division of labor should be based on mutual respect first and foremost. It should be an equal partnership.

I do not deny that those in skilled professions deserve to be rewarded for the years of hard work it took to develop those skills, yet blue-collar work is just as necessary and just as deserving of our respect. "All labor has dignity" as famously said by Martin Luther King Jr.

One side does not have to suffer in order for the other to be rewarded for their education and skills.

This is a lesson Jeff Bezos and Amazon need to learn. This is a lesson America has forgotten, and finally, this is a lesson that each of you should keep

in mind as you join the workforce.

Like any human institution, unions are subject to human error. There have been corrupt or incompetent unions in the past, and there certainly will be in the future. Yet the idea that workers have the right to organize and advocate for their own rights in an official capacity is beyond debate, and deserves our un-failing support. Solidarity forever!



2022 Grammy Nominees and Winners

PHOTO COURTESY OF WIKIPEDIA AND PITCHFORK

The Grammy Awards: The Yeses and the Definitely Nots

"Jubilee" is a masterpiece that should've won a Grammy

By JOSEPHINE TRUEBLOOD
A&E EDITOR

The 64th Recording Academy Grammy Awards got a lot right - including Jon Batiste's "We Are" Album Of The Year win - but as usual, a few artists in particular were passed over. Hot takes include: anyone else should've won Best New Artist over ex-Disney channel star Olivia Rodrigo, Billie Eilish should have won something for "Happier Than Ever" and Japanese Breakfast was snubbed beyond belief.

Diving right into the Best Alternative Music Album drama: the winner, St. Vincent's "Daddy's Home," is an emotional overshare packaged in boring songs that feel scattered and unmoving - how on earth did it win a Grammy? Even

Pitchfork read the album to filth at times - describing the cheap ploy to modernize the album to current day themes and struggles with references to the police. A particularly poignant misstep in "Daddy's Home" is the use of "conventions of Black music to reckon with his sins," (Pitchfork) as she often discusses her father's white-collar incarceration for a 43-million dollar stock manipulation. A highlight was the dreamy Mellotron on "The Laughing Man," yet the instrumentation on this album is rather questionable - even the sitar can't save this one. Not to mention the arguable "hit" on this album is not compelling whatsoever - "The Melting of the Sun" is bland and inoffensive psychedelia, but really not Grammy-worthy. While "Daddy's Home" could be optimis-

tically read as Annie Clark's shape-shifting style, the flipside is that it could just be a miss; soaked in faux-white girl soul, repackaged as an homage to the 1970s and narrowly saved by Jack Antonoff's production, unsurprisingly the winner of Producer Of The Year.

"Jubilee is a rare no-skip album that you'll appreciate..."

What should have won the Best Alternative Music Album, however, is the wondrous "Jubilee" by Japanese Breakfast. Japanese Breakfast, or Michelle Zauner is an all-around, wickedly-talented artist, releasing her New York Times bestselling

book "Crying in H-Mart," last year, and her third full-length album in 2022. A departure from previous works, "Jubilee" manages to be fun, blissful and bright while being pensive and observant. "Jubilee" gives us everything: an '80s-inspired hit "Be Sweet" to jump around to, the sultry and powerful "Posing in Bondage" and beautifully crafted songs like "Paprika" and "Sit." This album has immense range, shifting from modern electronic pop in "Slide Tackle" to epic guitar endings in "Posing For Cars," yet each song fits into the complex "Jubilee" collection. Dripping in glorious string parts, "Jubilee" is a rare no-skip album that you'll appreciate more and more, becoming obsessed with a new song from it each week.

The loss of Japanese Breakfast's should-have-been Grammy was devastating, but many worthy artists were able to secure well-earned praise. Silk Sonic, Anderson Paak and Bruno Mars' project, experienced a Grammy sweep, winning Record Of The Year, Best R&B Performance, Best R&B Song and the coveted Song Of The

Year. No less, they showed up in magnificent outfits, channeling the '70s to the fullest with ruffles, wigs and velvet suits. Other highlights include the radiant duo of Lady Gaga and Tony Bennett winning Best Traditional Pop Vocal Album for "Love For Sale," along with Chris Stapleton's Best Country Album win and Foo Fighters' multiple-Grammy triumph for their most recent album, "Medicine at Midnight," following the untimely death of long-time drummer, Taylor Hawkins.

Serving as one of the most entertaining congregations of music royalty each year, The Grammys, no matter the outcome, are always a good time. This year, the list of music to check out is long - Arlo Parks' "Collapsed in Sunbeams," the new ABBA album (I still haven't worked up the courage to listen to it) and digging deeper into H.E.R.'s performances and discography. But if you have time to listen to one Grammy takeaway album, dive deep into Japanese Breakfast's "Jubilee," you will not regret it.

Why you should listen to KyleSimp's unreleased music

With a common theme of love for his unreleased tracks, it is easy for people to listen to regardless of genre preference.

By **ANGELO ALEGRE**
A&E REPORTER

KyleSimp's is an upcoming musician who had started their music career after gaining a following on the popular social media platform, TikTok. He has accumulated over 750,000 followers across his multiple accounts, disregarding the many accounts he has lost in the past after being banned for violating community guidelines. His first big break in music was with his hit single "S.I.M.P." which exploded on TikTok. KyleSimp's has made even more music after his original boom in popularity, and recently has uploaded 10 unreleased songs onto his SoundCloud account "Kylesimpsnoods." One thing in common among all the unreleased songs is the theme of love, but which songs stand out from the rest?

"FEELIN' ME"

"Feelin' Me" is the only song of the 10 unreleased songs that shows some ties to KyleSimp's ethnicity and homeland. It is very easy to see as there is a recurring lyric in the song which is "I can tell she from the Philippines." There is also the lyric "put you to sleep like I'm Manny Pacquiao," who is a very important public figure to all Filipinos as he is a massive inspiration due to what he has achieved

as a boxer and politician. Besides the ties to his homeland, this song has a very catchy beat which will be having you bobbing your head to the tune.

"STARE"

"Stare" is the only slow-paced song found in the unreleased music. Because of this fact, it makes listeners more appreciative of this song as it gives you a break from the upbeat songs. The background music also is a bit different than the rest as drums are not the main focus, but rather are only there to accent the main melody of the electric guitar. This might not be a song for everyone due to the slower pace, but it is because of that slower pace that this song stands out from the rest, and for good reasons.

"MIDNIGHT ROMANCING"

"Midnight Romancing" is the type of song you would listen to while you are on a nighttime drive. One thing that makes this song a bit different from the rest is that the instrumental is more synth-based rather than acoustic and electric instruments. Like all the other songs in the unreleased music, this song is about love with lyrics like "passed around by the bros, I don't care, it's okay, still gon' love anyway." With lyrics like these, it makes you wonder if



PHOTO COURTESY OF SPOTIFY

KyleSimp's, a person who just has fun with his music Amazon history.

it's about love, or if it's about heartbreak instead.

Overall, the 10 unreleased tracks found on KyleSimp's SoundCloud profile is a fun listen. None of the songs touch

on anything too serious since KyleSimp's makes music like a carefree young adult. With this being a huge amount of music for KyleSimp's to upload, it makes you wonder what direction he is going

to take on his music journey, as well as when these songs are going to officially drop on platforms such as Apple Music and Spotify.



PHOTO COURTESY OF A24

"Everything Everywhere All at Once" is 2022's best so far

A multiverse movie that has a unique family dynamic that embraces its own absurdity.

By **RYAN MANTLE**
FILM CRITIC

"Everything Everywhere All at Once" follows a Chinese immigrant family whose financial struggles with their small business are slowly tearing them apart. This suddenly becomes the least of their concerns when the multiverse steps in to turn their lives upside down.

Michelle Yeoh takes on the role of the protagonist and matriarch of the Wang family, Evelyn, who has lost her sense of joy under the constant pressure of running a small business and taking care of her mostly helpless father. That is just the tip of the iceberg of her performance as she learns how to access other versions of herself from different universes. Not only does she handle the mundane parts of the film with aplomb but Yeoh somehow makes this absurd concept somehow relatable.

She is flanked by some outstanding performances by: Ke Huy Quan,

who plays her meek husband Waymond; Jamie Lee Curtis, who plays the menacing and endearing Dierdre and Stephanie Hsu, who plays Joy, Waymond and Evelyn's daughter. These characters are all unique on their own, but the actors/actresses really get to showcase their talent as they play multiple versions of themselves. Sometimes this means having an epic fight scene with a fanny pack, and other times it means having intimate moments with loved ones.

What makes these performances so great is that the movie buys into the absurdity every bit as much as the actors/actresses. The grandfather, played by James Hong, for example, goes from using tradition as a means of mentally abusing his daughter to turning office supplies into a mech suit. "Everything Everywhere All at Once" takes time to make fun of its own ridiculousness through creative fight scenes and dialogue but never loses sight of how it is a movie about a family going through a crisis.

There are times when it might seem like one of the worlds that Director Dan Kwan imagined is aimless but generally speaking, they all pay off. My favorite was a reimagining of the movie "Ratatouille" which is just as endearing as the original. Even worlds where they have hot dogs for hands somehow come around full circle to have a deeper meaning, all while being utterly hilarious to look at.

"Everything Everywhere All at Once" takes the multiverse trope that is becoming more and more popular, to its maximum potential. A family dynamic that spans across the cosmos might sound messy, and it is, but it embraces that messiness to deliver a polished and fun experience. This movie will make you laugh, but more importantly, it will make you want to call your mom.

STAR RATING 5/5

[Everything Everywhere All at Once is available in select theaters]