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HOW TO HAVE A QUARANTINE BIRTHDAY

P7



PHOTO BY NICKOLUS PATRASZEWSKI

As temperatures drop and COVID cases rise, UWT remains as engaging as ever

After three quarters of remote learning, UWT faculty and organizations are still finding new ways to keep students involved.

By **GARRETT YAEN**
News Editor

In contrast to the silence of the physical campus, the community of UW Tacoma roars through its virtual club meetings, study sessions, volunteering opportunities and food assistance programs.

Elizabeth Hansen, the Director of the Center for Student Involvement, noted that the center offers students the opportunity to find their place on campus; whether it's through finding students a club they can call home, or offering leadership opportunities.

"Some clubs have gone a bit dormant but others have been doing well," Hansen said.

She mentioned clubs, such as the Game Development Club, have remotely offered those with a passion for game design ways to have fun and socialize without being on campus. One of the challenges from the club for its members was to meet in Discord and submit anything that could go in a game. Whether it's code, concept art or music.

The Dawg Den, which was once filled with students playing games together has also been moved to the virtual space of Discord. With the HuskyGamerz Discord group, students can meet virtually and live stream playing games together.

But Hansen also added that virtual

clubs don't all have to be goofing off and playing games. The Accounting Students Association helps its members gain knowledge on the accounting industry by contacting professionals.

"The Accounting Students Association brought people in from different accounting firms who answered questions for students," Hansen said.

This shift from in-person to zoom, Discord or other modes of communication has now allowed students, like prospective accountants on campus, to gain opportunities without the need to meet professionals face-to-face.

"Even before COVID we've been encouraging clubs to have virtual meetings," Hansen said.

The use of virtual spaces for club meetings has a few advantages over being exclusively face-to-face. Before, if a club member didn't have any classes the days the club meetings took place, it would be a hassle to get involved.

"Because so many of our members are commuters it doesn't make sense to drive for an hour meeting, now it's like anyone can join in regardless of their class schedule," Hansen said.

Students that benefit from and rely on study groups may find just the thing they need with the virtual study lounge. The Associated Students of UWT and the Students Activities Board worked together to create a virtual study lounge for more

than just studying.

"It wasn't all just studying," Hansen said. "They started out with games and then they gave out some prizes. The last hour or so was people just sitting there studying and recreating that feeling of being with other people while they were preparing for finals."

Students looking to offer a helping hand may find a change in scenery with virtual volunteering. Hansen said a quick and easy way to help would be through websites like freerice.com where students can feed the hungry by answering trivia questions.

Other more complex ways volunteers can assist those who need it is by adding closed captioning to videos for students who are hard of hearing. Students who enjoy driving may also consider volunteering for The Pantry and students who live within 30 miles of the campus can receive delivery.

The Students Activities Board has wasted no time moving a lot of their events online. Slam poetry and bingo nights being two that have worked well and successfully made the transition.

"Every Friday they've been doing trivia nights and a few bingos," Hansen said. "They've still been able to mail out prizes to the winners."

But winning games isn't the only way to earn prizes. The program Dawg Boney gives students points for attending events. Those who attend enough can win prizes such as t-shirts and

water bottles, but t-shirts and water bottles aren't the only rewards students can win. Rewards can come through non-tangible forms like new friends.

In another recent development, Hansen said the upcoming Virtual Involvement Fair may face a video game-like makeover.

"For winter quarter, we're using a program called Gather Town. It's a video-voice communications system so you can have an avatar just like in a real event," she said. "When you walk in, it looks like a big meeting space," said Hansen. "It just makes it a little more fun; it's like a game."

With this, students will be able to create their own avatars and walk around in a virtual space where they can mingle with officers of clubs and organizations. Hansen is optimistic that the new virtual involvement fair will mimic the bustle of face-to-face involvement fairs of the past.

"If [your avatar] is far away from someone in the room, you won't be able to hear them until you get closer and closer just like in real life," she said.

She also pointed out that each registered organization will have its officers in their respective areas. The green area may consist of the Black Students Union for example and the red area may be for the Accounting Students Association. Hansen added that finding creative ways to mimic face-to-face events keeps things more

interesting for everybody.

Moreover, Hansen wants students to know that COVID doesn't have to spoil your college experience.

"The biggest things we want people to know are that programs are still happening," she said. "Yes, they look different, but we're here to support students. Any questions they may have, students are welcome to come to us, most offices have online chats and everyone is doing their best to be as accessible as possible."

Hansen said the virtual door is open for anyone who has suggestions or ideas for programs that they think could help other students.

"It's already hard to be a new student, but even harder now," Hansen said. "I can't wait for us to be back, but in the mean-time, we want to make the best of everything we have. We want someone to be involved. If there's something students want to see on campus, maybe a club you want to see you can contact us and we'll do the best we can to make it happen."

Students can join in on the chance for prizes or companionship on Dawgden.tacoma.uw.edu OR tacoma.uw.edu/involvement.

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What's brewin with Metro

A quick chat with UWT's resident coffee shop and how its weathered the storm.

By LUKE DENUELLE
NEWS REPORTER

Rapidly approaching its second decade standing, Metro Coffee has been a part of the Tacoma community for a long time. It started under the thoughtful hands of Gwen and Charlie Kempe, two former art gallery owners with a passion for the third wave of coffee. It has since stood in the middle of campus as a frequent go to for countless caffeine starved students.

The third wave of coffee was a movement that, unlike the prior movements, focused heavily on an artistic and stylized approach to coffee, forgoing the previous 'morning wakeup' approach for a crafted experience. According to Pulitzer prize winning food critic, Jonathan Gold:

"The first wave of American coffee culture was probably the 19th-century surge that put Folgers on every table, and the second was the proliferation, starting in the 1960s at Peet's and moving smartly through the Starbucks grande decaf latte, of espresso drinks and regionally labeled coffee. We are now in the third wave of coffee connoisseurship, where beans are sourced from farms instead of coun-

tries, roasting is about bringing out rather than incinerating the unique characteristics of each bean, and the flavor is clean and hard and pure."

The shop has since transferred hands to the diligent eye of Stefani McCullough, who has worked there for over 15 years.

"I came to work at Metro in 2006 and would have never thought for a minute that I would one day own it. But I found my home here, while I took in my own barista lessons," McCullough said. "When Gwen and Charlie were ready to sell the shop in 2009, I wanted to keep the vibes and culture they created here. Metro had already played a huge part in my life at the time."

McCullough explained that keeping it around not only gave us a place to continue to study but taught her a lot as well.

"Lessons in financial, time and stress management. Life lessons, mistakes, fumbles, business blunders. How [to] take criticism, hold my ground, know the value of the business and your workmanship. Not everyone is going to like you but still do you for those who do. The economy of the 2009-12's. Both personally and professionally."

She didn't do it alone though:

"Thankfully, I had the support of many people close to my heart who watched me grow and helped me along the way. Including the amazing community of UWT and Tacoma as a whole. Metro and I have been growing right alongside the campus and the city."

Metro, despite the blows of COVID, is still up and running to continue serving the community. While you can't sit down for a study session, you can definitely grab a cup to go!



Metro Coffee is back open on the UW Tacoma campus.



COURTESY OF METRO FACEBOOK

The Teaching and Learning Center comes prepared for winter quarter

Students can receive virtual tutoring through the TLC website.

By GARRETT YAEN
NEWS EDITOR

Students don't have to study by themselves, those who miss studying with their peers can find solace in the Teaching and Learning Center.

The TLC is another place on campus that has faced a virtual makeover due to

COVID. Cara Farnell, the TLC Program Support Supervisor, explained that through its live and synchronous tutoring sessions the center assists students academically as well as emotionally.

"Using the TLC can help students feel more connected and find support where it does exist," Farnell said. "Since we have peer consultants, they are fellow

students who understand what you are going through, which we've been told really helps you feel less alone."

She noted that if someone isn't getting as much time as they normally would with their professor or classmates, working with the TLC can prove to be extremely beneficial.

"The virtual sessions are done over

Zoom video or audio calls," Farnell said. "Lasting anywhere from 15 minutes to 50 minutes, a student can bring whatever assignment or concept they are working on and get assistance from the consultant."

She said the prior disadvantages of online tutoring have largely been mitigated via technological functions.

"Some of the tutors have tablets which can work as a virtual whiteboard," Farnell said. "Zoom also has its own function like that. On Zoom, both participants on a call can annotate a document via screen share, which is kind of like physically writing on the paper or making changes together via something like Google Docs."

Farnell also brought up that the TLC has maintained a strong network of connections through Zoom. Staff are always available during work hours to help troubleshoot any possible system errors and consultants can also use the chat feature in Zoom to ask fellow consultants for help in that same way, which can often result in quicker and more efficient answers.

One of the reasons the TLC has transitioned so smoothly to virtual sessions

was because they were already offering many online services.

"Before the pandemic, the Writing Center had e-tutoring, which is the asynchronous paper upload style appointment," Farnell said. "We continue to offer this service, so we were well-equipped to operate remotely in a lot of ways already."

Students have continued to consistently use the TLC during the pandemic and are able to make appointments for the next day and sometimes even the day of. Some parts of the TLC have even extended their hours.

"Quantitative consulting has extended their hours. We're open until 8pm in the evenings and added Sunday hours," Farnell said.

She noted the change to online tutoring hasn't been easy but they've done well with what they had.

"It has been an adjustment to go to all schedule-based appointments instead of drop-ins like we used to have," Farnell said. "We all concur that we miss campus and the social aspect of our community there, but we feel we pivoted pretty well to the adjustment and we're excited to be able to continue to support UW Tacoma students in their academic success."



PHOTO BY NICKOLUS PATRASZEWSKI

Students can receive tutoring and academic support from the comfort of their own homes.



PHOTO BY ANDREA NADAL

From Seattle Police Department to Seattle People Department — reflecting the need for a department that serves the people, not the system.

Mutual aid: Sustaining the fight for justice

A movement, not a moment; every skill is needed.

By **ANDREA NADAL**
OPINION EDITOR

“On the ground” is a term used to refer to those that take different forms of direct action to the streets to call attention to injustices. While this form of action is necessary and valuable we shouldn’t overlook all of the other work that happens behind the scenes to support movements as a whole.

Often we see an emphasis on the work taking place in the streets. From daytime marches and education events with a more peaceful approach. To counter protests and night marches which often end up directly opposing police, sometimes even bringing the fight to their doorstep. But none of this would be possible or sustainable without the organization from all sides.

Massive amounts of support is needed in order for these events to take place safely. Direct action groups coordinate with medics, car brigades, and security groups — all to ensure the safety of those demonstrating. These forms of support are necessary due to the violence that protestors are often met with from both state and non-state actors.

All of this work happens directly on the ground, but there are other forms of support that go on out of

the streets that are just as essential to the success of the movement. Various forms of mutual aid are key to sustaining the movement as a whole and ensuring the safety of those on the ground, in the moment and after the

Mutual aid comes in every form imaginable, and it all has to do with meeting the needs of the community. When it comes to the protest community some of the most fundamental examples are organizations that provide gear to protestors to ensure their safety — such as helmets, body armor, and respirators.

action has died down.

Mutual aid comes in every form imaginable, and it all has to do with meeting the needs of the community. When it comes to the protest community some of the most fundamen-

tal examples are organizations that provide gear to protestors to ensure their safety — such as helmets, body armor, and respirators. If demonstrators were not equipped with these protections early on, the movement would not have been able to continue. The level of violence faced in the early days of the protests was insane, it quickly became apparent that protection was a necessity while in the streets.

But it doesn’t end there, we also see examples of supplies being provided for medics from saline solution to wash out eyes, gauze for wounds, tourniquets and more. Keeping medics supplied saves lives on the ground.

Jail support is always an invaluable asset to those on the ground as well. Groups that provide this kind of support guarantee that if you are picked up at an action you have legal assistance on hand to help you navigate the situation. It’s common to see protestors with the number for a local organization providing aid to their peers scrawled on their arm, and right before things really start going down someone is always passing around a sharpie with the number memorized to ensure that no one is left without assistance in case of arrest.

Other incredible examples include those providing food for the community. There have been a number

of sustained occupy style protests, with these comes the need for meals to be provided to those on the ground, so we see pop up style groups come to prepare meals for people.

There are also examples of mental and physical health services being offered to demonstrators. These services are key to sustaining the movement. Taking care of people’s mental and physical wellbeing ensures that they are able to continue coming out and know that they have a support system to back them up.

Moreover, we oftentimes see these sorts of mutual aid groups extend their work to provide aid to the houseless community in their local area helping to supply people with basic needs in order to live. Houseless individuals are members of our community too, and they are members whose needs are often ignored by the

The sustainability of the movement comes from all of us coming together and bringing what we can to the table.

state. When mutual aid groups work to meet their needs it exemplifies how “we take care of us,” a phrase often

chanted in the streets, applies to all revolutionary practices. It highlights the state’s failures to do this and instead uses its resources to grant itself more power over the masses.

All of these are key to the sustainability of the movement.

With this in mind it is important that we recognize not only the necessity of this work but also the validity of not being on the ground. There are any number of reasons that a person may have decided against stepping foot in the streets and instead may opt to offer their support elsewhere, and those reasons are valid. It is dangerous, physically taxing and traumatizing work. It is not something that everyone needs to, or can, do and there are other ways to help that are just as valid and just as useful. We need everyone in this fight in whatever capacity they have decided is the best fit for them.

The sustainability of the movement comes from all of us coming together and bringing what we can to the table. Any way that someone decides to dedicate themselves to the cause is needed, and we should do all we can to encourage people to learn about the different ways they can lend their aid. With that in mind, I have attached an incomplete list of Mutual aid organizations in the area, reach out and get involved.



ILLUSTRATION BY LORE ZENT

I am not a label; I am more than my veil

Labels for items, people and places can be useful or often damaging, let's explore this more in-depth.

By **BENGISU CICEK**
OPINION COLUMNIST

Labels can often be useful. But, this depends on what exactly they're being used for. As humans, we all have an ethnic background. Some of us have religious backgrounds, beliefs and ideals. Sometimes we are put into a group due to this to simplify the diversity of the world. Sometimes willingly or sometimes by other people.

Labels can often be useful. But, this depends on what exactly they're being used for.

We are often labeled heavily based on physical appearance, which doesn't always benefit or reflect our true selves. If we seem to dress, talk, or act a certain way, then people can automatically and unintentionally label us, thus putting us into a group in their minds.

Being visibly Muslim, as someone who wears the headscarf, I often feel that "hijabi" is my automatic label. Hijab means "to cover" in Arabic and is often associated with women who wear the headscarf. Although I am happily a Muslim who wears the headscarf, I don't like being minimized to my hijab. To start wearing a veil to cover my hair was a personal choice for me. I wanted to reflect on my beliefs mentally and visibly to feel more empowered by modesty.

The veil is present in numerous religions and cultures. We see people from around the world wearing it in different styles, colors, patterns and fabric. The purpose behind each veil varies, as people have their own reasons for wearing it.

In the holy book of the Quran, modesty and covering is mentioned in a couple verses. In Surah An-Nur, which means "The Light," the verse says "O Prophet! Tell the believing men to lower their gaze and guard their chastity. That is purer for them. Surely Allah is All-Aware of what they

do," 24:30.

The next verse then states "And tell the believing women to lower their gaze and guard their chastity, and not to reveal their adornments except what normally appears. Let them draw their

The veil is present in numerous religions and cultures. We see people from around the world wearing it in different styles, colors, patterns and fabric. The purpose behind each veil varies, as people have their own reasons for wearing it.

veils over their chests, and not reveal their hidden adornments..." 24:31.

The Quran states that men should be modest first and then women. Modesty is instructed onto both men and

women in Islam. So when I am categorized as just "hijabi," it is a broad label that does not describe me entirely.

I have a name, hobbies, interests, goals, passions, skills along with a great personality that defines me as an individual. My religion is my way of life, and what ideally shapes my identity. But I am my own person separate from everyone else, just like other Muslims who wear the headscarf have their own personality as well.

Muslims, followers of the religion Islam, have their own relationship with Allah — God. Categorizing us as Muslims is okay, but categorizing in a way to make it seem as though some Muslims who dress or practice a certain way are more pious or modest than the other is not. We are all at different levels of spirituality with Allah and this should not be labeled.

For people who choose to wear the headscarf or dress more modestly, and for those who don't, they should not be labeled to a certain group, rather just human. These labels may make us feel as though we are not doing enough

or other people are better than us or we are falling behind, which is emotionally hurtful.

Anybody can wear a headscarf and claim they are from a certain group, but it's our actions and behaviors that prove if we are good and kind.

As different as we are from each other, these differences should be embraced and not put into groups to simplify. Rather than allowing these labels to influence how we judge others at first glance, we should learn from one another and allow everyone room for growth.

We all have one thing in common, which is the biggest, and that is being human.

Rather than allowing these labels to influence how we judge others at first glance, we should learn from one another[...]



ILLUSTRATION BY LORE ZENT

Make thinking through the process of a new resolution one that is straightforward and easy to track progress.

Time to update your New Year's resolutions

It is time that we have new years resolutions that we can be successful in completing.

By MADI WILLIAMS
OPINION COLUMNIST

When ringing in the new year many people decide to bring change for themselves, a common resolve for this is by creating a New Year's resolution. This idea of having a resolution to better yourself in the new year has been around forever. But, the expectations that people place on themselves are oftentimes so unrealistic that they usually don't meet their expectations or they stop implementing changes.

In an article titled "New Year's Resolutions - The good the bad and the ugly," Lizzie Fitton stated that "Studies show that 80% of new year's resolutions fail by February as people just can't stick to the targets they have set themselves on January 1st."

Personally I have never done a New Year's resolution because those that I have seen in the media are so open ended that trying to meet that goal just feels like added stress to an already busy life. In an article on doyou.com by Ali Washington titled "5 Reasons New Year's Resolutions Suck, and How to Create Change that Lasts," Washington shares five reasons as to why New Year's resolutions fail and suggests ways in which you can make resolutions that you're able

to keep.

The first one being that the goals that you set are "ones that you don't really care about." If you are setting goals that you don't care about, then why would you keep doing it all year? This is why you need to set goals that are personal to you, not ones that the media tries to convince you are important — if they are personal then you will have more drive to stick to them,

One of the most common resolutions that people make is to lose weight, which may not be not a bad thing but the expectations that people have with losing weight can make this goal problematic. People think that if they try out a new fad diet or exercise plan then they will lose weight quickly and often expect to see immediate change.

One of the issues with this type of weight loss plan is that it rarely fits into many people's day to day lives. It isn't sustainable or healthy, everyone loses weight differently and that means that people will have different outcomes. Due to this, many people can't keep up with it and never see results, ultimately leading them to abandon their resolution.

The second reason from Washington's article is that "they don't give you a reason to push through tough times." If the resolution is not going

to push you, bring some excitement or even fear when life gets hard, it will be harder to uphold the resolution. For example, if you are trying to lose weight and the gyms are closed, go for walks outside somewhere that you have not been to. The excitement of a new place will surely help in completing your workout.

The third reason from Washington's article is that "they are usually poorly formed goals." Meaning that if you set a goal to lose weight, then that's good, but what are you going to do in order to lose the weight? If you don't have that aspect of your goal figured out then it will be difficult to achieve what you set. This is why having a game plan is so important.

Instead of making an arbitrary resolution like losing weight your top priority, instead try to set more realistic goals that are simpler to stick to and see through. Having a goal of eating healthier or going on a daily walk is much more sustainable, attainable and healthy.

These are goals that can be tracked and seen by the person doing it, increasing the likelihood that they will continue because they know that they are doing something to help themselves in a way where they don't have to completely change their lifestyles.

Then, there are the students who

set the goal of getting good grades, but an unclear idea of what good grades look like can take someone on a crazy ride. Good grades could mean various things from obtaining mere passing grades or it could mean that you want to get strictly A's.

If you set a goal such as "I am going to aim for grades that are in the A-B range this quarter" this is much easier to track and know if you are succeeding. It can also help people learn how to forgive themselves if they mess up. While not an easy thing to learn, if you begin practicing small goals, such as grades, it will make it easier when you have to forgive yourself for a bigger issue.

The fourth reason from Washington's article is that the resolutions are "always set in the negative." When making a resolution it is usually set in a direction to help better ourselves but at the same time we are also looking at who we have been in a negative light, and if we don't achieve our goal then we are still the same person as before. If you set your goals in a more positive way then that self hatred and negative thinking will be less likely to appear.

One thing to remember when making a New Year's resolution for this year is to be easier on yourself after dealing with COVID-19 and the

uncertainty it holds. In order to be the best person you want to be in 2021 set goals for yourself that are achievable for you, and if you go through a rough patch at times try to remember to not be so hard on yourself. These resolutions are not meant to be something to add stress into your life. If that's what it is doing, then you need to reevaluate what your resolution is and make it more realistic for yourself.

The fifth and final reason from Washington's article is that resolutions "give us a reason to beat ourselves up." This has to do with the fact that the goals we set for ourselves are commonly so vague that it is hard to get where we really want to go, and if we fail then it gives us a reason to beat ourselves up and say that we are not good enough. This one piggybacks off of the third reason, if you set a goal that is obvious and straightforward, then it gives you no reason to beat yourself up because you already have a suitable approach to success.

Making and setting goals that you know you can personally achieve even during times like COVID-19 can be very beneficial for everyday life. Setting goals that you know are achievable will help aid you to use your time wisely and, in the long run, better your life.

How to enjoy a quarantine birthday

A guide to safely celebrating your birthday.

By **MADELINE HILLER**
A&E EDITOR

The COVID-19 pandemic has already taken numerous holidays and celebrations from us, but there is no reason we can't find a way to enjoy our birthdays while staying safe and healthy. Through these past several months we have grown and adapted to these new constraints giving us new ways to connect with friends and family, even if they are from out of town.

While it is disappointing to be unable to have friends or family with you in person for your birthday, there are still plenty of ways to celebrate with those we love.

HOLD A WATCH PARTY

Many streaming services, such as Disney+, have an option where you can have a watch party or group watch TV shows and movies. This is a great way to try to maintain at least some nor-

malcy while being safe during this time. It may not be much, but it is better than sitting alone on your special day.

BAKING

What's a birthday without a cake? While some usually go buy a cake, why not bake one or have a baking party? You could call up some friends and make a digital day out of it. Whether you make your own sort of 'cake boss' event or you just bake with friends at a safe distance. Baking is like bonding with friends, just with a little more sprinkles.

BIRTHDAY PARADE

Something that has become super popular during these COVID times is a birthday caravan. Ideally, this would be a surprise for a friend's birthday. That way, you can arrange with family and friends of the birthday person. Once you show up and drive past their house, they are sure to be surprised. To add even more festivity, decorate

your cars!

PICNIC PARTY

While this one is much trickier here in Washington, especially during winter, it is still doable. If you find yourself stuck on a rainy or gloomy day, one way to tweak it a bit and stay warm is to socially distance your cars and have a trunk picnic. That way, everyone is distanced enough from each other and equally protected from the cold.

Another way to have a winter picnic party is to find a day when it isn't supposed to rain — though it may prove to be difficult — and bring coats and blankets to bundle up! You could even bring strictly warm foods and drinks for additional warmth.

VIDEO CHAT

Sometimes you just need a simple video chat with those you love. Whether you have a zoom party with family members or just a FaceTime

with a friend, it's a solid way to see your loved ones on your special day. You can play games over the call or exchange your favorite memories. Either way, it's a great way to celebrate with friends while protecting each

other's health.

You don't need to have a huge party to feel special on your birthday. If it is just a phone call from the right person or a card in the mail, there are infinite ways to celebrate.



ILLUSTRATION BY LORE ZENT

This year you can still have your cake while you celebrate your birthday safely.

R&R: reboots and revivals

Some of your favorite television shows may be making a comeback this year.

By **LORE ZENT**
A&E COLUMNIST

It is a new year, one with new triumphs and tribulations. After an exhausting year like the last, one might seek solace and comfort in familiarity. Television revivals and reboots are a great source for doing so, allowing yourself to indulge in sentimentality while embracing change. Here are some revivals set to premiere this year that will make you feel nostalgic.

BOONDOCKS

HBO MAX will be rebooting the "Boondocks," originally an Adult Swim adult animation based loosely on a comic by the same name. It will be a two season, 24 episode revival that premieres with a 50 minute special. It reimagines the life of the Freemans, a black family moving into a high-class, overtly white suburb.

The original show provided a narrative centered around black cultural relevance and critique. The casting for Robert "Granddad" Freeman has not been announced since the death of original voice actor John Witherspoon back in 2019.

CLUELESS

This 90s coming-of-age franchise will be revived on Peacock as an hour long television series. However, there is a twist, queen-bee Cher disappears leaving Dionne to fill her shoes. The series focuses on the pressure of her being the new popular girl in school and trying to unravel the mystery of what may have happened to her best friend. While the characters remain the same age, the setting

is placed in a "uniquely 2020 L.A."

DEXTER

America's favorite serial killer makes it back on screen, as "Dexter" will return for a 10-episode revival on Showtime. The Hollywood Reporter indicates that these new episodes will be a continuation of the series finale to exhibit Dexter's solidarity life as a lumberjack after his self-imposed exile. A solid date has not been set, but will tentatively premiere in fall 2021.

FRESH PRINCE OF BEL-AIR

In Sept. 2020, it was announced that HBO Max ordered a two season reboot titled "Bel-Air" to stream on Peacock. Following the purchase, a reunion commentary special with the surviving cast aired the following month on HBO max. "Bel-Air" will be based around a 2016 fan-made film of the same name by Andy Cooper. The set release date has yet to be announced.

JODIE

In a spin-off of the 90s MTV series "Daria," Jodie will be navigating her first job after college at a technology company. Deadline reports that while Daria's focus audience was Gen X, this series will be aimed at a new generation and will focus on the struggles of a first job. The show plans to satirize workplace culture and social media, as well as incorporate themes such as empowerment linked to gender and racial lines and explorations of privilege.

It has no set release date but will premiere on Comedy Central in their efforts to make an adult entertainment programming slot surrounding South Park. It is unsure if Daria will appear in this series



PHOTO BASH BY LORE ZENT

From Left to Right, Top to Bottom: Boondocks, Clueless, Daria, Dexter, Fresh Prince of Bel Air, iCarly, Practical Magic, Proud Family, Punky Brewster, Rugrats.

after dropping her name from the original spin-off title, "Daria & Jodie."

ICARLY

In Dec., TVLine reported that the streaming service Paramount+ ordered a revival of the beloved 2000s teen sitcom. Currently Jerry Trainor, Miranda Cosgrove and Nathan Kress plan on returning. However, it is uncertain if fellow co-stars Noah Munck and Jeannette McCurdy will be joining the cast.

PRACTICAL MAGIC

Back in Aug. 2019, HBO Max greenlit production of "The Rules of Magic," a prequel to the cult classic "Practical Magic" film. It will have a one hour pilot episode based on the books by Alice Hoffman. Hoffman was also signed on as an executive producer of the series. Melissa Rosenberg, known for her contributions to "Dexter," the "Twilight"

series and "Jessica Jones," also signed on as a writer and executive producer. Casting has not been announced for the show.

PROUD FAMILY

This early 2000s animated family sitcom will return this year with a third season revival titled "Proud Family: Louder and Prouder." The original voice actors for the beloved family: Penny, Oscar, Trudy, Uncle Benny and Sugar Momma will all be returning. Keke Palmer will also be joining the cast portraying the role of Maya Leibowitz-Jenkins, a relentless 14-year old activist.

PUNKY BREWSTER

In this 10-episode revival of the 1984 NBC gritty family sitcom, the once abandoned young foster child, Punky Brewster, is now a single mother of three. She is trying to keep her life on track when she meets a girl who reminds her of her

former self. Soleil Moon Frye will return as Punky Brewster as will Cherie Johnson who will play as the character named after her. It is set to air on Peacock sometime this year.

RUGRATS

90s children, rejoice! Nickelodeon will be premiering a twenty-six episode revival of "Rugrats" with the original creative team of Klasky, Csupo and Germain. Due to a previous creative disagreement between the team, it is unknown if the setting will be updated to the current decade or continue to encapsulate the 90s.

The lineup of revivals for this upcoming year encompasses a good variety of genres and formats. One can easily find a show that fits their palette. So sit back, curl up and reminisce.



Riz Ahmed gives an emotional performance as Ruben Stone in “Sound of Metal.”

PHOTO COURTESY OF AMAZON STUDIOS

REVIEW

“Sound of Metal”

**The Good:**

- Beautiful still shots
- Great use of limited sound
- Characters are emotional and passionately portrayed

The Bad:

- Film can drag on at some points
- More gripping scenes could have taken place in the slower parts
- Missed opportunities for more backstory on characters

Deafening silence in “Sound of Metal”

Prime takes a risk with Darius Marder’s slow burner “Sound of Metal.”

By **HENRY NGUYEN**
FILM CRITIC

When you dedicate your entire life to something it would be difficult to change and learn something new. As we get older, our capacity to learn new things seems to fade away. When one door closes, another one is hard to walk through with bones so brittle through age. For Ruben Stone — played by Riz Ahmed — walking through that open door might be his only option.

“The Sound of Metal,” starring Riz Ahmed, follows the life of a drummer in a metal band and depicts his emotional journey of acceptance and stillness as his hearing deteriorates. “The Sound of Metal,” as reflective as it is, proves to be one of the best movies to come out at the tail end of 2020.

The film opens with a blaring punk-metal number that features blasting breakneck drum kicks and rhythms followed by screaming female vocals.

This establishes the band that the main character, Ruben Stone, is in. While touring and traveling from one place to the next, we also meet the lead singer of the duo — played by Olivia Cooke — who happens to be Stone’s girlfriend, Lou.

However, as Ruben begins to lose his hearing, they come to the realization that their intense music can’t last forever. Distraught and horrified by the fact that he might face a life of complete silence, he seeks the help of a deaf community run by a man named Joe, played by Paul Raci. This is the beginning of his journey of conflicted emotions while seeking peace and complicity in his new life. Ultimately, he ends up paying for cochlear surgery that allows him to hear again, but it’s not exactly what he was expecting.

In certain aspects, this movie takes inspiration from Darius Marder’s last project that he wrote titled “Place Beyond The Pines,” which featured Ryan

Gosling playing a troubled tattooed and bleach-blond protagonist that was strapped for cash. However, that’s where the comparisons end, as Ruben is a complex character who is blind-sided by his need to be able to hear again. This complexity opens up opportunities for the movie to portray its themes through exceedingly emotional means.

What helps these scenes achieve their emotional prowess is how well depicted each character is. Riz Ahmed does an incredible job portraying each complex emotion that comes with the loss of something as tremendous as hearing. He depicts his journey through each stage of grief so intensely, it’s as if the actor himself is losing his hearing. Paul Raci plays Joe, the director of the deaf community, and provides a performance reminiscent of a professor that just gave you an F on your last homework assignment. Not angry, just disappointed.

The emotional and reflective impact of the film is further depicted through beautiful and far still shots of nature that prompt the viewer to hang back and reflect on each scene while joining Ruben’s journey in a way that feels non-judgmental.

These scenes are also accompanied by innovative uses of sound. Ruben is plagued by his hearing loss which allows the filmmakers to experiment with different ways to convey Ruben’s experience through sound, or lack thereof.

Whether it’s through muffled noises that resonate alienation from the world, much like the feelings of Ruben throughout his journey, or the metallic, chaotic and clashing noises that come after Ruben gets his implants that makes you long for the peacefulness of silence. The film strategically places the viewer into Ruben’s shoes.

While this film is very reflective and allows for the viewer to breathe between each emotion with meditative

and peaceful scenes, they can also make the movie drag on for a bit longer than they should.

Productive scenes that open up opportunities to provide either more backstory or moments of character development could have taken the place of these small scenes. Instead, the movie wastes some of its run time and viewers might be left feeling deprived of active or constructive scenes for a while.

“Sound of Metal” is a visceral emotional movie that will tug at the heartstrings. It will send viewers on a mesmerizing journey that will last after the credits start rolling. If you’re looking for a fast-paced movie with little to no downtime then you should probably skip this one. However, if you’re looking for a slow burning film that is filled with complex emotions and great sound design then “Sound of Metal” is for you.

Husky football 2020 season recap

With a unique and shortened 2020 season in the books there is a lot to look forward to in 2021 for the Huskies, who will most likely open the season as the Pac-12 favorites.

By **BROOKS MOELLER**
A&E SPORT COLUMNIST

In a year where it seemed near impossible for a football season to be played, the Pac-12 ended up following the rest of college football and scheduled a shortened season for its teams. What followed was a number of cancellations where only five teams played at least six games and a season that hurt the conference’s reputation as a whole.

The Huskies were able to play four of their scheduled six games this season and finished with a record of three wins and one loss. Coming into the season, this seemed like a bit of an in-between year for UW as they were starting a new quarterback while having suffered the loss of significant pieces on offense as well as defense from the year prior.

After a four man quarterback competition that stayed a mystery until the

first snap of the season, Graham, WA native Dylan Morris won the starting job. Morris showed that he is more than capable of running the offense and has the potential to be great after finishing the season with 897 yards through the air and four touchdowns.

What stood out to me the most with Morris was his ability to fight through adversity and make big plays when it mattered most. UW was down 21-3 at halftime versus Utah where Morris threw three interceptions throughout the game but the QB brought them back to win 24-21, including leading an 88 yard drive to score the game winning touchdown with 36 seconds left.

Two other bright spots on the Husky offense was tight end Cade Otton along with the rest of the offensive line. Otton earned second team Pac-12 honors by hauling in 18 receptions for 258 yards and three touchdowns. It was

clear he was Morris’ favorite and best target from the first game. Otton was projected as a third round draft pick but announced he will be staying at UW — a huge relief for Husky offense.

The offensive line was also dominantly led by center Luke Wattenburg, who also announced he would be returning next season. As a whole, the o-line only allowed one sack all season and also helped the backs run for 176 yards per game. UW will be returning all five starters on the offensive line.

On the defensive side, we saw the emergence of two star linebackers, Edefuan Ulofoshio and Zion Tupuola-Fetui. The middle linebacker position was one the team struggled with last season but thankfully Ulofoshio has done everything to solidify that spot. He led the team with 47 total tackles and earned all Pac-12 second team honors.

Tupuola-Fetui, or “ZTF,” gave the defensive line much needed production after its top two returners opted out of the season to prepare for the NFL draft. ZTF stepped up immensely in posting seven sacks and three forced fumbles in only four games. This earned him all Pac-12 first team honors as well as receiving a spot on the AP all-American third team. He also had the opportunity to enter the NFL draft after a breakout season but decided to return to the Huskies in 2021.

The team will be returning 20 of its 22 starters for the 2021 season and will be the most experienced team in the conference making them the likely favorite to win the conference. However, the rest of the conference will be fielding talented teams where Oregon, Stanford, USC and Arizona State will also be returning many key players.

Jimmy Lake’s first season as head

coach can be seen as a success. If it wasn’t for a late season COVID outbreak on the team they would have played USC in the conference championship for a shot of playing in the Fiesta Bowl. Instead, the season ended prematurely but there is a lot to look forward to for Husky fans in 2021 and beyond.

The key to this team being successful in 2021 is to come out of the locker room with more fire at the beginning of games. There were two separate games in which they were down by 21 points at halftime. They managed to make the comeback against Utah but fell short against Stanford losing by five. If the team can keep the same second half intensity throughout the whole game, then they can be very dangerous.