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UNIVERSITY OF WASHINGTON TACOMA



KAMALA HARRIS

FIRST FEMALE OR PERSON OF COLOR ELECTED VICE PRESIDENT

JANUARY 20, 2021

ASUWT is working to progress past the pandemic

ASUWT President Vincent Da discusses previous initiatives and rolls out winter plans to combat COVID implications within the university.

By **GARRETT YAEN**
News Editor

The Associated Students of the University of Washington Tacoma President, Vincent Da, discussed their previous initiatives and upcoming plans to engage with more students.

Da said they'll focus on expanding student advocacy, student engagement on campus and providing students with more resources to succeed.

"During fall quarter, we were able to engage with advocacy by primarily focusing on [voter] registration for the elections," Da said.

He explained that the ASUWT focused on getting students registered to vote. They spread awareness by partnering with the Center for Equity & Inclusion on their "Real Talk" series about the history of voting and why it matters.

When it came to the pillar of engagement, ASUWT focused specifically on building the community.

"We made a goal as a team to partner with departments on campus for every event to one, help reduce zoom fatigue for students, and two, create the best possible experience combining organizations energy and resources," Da said.

After three quarters of remote learning, Da believes the ASUWT can help students push through this fatigue by

working with other organizations.

"The most difficult challenges I see for our campus is keeping students motivated and engaged about campus events," Da said. "Now that we have the hang of online school and events, things we have learned about is that students feel zoom fatigue as well."

Da described how ASUWT started study lounges and discussions related to voting by partnering with on-campus organizations. They were able to fund new technology for students as well.

"Partnerships we have done in the fall were the Student Activities Board [and] the Center for Equity & Inclusion," Da said. "Not only that but our last pillar of student resources, we voted in agreement with the student tech fee to fund extra laptops, Wi-Fi mobile hotspots, and other technologies for students to rent."

Da also mentioned that the ASUWT has several initiatives this winter quarter to extend each pillar.

"For advocacy, we are releasing a new initiative with the Center for Equity & Inclusion called EMBRACE, which is an acronym that stands for embracing myself for better racial awareness and cultural engagement" Da said.

He said that EMBRACE is a student cohort focused on talking about social change, identity and race in a safe and welcoming environment.

"For engagement, we have plans to host a student poetry event with the University Academic Advising and Student Activities Board in February."

Da said that the Huskies on the Hill, an event that provides UW students the opportunity to travel to Olympia and lobby on behalf of student issues, is being planned for early February. Da explained further, stating that with UW Seattle and Bothell, it will be a tri-campus effort focused on legislative lobbying in the state capital.

Although he said much of the ASUWT is still running smoothly, he noted that COVID was a barrier to some of their progress.

"The most difficult part was learning to adjust while state plans and restrictions were ever so changing," Da said. "We had to learn how to use Zoom for classes while also trying to navigate how we can host events online that are meaningful for students."

Da noted key events and plans that were delayed, such as the spring Senate elections moving to the fall quarter and being held entirely online.

"We had to adjust our elections to being online, and our voter turnout was lower than we wanted to," Da said. "An example we learned is coming up with incentives for people to attend such as giveaways, swag raffles, and dawg points



The ASUWT works to progress student advocacy, engagement and resources. COURTESY OF VINCENT DA

by the Center for Student Involvement on campus."

Da said that partnering with other organizations on campus is a crucial part of keeping students engaged.

"Partnerships are key because student energy and time are valuable," he said. "You don't want to create a scenario where two events are competing for student attention."

Da advised new students to find ways to be involved despite the COVID restrictions.

"An advice I would say for new students such as freshmen or transfer students are making goals to attend one event online," he said. "I know that COVID-19 has affected many people, and since we have been online, it can also be an isolating feeling."

Moreover, he also mentioned that COVID restrictions don't need to keep students bored. He explained that virtual events don't have some of the limitations of in-person events, such as poor timing or long commutes.

"I know that commuting was an obstacle for students getting involved in events," Da said. "However, a good positive aspect about online school is that it removes that barrier for students, and they can attend online."

Da said the ASUWT plans on overcoming students' possible motivation problems or confusion with campus resources by teaming up with other on-campus organizations to maximize resources and expedite the process of giving students the support they need.

He hopes that everyone will cooperate to get through this pandemic and that students aren't afraid to reach out for help.

"It will take all of us to safely make it through this pandemic and do your best to help others as this time is difficult for some," Da said. "Reach out to people, and don't forget to take care of yourself."

How RSOs are handling the lockdowns

What Registered Student Organizations are doing to thrive and grow despite COVID restrictions.

By **LUKE DENUELLE**
News Reporter

This week, The Ledger reached out to several Registered Student Organizations to see how they are doing this quarter, their plans for the upcoming quarters in light of continued lockdown and to teach students how to get involved.

With COVID measures still in effect, and students' abilities to organize in person limited, we thought we would keep students updated on a few RSOs, and potentially how to stay involved.

Many, but not all, RSOs were se-

verely impacted by the new regulations in response to the pandemic.

"COVID has been kind of a game-changer in a lot of ways," said the Vice President of the Progressive Student Union, Ronan Houston.

Other RSOs saw some of their ambitions thwarted due to COVID. The Multicultural Association of Pre-Health Students also faced some roadblocks.

"We had ideas to organize some events that never came to fruition due to the pandemic worsening," said Summer Turnberg, Vice President of MAPS.

"COVID has made it hard for us to meet for sure," said Turnberg. "We all

have zoom and computer fatigue. Last Quarter, we were really excited to have so many events but by the end of the quarter, us and our members were so exhausted it became really difficult to continue forward with events."

Not every RSO is facing the same difficulties. Pup Support, an RSO focused on providing mental health services, did not share the same concerns as others.

"I believe COVID-19 was the best time to launch this RSO, because we are fully digital," the President of Pup Support, Yuna Park said. "By this I mean, digital support may be the only

type of support some people can access at this time."

Park said they didn't feel that COVID had been a nonfactor. Like most RSOs, the in-person experience has been taken from them.

"It is a bit upsetting to not be able to meet my team in-person," she said.

Despite these difficulties, many RSOs are still working to stay active on campus. MAPS plans on hosting more professional workshops featuring a pharmacist, a physical therapist and a researcher.

"We are really trying to make sure everyone feels included no matter how new they are to UWT, what major they

are in, or what their specific needs are," Turnberg said.

Houston said they're always thinking of ways to support local progressive candidates. One of the ways they do so is by supporting Tacoma Housing Now, an organization that helps the homeless.

"[They've] been bringing attention to Tacoma's homeless population and [have] been helping them find places to stay during the winter," Houston said.

Despite COVID-19 restrictions, many RSOs are still operating and looking for new students to join and lend a helping hand.

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Office: MAT 151

Phone: 253-692-4428

Email: ledger@uw.edu

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Faculty Spotlight: Meet Professor Chris Demaske

Speaking with Dr. Demaske on journalism, education, projects and pastimes.

By **TALIA COLLETT**
EDITOR-IN-CHIEF

The Ledger was able to speak with Dr. Chris Demaske, a longtime UW Tacoma professor with a passion for writing, journalism, law, running and karaoke.

Before making her way to Tacoma, Demaske obtained her BA in Professional Writing from the California University of Pennsylvania. She told us that her career path trajectory stems from her realized love of writing and reading back in high school. She initially wanted to be a literature professor, but a few barriers and thoughts kept her from doing so.

“Probably the biggest driving thing for me was I’m a first-gen college student and come from a lower socioeconomic family, and I knew that I was going to need to have a career when I got out of college,” said Demaske. “There weren’t really jobs to do that. I just like to read. So I chose journalism as a field because I thought it gave me an opportunity to still be able to write and engage in things I like to, but I could get a job.”

"Every job that I got through my entire career started at the student newspaper."

During her first year in undergrad, her counselor advised her to take a course with her school newspaper. She was hesitant to do so at first because she was adamant that she would go into radio broadcast, but she finally gave in and noted it changed the course for everything to come.

“After a month into it, I was news editor, and by the beginning of my sophomore year I was only looking at news-

paper,” she said. “Every job that I got through my entire career started at the student newspaper, I firmly believe that.”

Throughout her undergrad career, she progressed from working for small local newspapers and the campus magazine to the Pittsburgh Post Gazette. Following her love of newspaper journalism, she went to graduate school at the University of Mississippi, where she obtained her master’s in Journalism and Mass Communication. Upon graduation, she worked for a trade magazine publication, editing and writing for about five years before pursuing her doctorate.

She uprooted her life to venture to the Pacific Northwest, where she ended up at the University of Oregon to graduate with a Ph.D. in Communication and Society. During her time there she developed a passion for her theoretical background in law as well as critical race and feminist theories and hoped to find a job with a balance of both skill sets.

Now, as an associate professor in the Culture, Arts and Communication division of the school of Interdisciplinary Arts and Sciences, she found that perfect balance. Dr. Demaske began teaching at UWT in 2001 when it was just a small campus comprised of upper-division courses for Juniors and Seniors with primarily transfer, non-traditional and older students — many of whom were older than Demaske as she was entering this field of her work.

But what brought Dr. Demaske on board was more than the small community based environment of a budding university.

“When I interviewed here, what was really kind of cool is this was not just a Communications or Journalism program. It says Interdisciplinary Arts and

Sciences. So, when I did my job talk, I had philosophers in the room, religious studies and environmental science people, and I was so enamored with this place. By the time I left this interview. I just thought, Oh my God, I will be devastated if I don’t get this,” Demaske said.

As a first-generation student herself, she also pointed out that she loved the idea in which she’d be able to teach in a place with a lot of students in the same position as her, where she could find common ground and relate to what they were experiencing.

“I love the idea of teaching in a place where we have a lot of first-generation college students. We have a lot of students from the working class family background and all of this gels with me. I was a first-generation college student, so I really wanted to be somewhere where I could do that.”

Teaching here for about 20 years, Demaske shared her continued love of the community.

“One of the things I loved, and still love, about this community is we sit in this weird little spot where we are teaching focused and we’re also research focused, because usually you’re one or the other,” she said.

Working on her research outside of the classroom, she recently finished a six-year project and came out with her second book, “Free Speech and Hate Speech in the United States: The Limits of Toleration,” in which she explores the need to restrict hate speech through a social justice framework and hopes to extend her work past the world of academia into different venues.

Finishing her book at the beginning of quarantine, Demaske noted that she was glad to have taught online before so she wasn’t completely blindsided by the



COURTESY OF DR. CHRIS DEMASKE
Chris Demaske after her completion of the Yaroslavl half marathon in 2019.

transition like some of her colleagues were. And while she’s maintained her drive to uphold academic rigor and integrity while also being critical of what we lose from being unable to partake in the classroom environment, she also pointed out what she’s learned about teaching while in a pandemic.

“I think I’ve been a little bit more open to revisioning what it means to have rigor and recognizing that, when there’s an opportunity to have a little flexibility, that it’s not always a bad thing,” she said.

When she’s away from her life as a professor, scholar and author, she also loves running — having run about 19 half marathons and soon to be 14 full marathons — she likes to maintain balance in her life outside of work but

noted that COVID has been hard on her and her wife who love karaoke, traveling and having parties with friends at home.

“I like a little balance in my life and a lot of people around. That’s probably the toughest thing with COVID, is we also usually entertained. We have parties, we hire bands, we like to do things all the time.”

Maintaining this balance in both her social and work life can be exhausting, but as Demaske mentioned, at the end of the day it’s all worth it to her.

“On a daily basis when I sit down and think about it. I still like being here, I like this campus, I like the students. I like what I do.” And the piece of advice she offered to all students is to “You know, enjoy the journey.”

The Pantry comes prepared for the winter quarter

Winter is here, and with the effects of the pandemic in full force, students can receive free food, shampoo, hand sanitizer and other essential items from the Pantry.

By **GARRETT YAEN**
NEWS EDITOR

Through The Pantry essential items — such as food and personal hygiene products — are available this winter quarter by appointment or delivery.

Although some items dwindled in stock last spring, the task of accommodating students’ dietary and hygienic needs has been a relatively brisk process, according to student Pantry Assistant Lakeisha Morris.

“The Pantry adjusted pretty quickly when the pandemic hit, now we’re just adjusting to how demand [for certain items] has changed,” Morris said.

She explained further, noting that last spring the scarcity of essential products,

such as toilet paper, temporarily diminished their ability to serve students.

“As a result of that, we ended up ordering a lot of toilet paper as soon as it was easily available, so we have lots in stock still,” she said.

In addition to students’ option to pick up orders the Pantry has also put together a contactless delivery system with the help of staff and faculty volunteers.

According to Morris, a few weeks before a quarter starts the Pantry’s supervisor, Nedralani Mailo, contacts UWT staff and faculty who may be interested in doing contactless delivery of Pantry orders to students’ residences.

Students may utilize the Pantry once a week. The process is as follows: students can request a bag and what items they

need through a Google form about a week in advance. Volunteers will then deliver the items if the recipients are within 30 miles of campus.

Gone is the previous limit of 10 items per order. Morris said students could fit 20 items into their bags depending on the bags and items’ size.

Looking forward, Morris said that as the use of the Pantry grows, they hope to provide more essentials to students with the budget they have and also stated that the Pantry can and will continue its mission of feeding hungry students with various dietary items.

She explained that the items can range from canned food and quarts of milk to water bottles or gallon Ziploc bags of vegetables.



PHOTO BY NICKOLUS PATRASZEWSKI

The Pantry is accessible to all students on a weekly basis.

“Students need more aid than before because of the pandemic’s effects ... More donations from the community would help make this possible, and a continuous contribution to our budget from the university would be even better,” said Morris. “The Pantry is definitely well prepared for [the] winter quarter.”

Students can utilize the Pantry’s services or donate unneeded items at

<https://www.tacoma.uw.edu/thepantry>

January 6: Organized in plain sight

Storming the capital with little to no resistance by the state. How and why violent white supremacist action goes unchecked

By **ANDREA NADAL**
OPINION EDITOR

Jan. 6 of 2021. Massive uproar from those most dedicated to the Commander in Chief Donald J. Trump. Cries of a stolen election in a system that is rigged in their favor. A system built to give them every advantage. From the electoral college designed to give slaveholders more sway, to voter suppression of people of color in many forms including hour-long wait times and the criminalization of minorities stealing their right to vote. Republicans have every advantage under our system, and yet they still came up short.

This did not matter though, because the very system created to cater to them has also brought with it a sense of entitlement. A sense of entitlement only stoked further by Trump into the flame of blatant white supremacy that we have seen in recent years. Emboldened in their actions, by a President that thrives on fear of the other, on creating a villain out of everyone that does not fit their neat mold of what it is to be American. Made clear in the far right's use of the term "Patriot" to separate themselves from anyone even slightly more to the left than them.

Supremacy is a precarious thing because it is a fabricated existence. An existence in which those in power have to constantly work to keep up the facade. To diminish the power of those they have deemed not worthy and to impede their ability to improve their status in society. Supremacy exists so long as the mo-

nopoly on power and violence are held by one group, and this supremacy has been made painfully obvious by the events of Jan. 6.

But the events were not a surprise. In their entitlement, a myriad of individuals and groups came together on unsecured social media platforms to discuss their plans for the day. Conflict Journalist Robert Evans even released a detailed article about the planned marches and the attack the day before it was intended to take place. In his article "How the Insurgent and MAGA Right are Being Welded Together on the Streets of Washington D.C." he walks through every detail of the planned convergence.

The question of how this was allowed to happen is really no question at all. It is a simple matter of the ingrained white supremacy of this country.

"Yet these rallies are not just excuses for extreme elements to get into street fights. They are also networking opportunities for the far-right," Evans explains. "On livestreams and speeches before crowds, attendees have shouted out and shared details of 'free speech'-focused social media apps like Phoenix Social Network, Parler and Spreely ['Speak Freely'] where they can further engage

and share ideas once they head home."

This has been a common practice on the right, not only gathering in the streets to incite violence and uphold their supremacy, but also to bring others to their cause, and to connect in ways that they have not been able to in the past.

Evans also highlights, "On these apps and others, there have been repeated calls for armed violence and the execution of elected political leaders over recent months. Perhaps more troubling was evidence that formerly disconnected chunks of the right-wing and fascist media ecosystems have started to coalesce in more cohesive ways."

These far-right organizers have been able to remain unchallenged by the state in their efforts, and Jan. 6 is just another example of the way that white supremacist violence has been given the space to thrive.

With very clear threats on record and a march on the capital planned in plain sight, there was more than enough time and ability for the state to organize a response to counter the march. Yet no such effort was made. A minimal amount of security was planned for the day and the right-wing extremists were able to break through the sparse line of riot cops with ease. Making their way into the capitol building, breaking windows, climbing walls, and assaulting officers in their efforts to reach the house floor, with 5 deaths and dozens of injuries in the process.

In the days following this event the narrative surrounding the attack dis-

seminated by mainstream news sources has been problematic. From questions surrounding the breach of the capitol and the false narrative that "poor-planning" and "security and intelligence failures" were the culprit. When, in reality, the truth is much more troubling. They had every opportunity to plan, the intelligence was out in the open, and it has been made very clear from the turnout by police and National Guard in D.C. at BLM marches earlier in the year that security is no real problem when they want it.

The question of how this was allowed to happen is really no question at all. It is a simple matter of the ingrained white supremacy of this country. When Black, Indigenous, or people of color come out we are met with massive amounts of state resistance. When white people come out, they are basically escorted around the premises.

Whiteness and its desires are no challenge to the state. White supremacy, colonialism and violence are America. These are what have built the very foundations of this country. As such, this sort of action is no real threat to the state as it exists today, in fact they just work to uphold the white supremacist state that currently exists.

As such, Joe Biden's vow to "defeat domestic terrorism" would in no way protect us from further acts of white supremacist violence. America already has some of the strictest laws regarding terrorism, and some of the most advanced counter-terrorism techniques. Yet, none of these were used in order to

prevent the planned attack on Jan. 6. These laws and tactics are almost exclusively used against left-wing BIPOC organizers and actions.

A war on "domestic terror" will really mean a war on BIPOC fighting for radical equality. The massive transformation needed to achieve this sort of equality is a threat to the very state of America today. The demands made by the BLM movement threaten to uproot the system that is currently in place and remove the power that has been granted to white people in this country.

This movement has been met with massive amounts of state repression and violence in an effort to maintain its power over people of color in this nation. And any further power granted to the state in the name of defeating domestic terror will not be used in the fight against white supremacy, it will be used to silence the dissent of Black, Indigenous, people of color fighting for our lives. There is no threat in white supremacist violence to America, and it has been made abundantly clear that we cannot trust the state to stand against it.

This sort of action is no real threat to the state as it exists today, in fact they just work to uphold the white supremacist state that currently exists.



Right-wing insurrection of the U.S. capitol on Jan. 6, 2021.

COURTESY OF WIKIMEDIA COMMONS

Transitioning to the Biden Administration; Shaping a new America

How white comfort has co-opted a narrative of resistance and power.



COURTESY OF CNN

A new beginning.

By BENGISU CICEK
OPINION COLUMNIST

President Joe Biden and Vice President Kamala Harris are the leaders of our new administration in the United States for the next four years. Dr. Jill Biden is our first lady, and Douglas Emhoff is the second gentleman. 2020 and now 2021 have been very eventful. Many incidents and conflicts have occurred. Will we be able to move past this in 2021 with President Biden as our 46th president?

Many things within the United States, in both our foreign and domestic affairs need to be worked on.

First, I want to mention President Biden's proposal for far-reaching legislation on immigration. This legislation will give 11 million undocumented immigrants and current recipients of DACA in the United States the opportunity to become citizens in as little as eight years. According to Michael D. Shear of the NY Times in his article "Biden to Announce Broad Plan to Reverse Trump Immigration Policies," this would mean DACA recipients would be able to immediately apply for permanent residency along with expanding asylum and refugee programs.

Such legislation is crucial for our country because America is comprised of refugees and immigrants. America is a huge melting pot and was built by immigrants, we must accept that the world is for everyone. We must also acknowledge the Indigenous people of this land, research how names of towns and cities were changed from the Indigenous language and develop more empathy for the refugees that seek solace in the United States.

My hopes for such legislation and similar ones introduced is that we will have more and more understanding people. That the hate and racism that was spread in the past in this country will no longer influence people to accept stereotypes and respond more out of fear than love.

With immigration detention centers still present, ICE and CBP still separating families and resources for immigrants becoming harder to access in the U.S., we must tackle this issue with more fervor than ever. With the Biden Administration in charge now, we need to drive out this hate and put an end to these human rights violations once and for all.

Executive Order 13769, otherwise known as "The Muslim Ban," must not

be repeated again. Families, innocent people and children escape war threatened countries such as Syria to seek refuge in safer places. The trauma and hardship of seeing your home country being bombed, your people being killed, and jets in the sky dropping explosives onto a place you once felt secure in should be enough to invoke the compassion in our hearts toward the innocent people affected by this. The Obama administration is not innocent either, as the U.S. dropped over 26,000 bombs in Syria, Iraq, Libya, Yemen, Somalia, Afghanistan and Pakistan in 2016 according to Statista.

America is not just a land we can get possessive over and choose who we want in or out. We need to put ourselves in others shoes to truly understand what they had to go through. This is why I have hope that the Biden Administration will work to create a truly compassionate immigration system with human rights at the forefront.

With this idea of compassion and human rights in mind, I want to discuss our foreign affairs, and how much more the United States should be active in restoring human rights from an international law perspective. Mike Pompeo, who is the 70th U.S. Secretary of State,

released a statement last Tuesday on the Chinese Communist Party's human rights violations toward Uyghur and other ethnic groups:

"I have determined that the PRC [People's Republic of China], under the direction and control of the CCP [Chinese Communist party], has committed genocide against the predominantly Muslim Uyghurs and other ethnic and religious minority groups in Xinjiang. I believe this genocide is ongoing, and that we are witnessing the systematic attempt to destroy Uyghurs by the Chinese party-state."

Ever since the crackdown on Uyghurs, the CCP has been committing inhumane torture tactics on the Indigenous ethnic group in East Turkistan, including forced denunciation of faith, abuse, detainment and more.

Many Uyghurs and activists within the United States and around the world have been advocating for the release of the innocent people detained and for the PRC to be held accountable for their actions.

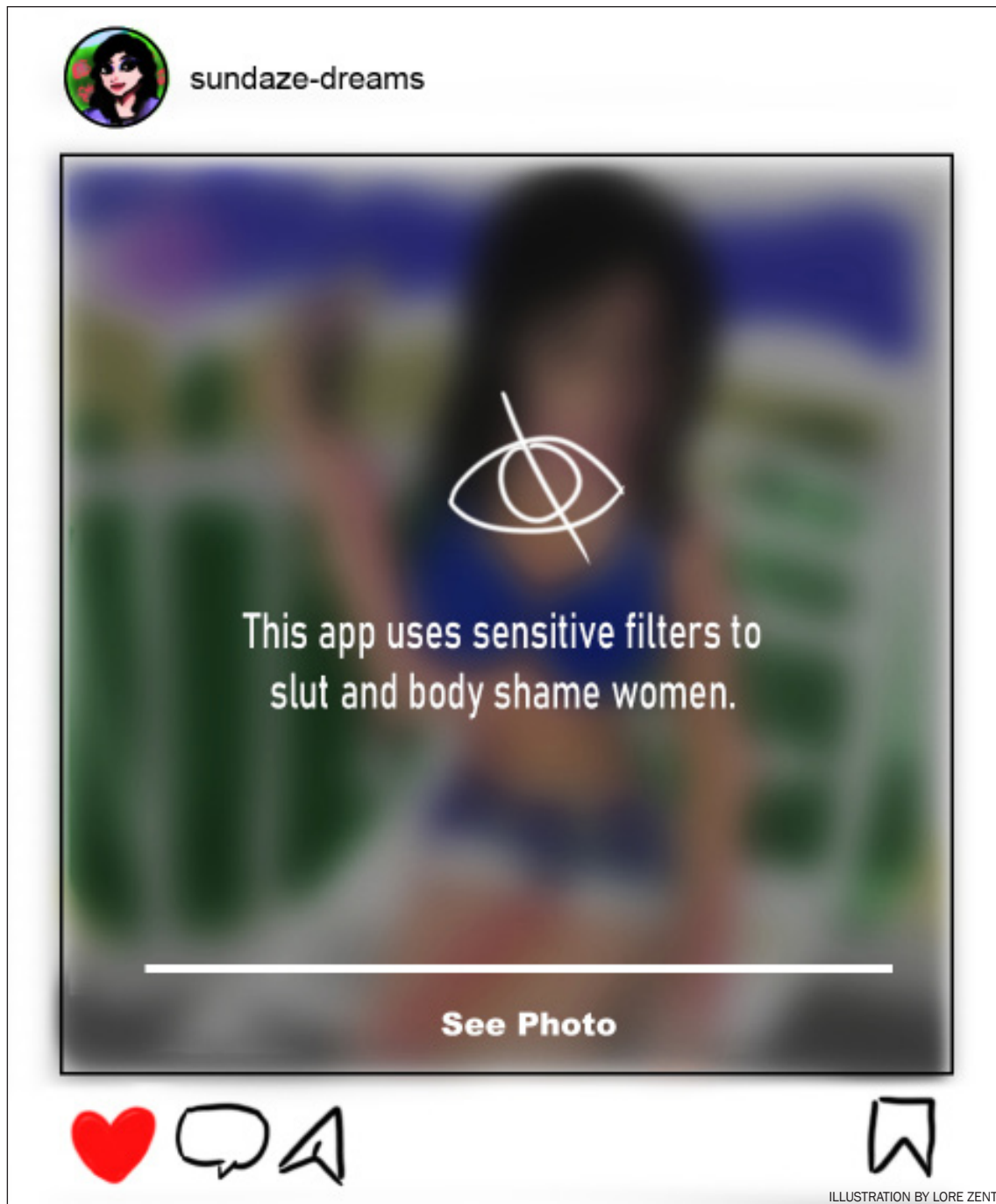
Dr. Gulshan Abbas, a retired medical doctor from East Turkistan, has been detained and sentenced to 20 years of imprisonment, allegedly due to affiliation with a terrorist group. Dr. Abbas is

a law abiding citizen and this detainment is unjust. Her sister, Rushan Abbas, an American Uyghur, is advocating for her release from the United States.

President Biden has labeled the treatment of Uyghurs as genocide, as did the Trump Administration. Many of the most powerful countries in the world have ties with China, especially economically. I am cautiously optimistic that President Biden will continue to call the CCP's treatment of Uyghurs as a human rights violation, and work through international law to free the innocent people within the camps.

We have witnessed and experienced how hate can add fuel to the fire, through hate speech and an administration that did not work in the favor of all the people. As we have concentration camps here on our own soil, to 6,000 miles away in East Turkistan, we must address these issues and let our actions speak louder than our words.

As we are at the beginning of the year 2021 we certainly have a long way to go, but I am hopeful through advocacy, bill proposals, lobbying, activism and more that we will start to see change in the United States and be heard by our new president.



Women's autonomy: The censorship of women's bodies on social media platforms

The silencing of women who challenge the status quo.

By MADI WILLIAMS
OPINION COLUMNIST

The attempt to control women is deeply rooted in our society and can be traced back centuries. From the demand of women to look a particular way and fit into certain categories, having to look modest and act ladylike to not showing their true selves in fear of having an immodest label placed upon them.

This was how the world for women was for decades, however, in recent years women have been able to break out of these molds to gain more autonomy, but we still have limitations on the things that society says we ought to do. Despite the progress we have made in the 21st century things are not perfect, and the way that women exist in society is still not fully up to them. Women are finding bold new ways to continue to challenge these narrow ideas of womanhood.

In today's world, women have the ability to show their true selves all over

social media whether it be posting pictures of themselves with uplifting captions or expressing not only the challenges they have faced but how they have overcome those challenges as well. But, do we really have the sort of freedom that we think we do?

The social media platforms women are using ultimately allow them to pick and choose which posts are appropriate based on their interpretation of "community guidelines." Certain pages have had a number of posts removed. One trend among these overly censored pages is in regards to women's appearance. Often, the women who face the most censoring are bigger and not what the media typically promotes as "healthy weight." One social media platform where this happens repeatedly is Instagram.

Chelsie Lynn, a known comedian through her YouTube channel, Vine, TikTok and Snapchat videos, is a woman who is bigger. She embraces this fact through her work by making positive

jokes in her skits while also openly talking about her feelings toward her size and how it does not bug her. Some of the things that she posts can be raunchy, but it goes along with her characters. It is also who she is as a person, she doesn't care what others think.

Over the summer fans started to notice that posts of hers have started to disappear on Instagram, one of them being a photo of her in a pool donning shorts and a flesh-colored bikini top that almost made it look like she was not wearing a top at first glance, but in taking a second look at the image you could easily tell that she was. The post was removed due to "indecent" even though it was very obvious that it was a joke, and she was in fact not shirtless. But even with the picture being deemed "indecent" fans of hers would reach out telling Lynn about how these posts boost their own self image.

In other pictures from her Instagram she was shirtless but covered her

nipples with stickers, a common practice allowing women to show their breasts without technically being in violation. Yet, these images were also being removed due to "indecent."

One day over the summer Lynn made an Instagram story showing the pictures from her posts that were being removed. She then showed other women's posts still on their profiles that depicted things much more risque. For example, they were making videos showing their genitalia or posing sexually with no clothing.

The glaring difference between Lynn and these other girls? She was not as thin as they were. It was almost as if Instagram was telling her if she was thinner, then her post would still be up.

After seeing this it made me wonder how many other women and girls' posts were being removed for "indecent" when in reality it is because a big girl is showing too much skin for society's comfort. Think of all the girls whose posts

are being removed and what that is doing to their self-esteem when the whole purpose of their initial post was likely a way to bring positivity and normalize different body types.

We would think that in the 21st century this type of thing would not be an issue yet it still is, even for someone with verified social media accounts is being minimized because she is not the kind of woman that society values.

Even though everyone is supposed to be accepting of all different body types through what the media tells us, this is obviously not true. This is not something that should be happening and this type of thinking is going to make girls of this generation continue to think poorly of themselves just like the generations before them due to society's refusal to change. Even today women still have this pressure of looking the way that society wants us to, and we are slowly but steadily fighting back.

Outdoor dining in the South Sound

There are still plenty of local places to eat in Tacoma under Phase 2 restrictions.

By **LORE ZENT**
A&E COLUMNIST

On Nov. 18, Inslee ordered restriction modifications to Phase 2 due to the upsurge of COVID-19 cases. Among these restrictions included the closure of indoor dining for all restaurants and bars. However, restaurants can continue to seat outdoors if following the state's policies. While operations of many dining locations have temporarily been put on hold, there are still quite a few local bites to eat that offer this service.

Down below, readers can find a list of local restaurants with outdoor seating arrangements. Multiple locations offer covered or heated settings as well. Each restaurant has been categorized then alphabetized.

ASIAN

Indochine Asian Dining Lounge
Tues-Sun, noon until 9 p.m.
1924 Pacific Ave Tacoma, WA

MEXICAN

Azteca Mexican Lounge
Sun-Thurs, 11 a.m. until 8 p.m.
Fri-Sat 11 a.m. until 9 p.m.
4801 Tacoma Mall Blvd. Tacoma, WA

Cactus
Mon-Thurs, 4 p.m. until 8 p.m.
Friday, 3 p.m. until 9 p.m.
Sat, 11 a.m. until 9 p.m.
Sun, 11 a.m. until 9 p.m.
2506 Proctor S Tacoma, WA

Moctezuma's Tacoma
Every day, 11 a.m. until 8 p.m.
4102 S. 56th Tacoma, WA.

GRILLS, BARS AND PUBS

7 Seas Brewing Co.
Every day, 11 a.m. until 9 p.m.

3006 Judson St #110 Gig Harbor, WA.

Alleycat Lounge and Patio
Wed and Thurs, 2 p.m. until 9 p.m.
Friday and Sat, 2 p.m. until 11 p.m.
2708 6th Ave Tacoma, WA.

Chambers Bay Grill
Wed-Sun, 11 a.m. until 5 p.m.

Heritage Distilling Company
Every day, 11 a.m. until 7 p.m.
3118 Harborview Dr Gig Harbor, WA.

O'Malley's Irish Pub
Every day, noon until 10 p.m.
2403 6th Ave Tacoma, WA.

Pint & Pie
Sun-Wed, 1 p.m. until 9 p.m.
Thurs-Sat, 12 p.m. until 10 p.m.

The Hub Gig Harbor
Every day, noon until 7 p.m.
1208 26th Ave NW Gig Harbor, WA.

The Mule Tavern
Every day, 3 p.m. until 10 p.m.
5227 S Tacoma Way Tacoma, WA.

Zog's
Mon-Thurs, 4 p.m. until 9 p.m.
Fri & Sat 1 p.m. until 9 p.m.
Sun 1 p.m. until 8 p.m.
518 6th Ave Fi Fox Island, WA.

ITALIAN

Costella's Italian Restaurant and Market
Tues-Sat, noon until 8 p.m.
214 39th Ave SW Puyallup, WA

Crudo & Cotto
Tues-Thurs, 4:30 p.m. until 8:30 p.m.

Fri & Sat, 5 p.m. until 9 p.m.
2717 N Proctor St Tacoma, WA.

Farelli's at Point Ruston
Every day, 11 a.m. until 9 p.m.
5104 Grand Loop A Ruston, WA.

Pizzeria Fondi
Sun-Thurs, 11 a.m. until 8 p.m.
Fri & Sat, 11 a.m. until 8:30 p.m.
4621 Point Fosdick Dr #200 Gig Harbor, WA.

SEAFOOD

Anthony's At Point Defiance
Every day, 1 p.m. until 7 p.m.
5910 N Waterfront Dr Tacoma, WA.

Duke's Seafood
Mon-Thurs, 11 a.m. until 8 p.m.
Fri-Sat, 11 a.m. until 9 p.m.
3227 Ruston Way Tacoma, WA.

Fish Peddler
Wed-Sun, 11 a.m. until 7 p.m.
119 Dock St Tacoma, WA.

Steamer's Seafood Cafe
Every day, noon until 7 p.m.
8802 6th Ave Tacoma, WA.

On Jan. 14, it was announced that the Department of Labor and Industries had relaxed dining regulations after a Burlington pub owner argued that some establishments can maintain just as much airflow inside their restaurant as an outdoor arrangement by opening multiple doors and windows.

This new model of "Open-Air Dining" requires restaurants to monitor carbon dioxide levels thoroughly to ensure that there is adequate air-flow in the open-air dining room. This should allow more restaurants to reopen in the next upcoming weeks.

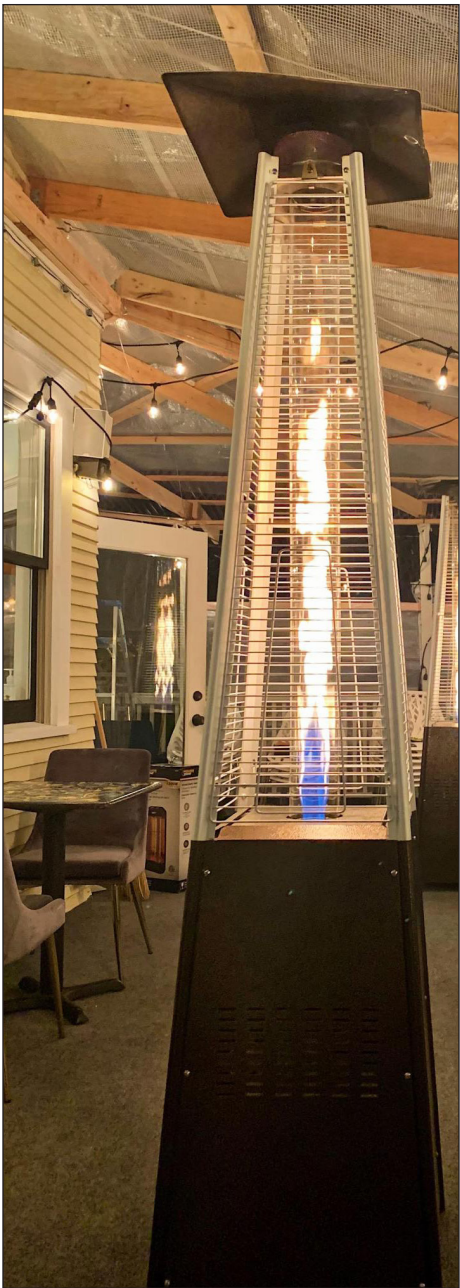


PHOTO COURTESY OF CRUDO AND COTTO
Some restaurants offer covered and heated outdoor seating

Travel vicariously during quarantine

A guide to traveling from your own home throughout the rest of the pandemic.

By **MADELINE HILLER**
A&E COLUMNIST

Here's a word no one has heard without shuddering in a long time: travel. Everyone has felt the repercussions of the pandemic, one of the most obvious ones being travel. For some, traveling includes flying to countries on the other side of the world. For others, it could be just a road trip to Leavenworth.

While places like Leavenworth can be reached with some extra precautions, other places around the globe are not currently an option to physically go to. However, there are some ways to "travel" to different destinations while maintaining a safe distance.

Travel doesn't have to be physically going to a place. Let's face it, packing up your life for a number of days, trying to remember all your important documents

and getting to where you need to be on time can be extremely stress inducing. Fear not, for there are other options, such as traveling through our favorite foods.

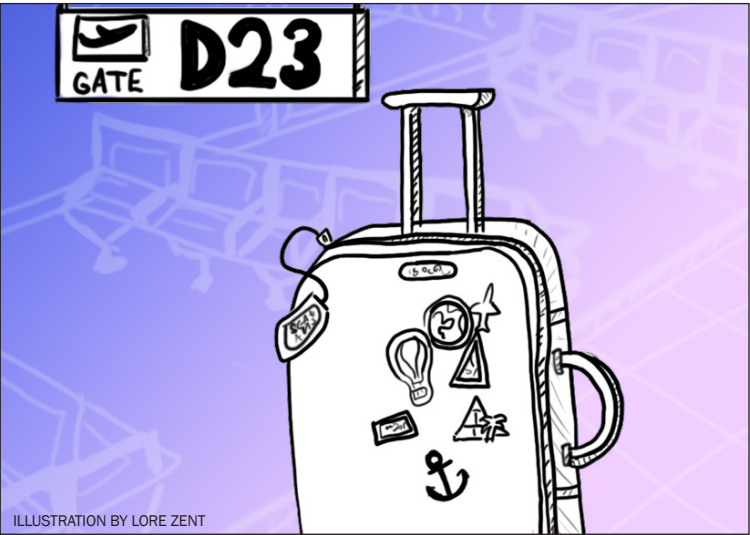
Food is probably one of the most popular factors when it comes to travel. You go somewhere for the food or you hear "the food there is amazing" when thinking about traveling. One way to keep that up is to try foods from different areas that you may not be used to ordering. Systems like Uber Eats and Doordash have access to foods from all over like Mexican, Chinese and more.

While this is the most traditional and popular option, there is another phenomenal way to try foods from everywhere. Subscription boxes. For example, Universal Yums is a subscription box that gives you snacks from around the world to try monthly. These snacks come from less popular countries like Austria, Ger-

many or The Netherlands. There are multiple subscription boxes to choose from that vary in sizes, options and, like Universal Yums, come with information that tells you about whatever country that month is focused on.

Another way to vicariously travel is via YouTube. So many creators have made videos of their travels and documented their experiences. National Geographic has informational videos if you are interested in learning about the history of different countries. If you want to see different corners of the world and see the fun things you can do there, there is a channel for that too!

The Bucketlist Family is a channel where two parents and their kids sold everything they owned to travel around the world. They go on all kinds of adventures around the world from places like Bermuda to Singapore and many islands



off of Australia and the Bahamas. It's no doubt that many of us have the travel bug right now and likely will for a little while longer. We can still travel in various different ways like these and get back to the world once it is safe. For now, we have to continue to keep each other safe. Don't worry, the world isn't going anywhere.



Mads Mikkelsen takes a role of a man slowly losing his edge, but things are about to take a turn.

PHOTO COURTESY OF ZENTROPA ENTERTAINMENTS

REVIEW

“Another Round”

★★★★★

The Good:

- Theme isn't preachy
- Very well casted and acted
- Interesting and engaging plot

The Bad:

- Not very 'comedic'
- Some of the characters lack purpose and backstory

Booze and existentialism in “Another Round”

Mads Mikkelsen could possibly stir up an Oscar nomination in this Danish Comedy.

By HENRY NGUYEN
FILM CRITIC

Thomas Vinterberg, an underrated foreign film director, came out with “The Hunt” in 2012 that starred Mads Mikkelsen and shocked audiences everywhere with its plot. Now in 2020, Vinterberg aims to shake things up a bit with this year’s “Another Round,” which takes place in Denmark and features a couple of teachers that take their experiments a bit too far.

Martin — played by Mads Mikkelsen — is an old, boring history teacher. His three colleagues are also teachers who are getting to the point where they are,

more or less, letting themselves go. One night at a dinner party, one of these colleagues named Peter — played by Lars Ranthe — proposed the theory that people are born with .5% less alcohol in their bloodstream.

At .5% people are their true selves. A less worrisome and more jovial overall better version of themselves. Thus, they start a documented experiment in which they day drink and see if anything is different that, at first, works. But this leads them to question what happens when you want to take the experience above and beyond.

At the heart of the film you have what is essentially a PSA warning

people about the dangers of alcoholism. However, this film takes an interesting twist and shows how a little bit of fun and alcohol is okay. In doing so, it avoids coming off as preachy or talking down to the viewer and instead simply shows a realistic depiction of what could happen.

Although the film is labeled as a comedy, I view it as more of a dark comedy considering some of the fairly dark moments that I couldn't discern if they were supposed to be funny or not. Overall, the humor itself is dry and cynical, which might not sit well with some audiences.

Nevertheless, the film makes up

for it with its very interesting plot that fuels despair and unpredictability around every corner. As the movie progresses, the feeling only increases as each plot point gets more and more absurd.

Mads Mikkelsen provides a stunning performance as Martin. You can feel what his character is going through in each scene. Especially in the more emotional moments where Martin doesn't know the direction his life is headed in. The way that he is able to switch from sad to defiant is seamless as well as allusive to a man going through a midlife crisis.

Mikkelsen also takes up the most

screen time out of all the other great characters in the movie, which I would have liked to see more of. The film doesn't provide much backstory on the others, which could have increased the emotional value of some of the scenes if more time had been spent doing so.

“Another Round” is a critique on the alcoholism culture in Denmark that doesn't come off preachy due to its absurd and interesting plot. If you've been meaning to check out more international films, then “Another Round” certainly won't disappoint you.

UW basketball off to a historically bad start

The Husky basketball program seems to be in a deep hole that will be difficult to get out of. What needs to be done to help turn around this program?

By BROOKS MOELLER
SPORT COLUMNIST

After losing two players to the NBA draft, one to suspension and bringing in two transfers, everyone knew that it was going to take some time for this Husky basketball team to get on a roll and build some chemistry. However, now almost two months into the season, most did not anticipate what has unfolded thus far.

At the time of writing this article, the Huskies currently sit in last place in the Pac-12 with a record of 1-11, including being winless in conference play. They are on pace for putting together the worst season in program history with one of their biggest issues stemming from their lack of competitiveness resulting in losing by 10 or more points in seven games.

The Huskies still have 10 games left to start building momentum heading into next season. Unfortunately, there are only a few winnable games left, making it all but settled that they will finish in last place in the conference. If this ends

up being the case, then this program could see a complete overhaul with players and coaches leaving.

Head coach Mike Hopkins' days at UW may be numbered as it is hard to argue against letting him go with how far this team has fallen. Hopkins is one of the nicest and most respected people you could meet and while it pains me to say that the team needs to go in another direction, it's apparent that they do.

Hopkins is a two time Pac-12 coach of the year, winning it in back to back seasons in his first two years in Seattle, including leading UW to its first NCAA tournament appearance in 2019 since 2011. However, this was with players he inherited from Lorenzo Romar's tenure and what is concerning now is the lack of development and progress from Hopkins' first few recruiting classes.

Players like Jamal Bey and Hamier Wright, despite showing flashes of hope once in a while, never developed into the players they were supposed to be and have, up to this point, been disappointments. This required Hopkins to

go to the transfer portal and bring players in from other schools where it did not work out for them. This includes Quade Green, Erik Stevensen, Cole Bajema and Nate Pryor.

Quade Green has done everything he can to carry the horrendous Husky offense averaging just over 15 points per game. But, this was not supposed to be Green's role. He should be the one dishing assists to other players but no one else has stepped up as a scorer. It was originally thought that Stevensen, as well as Bey, would be the ones to step up but this has yet to occur.

The offensive game plan has seemed bland all year and I have not seen very many adjustments. It gets to the point where it is so sloppy and unorganized that it is hard to watch.

But the Huskies under Hopkins have always been known for the dreaded 2-3 zone so the defense should be able to cover the offensive struggles right? Wrong.

Teams continue to tear up the zone and are scoring an average of 76 points



PHOTO COURTESY OF UW ATHLETICS

Quade Green lays it in in the Huskies' 81-76 loss to UCLA. Green has had to carry the husky offense averaging just over 15 points per game.

per game against the Huskies. Even with the defensive struggles, the coaching staff is adamant about sticking to the zone and refusing to switch to the traditional man defense. We simply do not have the players to run the zone effectively as teams are continuously obtaining high percentage shots in almost every possession.

What could save Hopkins' job for at least one more year is his most recent contract extension that has him signed through 2025, and would include a buyout of whatever remains on his contract,

and after this season it would sit at \$12.2 million. In the current economic climate, it's hard to see this happening but there might not be any other choice if there is so sign of improvement. But due to COVID, Hopkins may get one more year to prove himself.

The bright side is that this season will not count against any players eligibility and they all have the chance to return next year. Hopefully, this year was a gigantic learning curve for the inexperienced players and we see a massive jump next season.