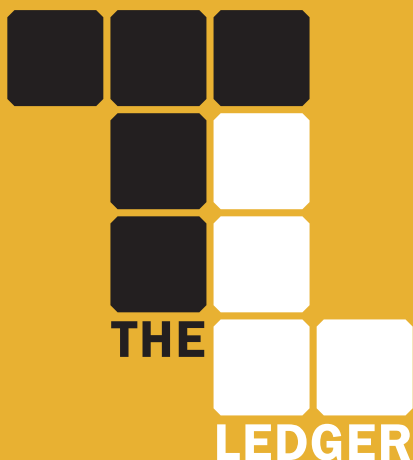


WELCOME!



UWT'S FREE WEEKLY PUBLICATION

September 17, 2018 | Volume 23, Issue 1
thetacomaledger.com



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**11 things every UWT
student should know | P. 7**



The Ledger

UWT's weekly student publication
Sept. 17, 2018 | Vol. 23, Issue 1

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Friday: 12:20–4 p.m.

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PHOTO BY LETICIA BENNETT

The University Book Store shelves are stocked with this quarter's required readings, but is this the most cost effective place to buy your books?

Textbooks for less: Where to buy your course textbooks for cheap

Are textbooks costing you as much as tuition? Here are some ways you can find them for less than what they cost at the bookstore.

BY LETICIA BENNETT
NEWS EDITOR

Regardless of whether you are a freshman or a graduating senior, you will agree that buying textbooks can be expensive. Especially in the bookstore, you might find yourself breaking the bank to purchase all the books and supplies you need for a class. Like me, you may wonder if there are ways to get your books other than through the campus bookstore. Here's a list of suggestions that might help you save money on your books:

ASK FRIENDS AND CLASSMATES WHO HAVE PREVIOUSLY TAKEN THE CLASS

Before doing anything, first ask your friends and other classmates that you know have taken the course if you can borrow, buy or have their old textbooks — odds are, they still have them. If you borrow or buy your textbooks from them, you can save yourself time and money.

RENT FROM THE BOOKSTORE INSTEAD OF BUYING THEM

Consider checking whether your books can be rented at the bookstore. Renting your textbooks can be cheaper than buying them and it's also good if you don't want to end up with books that you'll never use again. However, keep in mind that renting is not available for every textbook at the bookstore.

THE PUBLIC LIBRARY

Even though most public libraries

aren't allowed to have textbooks, they sometimes do have other books that are needed for english, writing, history or literature classes. Public libraries are great places to find books for these types of classes, and the best thing is, you can borrow them for free. If there's a waitlist on a particular book you need, make sure to put a hold on it early and also remember to check different libraries that may have items available as ebooks. Some good public library systems to check out are King County, Seattle, Tacoma and Puyallup. There may be other good public library systems depending on where you live.

THE UW LIBRARY

The UW Tacoma library has limited copies of textbooks available for checkout. The library also has some textbooks available on the library website as ebooks which are able to be viewed or downloaded as PDF files. To access ebooks, go to the UWT library homepage and search for the title of a book. Unfortunately, not every book is available at the library. This is where buying your textbooks from others locally and online become options.

OFFERUP

OfferUp is a website and mobile app that lets you sell and buy things locally. OfferUp is a good option for trying to get your textbooks because it only shows you offers from people in a certain area, and it doesn't come with the hassle of trying to buy something online. You can get products

faster locally than if you were waiting for something to be shipped to you.

EBAY

eBay is great site for bidding and buying, but did you also know that you can buy your textbooks there? Getting them from eBay might take a while depending on where the books are being sent from, but it can be cheaper than buying from the bookstore.

AMAZON

Amazon is a common choice for getting textbooks. On Amazon, you have the options of buying, renting and even selling back your textbooks. Amazon's prices for buying and renting textbooks are usually cheaper than at the bookstore and books can be rented for longer than one quarter.

CHEGG

Chegg.com is an online site that specializes in textbook rentals. On Chegg, you have the option to rent and purchase books and ebooks. Books and ebooks on Chegg are generally cheaper than some other sites and orders that are over \$35 get free shipping. Like Amazon, you can also sell back your old textbooks (beware, you don't get a lot back for selling).

BARNES & NOBLE

Barnes & Noble is another option, though I wouldn't highly recommend buying your textbooks here or on the B&N online store because they usually sell at full-price. However, Barnes & Noble does have an online marketplace that sells items for less and the

Regardless of whether you are a freshman or a graduating senior, you will agree that buying textbooks can be expensive.

store does offer deals and coupons when several items are purchased at one time (such as \$10 off \$100). You can rent books from their online store, and Barnes & Noble also buys back textbooks.

CHECK ONLINE FOR PDF FILES

As a last resort, you can always surf the web and see if your textbooks are available online as PDF files. While this doesn't always come up with results, you might get lucky.

TIPS & WARNINGS:

Be careful of scammers and other shady sites that just want your money. Especially if you want to sell back your books, make sure the site is credible and has good reviews. If you're using a site like eBay or going on OfferUp, check the seller's rating and feedback. If you can, set up accounts at multiple library systems so that you have more places to get your books if one library does not have it or if there are too many holds. If buying an older edition of a textbook, check in with your professor first to make sure it will still work for the course.

Fall Quarter glow up guide

A list chalk full of ideas to help you glow up this quarter.

By **ALEX ALDERMAN**
A&E COLUMNIST

The art of “glowing up” is an individual process that results in an extremely positive transformation of oneself. These transformations vary from physical results, such as losing weight or gaining muscle, to mental or spiritual results, such as raising your GPA or taking time to practice yoga or meditation. There are tons of resources on campus that help make glowing up easier, so consider these four ideas when thinking about how you want to glow up and start the school year right.

FIND YOUR NICHE ON CAMPUS BY JOINING A CLUB

Why glow up alone? Whether you want to make friends, pad your resume or find a sense of belonging on campus, joining a club is the best route. Major specific clubs such as the Marketing Society, Environmental Science Association, Psychology Club and more are great spaces to connect your major of study to the real world, as well as collaborate with students who have similar passions as you. UWT also offers clubs of interest and identity such as the Asian Pacific Islander Student Union, Latinx Embracing Education, Film Club, Photography Club and many more. Fall quarter is the time to join a club, and the Student In-



ILLUSTRATION BY BRUNO MARQUEZ

Peep the glow!

volved Fair on Sept. 27 — located on Prairie Line Trail — is sure to have a club that interests you.

USE YOUR YMCA MEMBERSHIP

Want to get healthier this quarter? Hit up the Y. Every student pays for a Y membership in their tuition, which means they have access to every YMCA in the country, not just the one on campus. Zumba, yoga, cycling and many

other group exercise classes are available and each schedule is posted on their website. The Y also offers FitPath appointments, allowing members to meet with health and well-being staff to establish a fitness plan tailored to the member's goals and needs. What better way to achieve your fitness goal and get your money's worth of a service that you already pay for?

UTILIZE THE TEACHING AND LEARNING CENTER

If you have your eye set on a stronger GPA or you just want help understanding tough classroom content, you definitely should visit the Teaching and Learning Center. Located on the second floor of the Learning and Research Commons in the Snoqualmie Building, the TLC offers free tutoring services to all UWT stu-

There are tons of resources on campus that help make glowing up easier.

dents. You can attend drop in tutoring sessions for a wide variety of subjects such as writing, science, math or computer science. If you find yourself having a hard time deciphering your many assignments, simply check out the tutoring schedule online and receive the help you need.

RELIEVE STRESS AND UNWIND

One of your goals may be taking time to manage stress in a healthy way. The Mattress Factory is full of stress relieving games and activities such as ping pong and foosball, but it is also home to the meditation room. Located in MAT 152, the meditation room is a peaceful space for students to relax in private. Students can use this space for meditation, prayer or just a quiet space to chill out. Utilize this room around midterms and finals week, or really whenever you feel like you need to unwind.

So fellow Huskies, take some time to write down your personal short term goals and determine how you want to better yourself this quarter.

The 8 best campus restaurants with Dawg Discounts

Find use in your Husky ID card by saving some cash at your favorite restaurants.

By **ELLA LUCENTE**
OPINION & A&E EDITOR

The new school year brings many new challenges, and finances is a huge one. From paying tuition that the financial aid won't cover, to those overpriced textbooks that you'll probably only use once this quarter, saving any extra cash is going to be essential. This is especially hard during the academic year when your class schedule gives lunch breaks and gaps between classes, and all you want to do is refuel on some *affordable* snacks.

Thankfully, businesses all around campus provide discounts to UW Tacoma students. Just by flashing your Husky ID card, certain businesses will give you what is called a “Dawg Discount” that allows students to ball on their budget.

Here are seven eateries located around campus that will allow you to use your Dawg Discount:

SAVOR CREPERIE

Have a love for French and breakfast food? Then this is the place to check out. Savor Creperie, right next door to Indochine, serves a wide array of savory and sweet crepes (French pancakes) that give you the utmost breakfast experi-

ence. Best part? With your Dawg Discount, you get 10 percent off your meal, as well as free WiFi. Definitely check it out on your next class break.

SUBWAY

Every college student worships Subway, as it is not only relatively affordable, but also healthy. With a 10 percent discount, UWT students get to save more money ... and honestly, is there anything better than that?

ROCK WOOD FIRED PIZZA

Right across from the Tioga Library Building is students' favorite pizza parlor. With a little rock n' roll vibe, the Rock has a totally rad ambiance with delicious pizza. They have more to the menu than just their pizza, but the pizza's legendary. The Rock gives UWT students a 10 percent discount with proof of their Husky Card, and it is the perfect place to unwind after a long day of classes.

ANTHEM COFFEE & TEA

Anthem is the only coffee shop on campus that gives UWT students their Dawg Discount. With 10 percent off of a purchase and free WiFi, you are able to sit and study with friends at leisure. Suggestion: get the Sunrise (Full Throttle energy drink with raspberry syrup), it's delicious.

BUBBLES TEA

Bubbles serves a wide arrange of bubble tea, milk tea and smoothies that you won't want to miss out on. They have tapioca, jellies and popping boba that you can add to your drink to give it a more flavorful sensation. Starting at the beginning of October, all UWT students will be able to receive 10 percent off of their drink with their Husky card, in addition to Bubbles' punch cards that earn you a free drink for every five you purchase.

INDOCHINE ASIAN DINING LOUNGE

Located under the Cherry Parkes building, Indochine gives a 10 percent discount to UWT students, as well as free WiFi. This is the perfect place to study, as you can enjoy some authentic asian cuisine in a cute and quaint setting.

PHO THAN BROTHERS

Knowing Washington's weather, pho is always a good choice on a nice, cool day. Located right next to Jimmy Johns on campus, Pho Than Brothers gives UWT students a 10 percent discount off their meal. Next time the weather is atrocious, head down to the pho restaurant and warm up with some yummy Vietnamese soup.

THE SWISS

See that humungus “W” on campus?



PHOTO BY ELLA LUCENTE

Indochine, accessible via Cherry Parkes, is one of the many places on campus to take advantage of Dawg Discounts.

Right across the street is where The Swiss is located, and they give amazing deals as well. With 10 percent off any meal except for during Happy Hour and discounted items, you can enjoy live entertainment while you eat. The Swiss is another student favorite on campus, as there are Taco Tuesdays and multiple sporting events that they host.

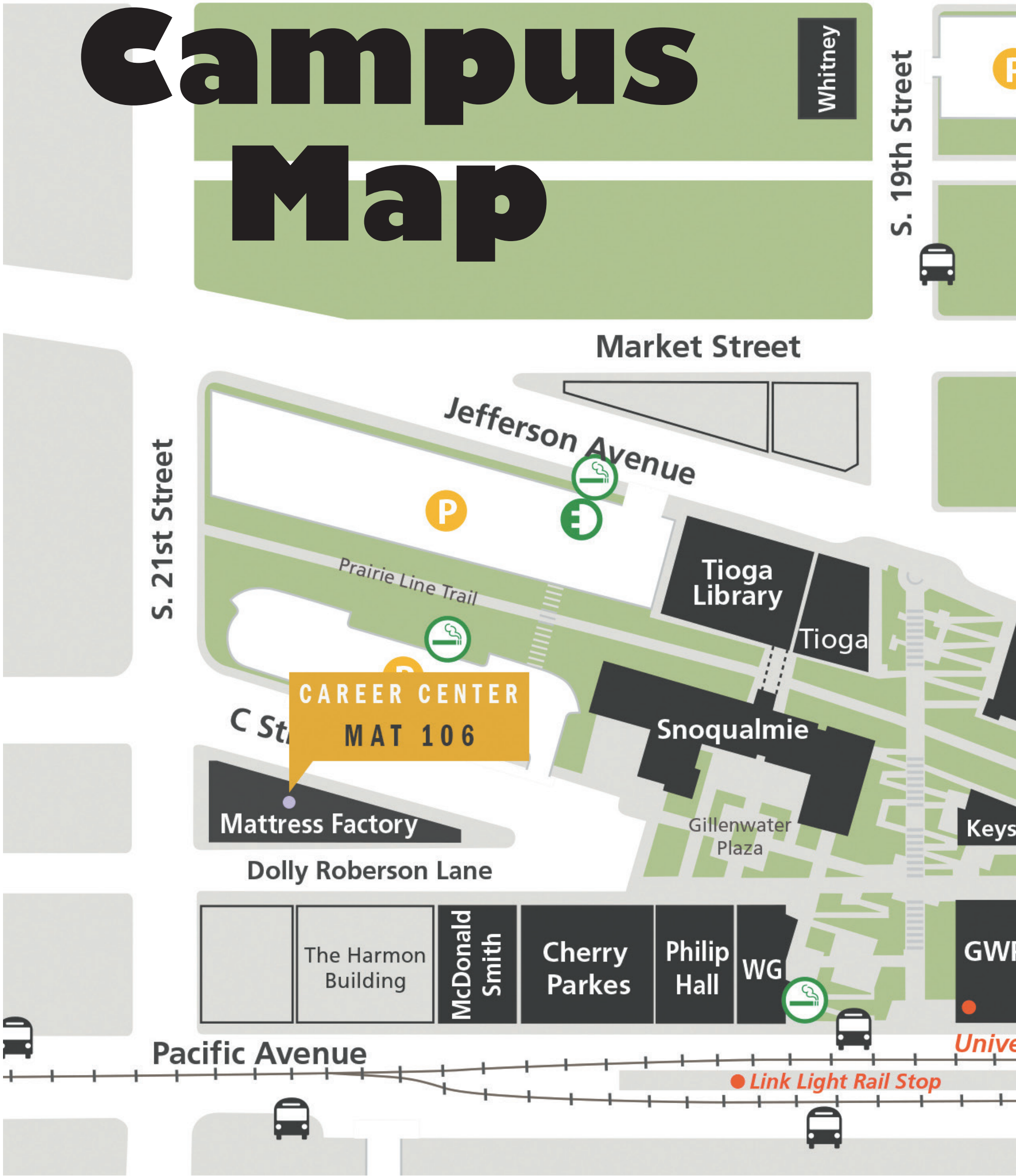
HONORABLE MENTION: THE HARMON

The Harmon Brewery and Eatery may not accept Dawg Discounts yet, but

they have some really great weekly specials that every college student should know. From Taco Tuesdays with \$5 margaritas and \$7 street tacos to 75 cent wings on Wednesdays, the Harmon has fabulous deals along with free live music, trivia nights, and great servers that have you leaving feeling full, entertained, and refreshed.

Let's kick off this school year right by saving some money, and eating with the help of our Husky ID cards!

Campus Map



Fawcett Avenue



WinCo Foods

The Supermarket Low Price Leader®

LOW PRICES • Every Aisle • Every Department • Every Day

WinCo Coupon Savings #9295

Clif Bars
Displayed Varieties,
6 Pk.-2.4 Oz. Bars

\$2.98 Ea.

Limit 1
One coupon per family. Good at the Tacoma WinCo Foods location. No photocopied coupons. Effective Sept. 17 - Oct. 1, 2018.

0 41144 92471 5

WinCo Coupon Savings #9063

WinCo Foods Sparkling Water

\$1.98 Ea.

Displayed Varieties, 12 Pack - 12 Oz.

Limit 2
One coupon per family. Good at the Tacoma WinCo Foods location. No photocopied coupons. Effective Sept. 17 - Oct. 1, 2018.

0 41144 92349 7

WinCo Coupon Savings #9015

Nissin Cup Noodles

\$1.98 Ea.

Beef, Chicken or Shrimp, 12 Pk.-2.5 Oz.

Limit 2
One coupon per family. Good at the Tacoma WinCo Foods location. No photocopied coupons. Effective Sept. 17 - Oct. 1, 2018.

0 41144 92257 5

WinCo Coupon Savings #9320

Galbani String Cheese

\$1.48 Ea.

12 Oz.

Limit 2
One coupon per family. Good at the Tacoma WinCo Foods location. No photocopied coupons. Effective Sept. 17 - Oct. 1, 2018.

0 41144 92368 8

WinCo Coupon Savings #9296

Jack Link's Beef Jerky

98¢ Ea.

Displayed Varieties, 2.85 Oz.

Limit 2
One coupon per family. Good at the Tacoma WinCo Foods location. No photocopied coupons. Effective Sept. 17 - Oct. 1, 2018.

0 41144 92472 2

WinCo Coupon Savings #9297

Pringles Potato Chips

48¢ Ea.

Displayed Varieties, 4.9-5.5 Oz.

Limit 2
One coupon per family. Good at the Tacoma WinCo Foods location. No photocopied coupons. Effective Sept. 17 - Oct. 1, 2018.

0 41144 92473 9

WinCo Coupon Savings #9298

Jolly Time Microwave Popcorn

48¢ Ea.

Displayed Varieties, 3 Ct.

Limit 2
One coupon per family. Good at the Tacoma WinCo Foods location. No photocopied coupons. Effective Sept. 17 - Oct. 1, 2018.

0 41144 92474 6

WinCo Coupon Savings #9299

Dannon Triple Zero Greek Yogurt

48¢ Ea.

Displayed Varieties, 5.3 Oz.

Limit 4
One coupon per family. Good at the Tacoma WinCo Foods location. No photocopied coupons. Effective Sept. 17 - Oct. 1, 2018.

0 41144 92475 3

Prices effective September 17 - October 1, 2018.

1913 S. 72nd Street
Tacoma, WA 98408

WinCo Foods
An Employee Owned Company

Everyone Saves...
No Membership, No Card Required

Cash, Check, Debit, and EBT transactions are welcome.
We do not accept credit cards.

wincofoods.com



11 tips and tricks every UWT student should know

From free Amazon Prime to free admission to the Tacoma Art Museum, UWT students have the best perks in town.

By **JENNY LAM**
A&E COLUMNIST

There are 11 things that I believe every UWT student should know. I wish someone told me them when I first entered college instead of having to discover all these things by myself with only one year left to reek in all the benefits. So you don't suffer the same fate, here's some tips you should know from the get go that will help you not only financially, but mentally as well:

1 YOUR UW TACOMA DEGREE IS NO DIFFERENT THAN A DEGREE FROM THE SEATTLE CAMPUS. THEY BOTH WILL SAY UNIVERSITY OF WASHINGTON REGARDLESS OF WHICH CAMPUS YOU ATTENDED.

Don't sweat it if you didn't get into UW Seattle, if we're being completely honest here, many of us didn't get accepted into the Seattle campus. However, as a UWT student, you are allowed to take classes at the Seattle campus, participate in any of the events and activities they have to offer or any of the various study abroad programs they host.

2 WEST COAST GROCERY HAS CHEAPER COFFEE THAN STARBUCKS.

\$1.88 for a 24 ounce coffee, but lets

not forget the extra 15 percent off when you use your Husky ID. It beats paying \$5 at Starbucks which will add up in the long-run.

3 THERE IS FREE PRINTING IN THE COMPUTER LABS AND CENTER FOR STUDENT INVOLVEMENT — PRINTER AND PAPER ARE BOTH PROVIDED.

No need to bring your own paper to print at one of the printing stations around campus or pay to use the printer at the library. Just head over to one of the computer labs located in Cherry Parkes room 005 or Walsh Garner room 108 if you need to print in black and white. Color printing is available at the Center for Student Involvement inside of the University Y across from Court 17.

4 YOU CAN CHECK OUT MACBOOKS, DIGITAL SLR CAMERAS, VIDEO CAMERAS AND MUCH MORE FROM THE IT HELPDESK.

Students can checkout media equipment from the IT Helpdesk in WG 108. Equipment is available on a first-come, first-served basis for checkout periods of up to one week. The following equipment is available to checkout: Macbooks, Windows laptops, boomboxes, data projectors,

digital SLR cameras, digital still cameras, headphones, laser pointers, lighting kits, microphones, speakers, transcribers, tripods and video cameras.

5 FREE FOOD AND HYGIENE PRODUCTS ARE AVAILABLE FROM THE PANTRY IN DOU 104.

The Pantry provides free supplemental, nutritional and culturally relevant food as well as hygiene items to all UWT students. You can stop by Monday through Friday from 9 a.m. to 5 p.m., or complete a food request form online. There is a limit of 10 food items and three hygiene products per person, per week. There are diapers and baby wipes if you have little ones, as well as donated winter essentials like jackets, gloves, hats, scarves and socks.

6 CAMPUS SECURITY WILL GIVE YOU A RIDE TO YOUR CAR OR CLASS IF YOU FEEL UNSAFE TO WALK AT NIGHT.

Do you have any night classes that run after 6 p.m.? Feeling a little uncomfortable or scared that your car is parked up the hill in an alley away from campus? No worries. Just call campus security at 253-692-4416, explain your situation and they'll be more than happy to drive you to your car or Court 17 — student safety is always a prior-

ity. Campus security is available 24 hours a day, seven days a week and 365 days a year.

7 YOU CAN GET AMAZON PRIME FOR FREE WITH YOUR UW EMAIL.

Textbooks can be pretty expensive from the campus bookstore, but fear not. As a student, you are eligible for a free six-month trial of Amazon Prime which can be used to rent and purchase textbooks at lower prices than the bookstore. After the six-month period, it's only \$50 to continue your yearly membership. Amazon Prime includes free two-day shipping, Prime Video, Prime Music, Prime Reading, Prime Wardrobe and more exclusive offers. Just simply sign up through Prime Student with your uw.edu email.

8 THERE IS FREE 3D PRINTING FOR ALL UWT STUDENTS.

From 3D animal sculptures to phone cases, to chess pieces and smartphone stands, UWT students are allowed to use the campus' 3D printer. Just no weapons or sexually explicit items. Stop by WG 108 to learn more.

9 FREE PARKING ON THE SIDE OF AND BEHIND THE UNIVERSITY Y.

Paying for parking can truly be a

pain because it eventually all adds up. But there are several free parking spaces around campus, you just need to be quick enough to snatch a spot. In front of the University Y, there is a free two hour limit parking area that can hold around eight cars, as well as free parking on the side of and behind the building without a time restriction. It can fill up pretty quickly, but it's worth checking when you're trying to find a place to park.

10 THE CENTER FOR STUDENT INVOLVEMENT SELLS MOVIE TICKETS FOR A FLAT RATE OF \$7.

At the University Y in room 107, the Center for Student Involvement sells movie tickets to participating Cinemark theaters for just \$7. These tickets are good for any movie at these participating theaters. Just make sure to bring your student ID with you when you buy your tickets.

11 UWT STUDENTS GET FREE ADMISSION INTO THE TACOMA ART MUSEUM.

Any day and anytime, UWT students just need to bring their student ID to the front desk at the museum in order to redeem this amazing offer. Students also get an extra 10 percent off on their purchase inside the TAM cafe.

WELCOME BACK

UNIVERSITY OF WASHINGTON TACOMA

NEW AT THE HARMON: A UWT MENU & THE UNIVERSITY OF WASHINGTON ROOM

HARMON TURNS 21

FRIDAY | SEPTEMBER 28TH | 8PM | 21+

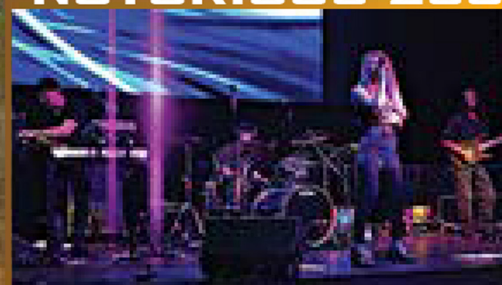
WANZ



2 TIME GRAMMY WINNER



NOTORIOUS 253



#1 TOP 40 BAND

COMING UP

HARMON OKTOBERFEST

FRIDAY SATURDAY SUNDAY OCTOBER 5-7

FRI OCT 5TH: 5PM-8PM BREWER'S BEER DINNER (CALL FOR RESERVATIONS SPACE IS LIMITED)

SAT OCT 6TH: 3PM-6PM TAP FIRKIN KEG & STEIN HOLDING FINALS

SUN OCT 7TH: 5PM-8PM SMILIN' SCANDANAVIANS POLKA BAND

HARMON PAC AVE | 1938 PACIFIC AVENUE | TACOMA WASHINGTON 98402 | (253) 383-2739



Fall Quarter Mood Playlist

BY ALEX ALDERMAN

SHUFFLE PLAY

TITLE	ARTIST	MOOD
Without You	Oh Wonder	When your only friend in class skips and you have to endure it alone
Lover Is a Day	<div>EXPLICIT</div> Cuco	When you are swooning over your bio lab partner
You've Haunted Me All My Life	Death Cab for Cutie	When you are up late studying and contemplating your entire existence
Missed Calls	<div>EXPLICIT</div> EARTHGANG	When you agreed to go out with friends, but now that it's time to go, you would rather do literally anything else
RUUUN	Duckwrth	When the professor decides to actually teach on the first day of class
It Was A Good Day	<div>EXPLICIT</div> Ice Cube	When it's been 15 minutes and the professor still hasn't showed up for class
The World Is Yours	<div>EXPLICIT</div> Nas	When that financial aid direct deposit hits
Is This Love	Bob Marley & The Wailers	When your friend pays for your food when you go out
Where Is My Mind?	Pixies	When you're tired from staying up the night before and start zoning out in class
God's Plan	Drake	When you're at a campus event and you see the Domino's guy walk in
New Person, Same Old Mistakes	Tame Impala	When the test is tomorrow and you haven't got a clue about the material
Lover's Lane	<div>EXPLICIT</div> Lance Skiiiwalker	When you're chillin' in your dorm and you get that 'you up?' text
Something About You	LEISURE	When you are so lonely that you start wondering if Hendrix the Husky is single

Heads Up: You can get Spotify Premium plus Hulu and Showtime for \$5/month
spotify.com/us/student/

Get The Playlist >

