

THE LEDGER

UNIVERSITY OF WASHINGTON TACOMA

GRATITUDE FOR GOOD FOOD



Teacher Spotlight: Meet Professor Tony Perone

Teacher of Psychology and Human Development

By **MADELINE HILLER**
News Reporter

Dr Tony Perone teaches classes that handle psychology and human development on campus. He enjoyed classes in arts and languages in college and reminds students to be grateful for any journey your life is on. The Ledger had the opportunity to sit with Dr. Perone, and talk about his interest in his field, his time at UW Tacoma, and some fun facts about him outside of school life.

WHERE DID YOU ATTEND COLLEGE?

“My bachelor’s degree is in Applied Language studies from Cornell University. My graduate work was done at the University of Illinois at Chicago. My master’s degree is in Education and my doctorate is in Educational Psychology with a concentration in human develop-

ment and learning.”

WHEN DID YOU KNOW YOU WANTED TO PURSUE YOUR FIELD OF STUDY?

“My favorite classes as an undergrad were in the arts and languages. I took many classes in acting, writing, literature/poetry, languages other than English, and linguistics. Two of these classes stand out and sparked a journey that I’m still on today. One was an introduction to acting class. This class was the first experience I have ever had in a formal learning environment where I was invited to explore my total, integrated self: physical, emotional, social, spiritual and intellectual. The second one was an advanced Spanish conversation class where we made our own stories and filmed them in Spanish. It was such a powerful, fun course and one like I had never experienced before, especially in a language learning

context. Both of these classes, and my undergraduate honors thesis on teaching and learning languages through drama, improvisation and movement, ignited my interest in play and performance as a revolutionary activity for teaching, learning and community building.”

WHAT CLASSES DO YOU TEACH?

“I teach introductory psychology and different courses in human development, such as lifespan development, adult development, culture and development and lifespan imaginative play. I also teach a course in our graduate program in interdisciplinary studies.”

WHAT DO YOU LIKE BEST ABOUT UWT?

“I love the diversity of programs and people here at UWT and I am honored and grateful to be a part of this community.”

WHAT ARE YOUR HOBBIES OUTSIDE

OF TEACHING?

“Meditating, practicing yoga, and learning about Ayurveda and additional non-Western approaches to healing and wellness. Doing puzzles such as cross-words and Sudoku. Co-creating arts-based activities such as improvisation and humanitarian clowning. I’ve played and clowned with amazing people from around the world and learned with/from Dr. Patch Adams. Singing with others in kirtans and improvised singing circles. Watching RuPaul’s Drag Race and attending drag performances.”

WHAT ADVICE CAN YOU GIVE STUDENTS?

Honor and be grateful for the life journeys you are on. Set the intention to listen to your heart and quiet the voice of fear or doubt. Be a builder with others of activities that serve our collective development and learning.”

FUN FACTS

- I love the many nicknames people offer/call me. Some of them include: Buddy, Dr. Avo, and Dr. P.
- In my 20’s, I visited 17 cities in 60 days via Greyhound and stayed in hostels and with friends around the USA. My favorite cities on that trip were Chicago and San Francisco.
- One of the proudest and most fun moments of my life was competing in the Illinois Regional Yoga Competition in 2013.
- I rarely need an alarm clock and I have a really good “internal Tony clock” that tells me “how long things take” and even “what time it is.”
- My spirit animal is a penguin.

Huskies in the hallway:

COMPILED AND PHOTOS BY ELLA LUCENTE AND LAUREN ZENT

How do you celebrate Thanksgiving?



Kaitlyn Podesta
Freshman
Pre-major

“Meeting at my grandparents house to eat Thanksgiving [food], and be with family.”



Joshua Wagner
Freshman
Pre-major

"So, we have Turkey. Then think apple pot pie mixed with cobbler, that's my moms apple crisp. Some nice mash potatoes then we have one of my grandmother's recipe for sweet potatoes which has brown sugar and butter."



Riley Mills
Junior
Psychology Major

"I have a huge family so I go to my grandma's brother, my great uncle's house. We literally have tables and name cards where you need to sit. Everyone brings so much food. We all go up in a line and serve ourselves and there's a desert table. It's really a big event."



Aiyana Joseph
Senior
Psychology Major
Business Minor

“Talking with my family and working on hobbies.”



Shona “Toi” Stevens
Faculty
Education Opportunity
Center Adviser

“My crazy family is going to my cousins house to celebrate.”

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Burglary and theft are number one crimes around campus

Metro Coffee: another victim in the most prevalent type of crime around campus.

By Mitchell Fermo
News Editor

It was a foggy morning when UW Tacoma campus officers and Tacoma Police responded to a witness' report of a burglary at Metro Coffee on Nov. 5. Among the stolen goods from the shop included food and an expensive card reader. Currently, they have only been able to accept payment in cash with the loss of their equipment.

"It's disheartening being broken into as a small business," said Diana Stewart, assistant manager at Metro Coffee. "It's just upsetting. It feels kind of violating when someone gets up in your space like that."

The burglary at Metro Coffee is the first burglary of the school year, but there have been several other cases of property crimes. Property crimes are the most reported type of crime around UWT this quarter so far. There have been a combined 12 crimes related to robberies, burglaries, thefts, attempted thefts, stolen vehicles and vehicle prowls on and around the UWT campus since Sep. 25, with half of those from vehicle prowls alone.

UWT Campus Security Sergeant

Robert Whitfield explained that vehicle prowls have always been a problem for as long as he has worked here, and that they are not just a UWT problem.

"Vehicle prowls are pretty much a constant in the downtown area in general," Whitfield said. "That is probably our number one thing that's happening here that is just a nuisance to us."

"Vehicle prowls are pretty much a constant in the downtown area in general."

The main thing about the vehicle prowls is most of the time it is crimes of opportunity that happens. We always tell folks no matter how insignificant you think whatever you leave on your seat in the vehicle is, don't leave it there. Someone who's prowling vehicles, that's the first thing they look for."

Whitfield also stated that this time of year typically sees an increase in vehicle prowls due to the amount of gifts being purchased for the holiday season. However, thieves have picked car doors

and broken windows for simpler things, like gym bags and clothes.

UWT employs 11 officers and two sergeants who patrol the campus — from 17th to 21st Streets and from Pacific to Tacoma Avenues — and work closely with the Tacoma Police Department. Whitfield has been a part of the campus for the past 24 years, first working as contracted security before becoming a fulltime employee for UWT in 1999.

Despite the persistent nature of vehicle prowls, Whitfield said that the area has become safer over the years.

"I will say that over the years I have been here, it has become so much safer downtown," Whitfield said. "The crime levels are lower. One thing [is] because of the improvements made to the downtown area in the 20 years I have been here ... A lot of things on this end of town were basically just ruins — crime-infested areas. [UWT] moved into here. The [Greater Tacoma] Convention Center moved in. Restaurants have moved in. We've had different services that started downtown here. The parking enforcement folks that do the general area parking, they provide presence also out here."

According to the 2019 Annual Security and Fire Safety Report, there was an overall decrease in major crimes around campus during 2018, at only six criminal offenses compared to 2017's 15 criminal offenses. Crimes such as murder, sex offenses, robbery, burglary, motor vehicle theft, stalking and domestic and dating violence all fall under criminal offenses on the annual report.

There was also a reduction in disciplinary actions taken for liquor and drug law violations in Court 17, from 20 violations in 2017 down to 13.

As for Metro Coffee, Stewart has said that the community's response has been overwhelmingly supportive for them.

"We really appreciate the reaction from everybody on campus, because the students and the faculty have all been really great," Stewart said. "They set up a GoFundMe for us. Everyone has been really understanding about us not having a card reader for the time being and going to get cash for us and making donations. It makes us feel very loved."

Regarding the thief, Stewart had this to say about them:

"I hope they feel stupid for taking a card reader they can do nothing with."

"The crime levels are lower [....] A lot of things on this end of town were basically just ruins — crime-infested areas. [UWT] moved into here. The [Greater Tacoma] Convention Center moved in. Restaurants have moved in. We've had different services that started downtown here. The parking enforcement folks that do the general area parking, they provide a presence out here, also."



Metro Coffee was burglarized on the morning of Nov. 5. A UWT Campus Watchdog Alert was sent out via email notifying students, faculty and staff of the incident.



Food insecurity on campus and The Pantry's work to destigmatize the issue

With Thanksgiving just around the corner, food security is an important topic.

By **ANDREA NADAL**
NEWS REPORTER

The Pantry & Resident Assistants hosted a homemade soup lunch in Court 17's community lounge on Nov. 19 in an effort to both raise awareness around food insecurity and the resources available to students facing this, but also to help destigmatize the reality of being food insecure and the use of such resources.

"[It] provided students an opportunity to share a home cooked meal with one another by using ingredients commonly found in the Pantry," said Nedralani Mailo, one of the program support supervisors at the Center for Equity and Inclusion. "The dish was really delicious and made by one of our Pantry workers. We hope that through example, we can share delicious meals using Pantry items. Through this, we hope we can normalize the use of The Pantry for our

student population."

The Pantry is a program here on campus that provides free nutritious and culturally relevant food, as well as hygiene products, to all UW Tacoma students. The goal is to support students who may be unable to obtain basic needs for themselves and their families. For this program, the Center for Equity and Inclusion — who oversees The Pantry — partners with Nourish Pierce County in order to provide these necessities to the student body.

One student worker at The Pantry said that they are thankful for The Pantry because they have been able to access fresh and nutritious foods for their family.

Beyond their typical services, the CEI has partnered with several other organizations on campus to put on Pantry Drives to collect more items to stock their shelves and to raise awareness of the program. One such drive is going on right now, and ends

Dec. 4. There are boxes located around campus for students, faculty and staff donations. Both student and combined faculty/staff boxes are located in Cherry Parkes, the Center for Service and Leadership, Dougan, The Y Center and West Coast Grocery.

There is a competition between students and staff for bragging rights, as well as a competition between the Registered Student Organizations, with the winning organization receiving an additional \$100.00 maximum limit to their RSO Operations Fund for the school year.

An initial survey back in 2013 showed that on UWT's campus, food insecurity affected roughly 30 percent of the student population.

Back in the 2016–2017 academic year, The Pantry had a total of 878 total visits. Moving up from there, the 2017–2018 academic year saw a total of 2010 total visits. In the 2018–2019 academic year, that number

continued to rise all the way to 2904 visits. In just the beginning months of this school year, The Pantry has already seen a total of 547 visits.

When asked why she thought this growth trend was occurring, Mailo attributed it to both a mix of increased awareness of the service as well as growing need for the service among the population of students and as such would like to see another, more representative survey done of the student population.

The Pantry services may be utilized once per week and students must bring their UW student ID or any information reflecting current UWT enrollment. Students can stop by during weekly drop-in hours; The Pantry is open Monday through Friday from 9:00 a.m. – 5:00 p.m. Students can also fill out an online food request form to ensure that any student that needs this service is able to access it.

If you do not have a need to utilize

the Pantry's service, but would like to help out by donating, then here are some guidelines set out by The Pantry for any and all donations. The Pantry accepts all food and hygiene item donations. However, it is important to note that they are unable to accept items that are damaged, expired or open. They do have a refrigerator and a freezer which allows them to store perishable items such as produce and dairy products.

They also ask that people are mindful with any donations and to ensure that you keep the students in mind when donating. When a drive is not happening, and boxes are not located around campus, items can always be dropped off directly at The Pantry.

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For monetary donations, you can visit
The Pantry's page on UWT's website
and click the button that says "Donate
Here!".
.....



The Pantry is located in Dougan 104.



PHOTO BY NICKOLUS PATRASZEWSKI

Teaching and Learning Center expands staff

With an increasing number of student usage, the TLC hires more consultants.

By **LAUREN ZENT**
NEWS REPORTER

Due to an increasing workload, the Teaching and Learning Center has expanded by hiring multiple new consultants. This past quarter, they have hired two new math and computer science tutors. The most highly requested quantitative appointment is advanced mathematics counseling, followed by a tie between biology and chemistry, pre-calculus and computer science. For writing, most students primarily request help on citations and brainstorming for paper ideas

within a course's requirements.

"UWT has a strong value for access," stated Dwayne Chambers, associate director and quantitative consultant at the TLC. "Access is really good, but not everyone comes into UWT at same level, so there is sometimes a need for students to get extra help to get up to pace. If we are gonna admit more aggressively we need to work hard to make sure."

The Teaching and Learning Center contributes a variety of tutoring and academic resources to UW Tacoma. Students who seek guidance on their academic coursework may arrange ap-

pointments with peer or specialist consultants at the TLC. These consultants can provide insight and strategies to a variety of subjects such as economics, writing, science, Spanish and math. The TLC staff is also able to provide feedback on resumes and cover letters.

For quantitative studies, students are encouraged to drop-in at the TLC to meet with consultants. For assistance with writing, students are able to schedule 25 or 50 minute appointments and have the option to choose between online or face-to-face meetings.

Willow Raeburn, peer writing consultant, offered one reason for the in-

crease in usage.

"Students are becoming more aware we exist, and are becoming comfortable with coming in," Raeburn said.

Due to the increasing number of students making appointments at TLC, they are hoping to expand their space to a larger area.

"We can't help but expand, we are fairly at capacity," Raeburn said. "I think especially for writing appointments it's hard to find a quiet place to work."

Cara Farnell, the TLC's Program Coordinator, went on to explain why they are a key element to student's learning and growth.

"[The TLC] helps someone go more in depth," Farnell said. "Teachers don't always have the time to go over information and work with everyone."

Raeburn expanded further, explaining the importance of the TLC's services to the UWT campus.

"Everyone deserves their ideas to get across" Raeburn stated "To help make sure that you are communicating so others can hear you."

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For more information about the
Teaching and Learning Center, go to
tacoma.uw.edu/tlc or call
253-692-4417.
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Leave food trucks and Wi-Fi out of our national parks

The proposal to introduce Wi-Fi and food trucks to national park campgrounds threatens crucial preservation efforts.

By **ALYSSANDRA GOSS**
MANAGING EDITOR

You're on your way to an exciting day at Mt. Rainier National Park. After days of careful planning and expectation, you are finally onward to the relaxation nature provides. In fact — as you drive along the gentle twists of the road — you can already feel your tension melting away into nothingness.

However — upon arrival to the campground — your newfound relaxation disappears and you're overwhelmed by a Disneyland-Esque ambiance. Somehow, the pristine nature Mt. Rainier promises has been overrun by big food and delivery trucks. A once serene environment is overcome with rampant individuals texting and enjoying unlimited Wi-Fi.

You're left dazed and confused, wondering what happened to your place of peace. No longer is the park a place of refuge, but, instead, it is a modernized, technology consumed extravaganza.

Unfortunately, this may soon become a dreaded reality for individuals who use nature as an escape route.

The recent proposal — introduced by the Trump Administration — seeks to introduce Wi-Fi, food trucks, and delivery services to national park campgrounds. Such an idea continues to take

the internet by storm — with both strong support and opposition across the nation.

While the notion of modernizing the park may seem barbaric to some, the National Park Service contends it will increase revenue and modernize campgrounds.

For instance, the NPS formulated that approximately 9.2 million people stayed in campgrounds last year, and the majority of these individuals were young and diverse. Considering the change in community, the push to modernize does not come as a surprise — especially since food trucks and delivery systems are increasingly popular commodities.

If campgrounds become more user-friendly and promise to provide comfortable amenities, then national parks should — in theory — encourage people to venture into the great outdoors.

Furthermore, the installation of food trucks and Wi-Fi will encourage individuals and families to camp for longer periods of time. If they don't need to provide their own food or worry about losing touch with the "real" world, then time will be less of an imposition.

However, it is difficult to comprehend modernization in this context — especially since national parks were initially created to protect portions of U.S. land from human im-

pact. Introducing elements of modern reality could jeopardize the true meaning of their implementation.

Opposition to this proposal stems from concern about the influx of people, and inevitably trash, that will ensue upon population-sensitive campgrounds. After all, the presence of food trucks and delivery systems — with readily accessible Wi-Fi — will encourage high consumption rates.

If this proposal becomes commonplace, the true essence of these parks will become obsolete.

The national park camping experience will become nothing more than an opportunity to produce Instagram-worthy posts of food truck discoveries — complete with the trash to prove it. While there is nothing inherently wrong with this scenario, it raises several concerns regarding the legitimacy of transforming our nation's campgrounds into an outdoor buffet.

If the NPS wishes to fulfill their role as guardian of recreational resources, then deliberate collaboration of this proposal must be enacted.

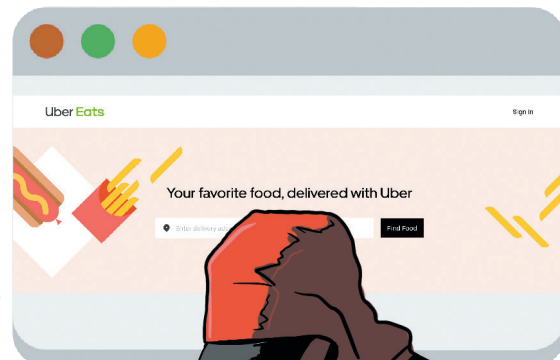


ILLUSTRATION BY BRUNO MARQUEZ

3 ways to give during Thanksgiving

Learn why Thanksgiving is a time for altruism.

By **CHRISTIAN BELL**
OPINION EDITOR

Thanksgiving is more than gorging on supple turkeys drenched in gravy or preparing for Black Friday sales. It's a time for remembrance, family and giving. However, when we use the word

'giving' in this context, it's limited to murmured words of thanks for the gifts life has bestowed on us. While it's okay to be grateful for what we have, it's also important for us to seek opportunities to give back. Life is not about what we get but what we give. It's time to give our words legs and use Thanksgiving as

an opportunity to give to others. Here are a few ways how:

GIVE YOUR TIME

Time is a precious gift to give because it is limited and irretrievable. Therefore, you should give your time meaningfully. Don't waste your time having fruitless arguments at the dinner

table. Instead, when spending time with family members, try to find ways to be of assistance — be it making an elder a plate of food or helping the host clean up after the meal. Consider volunteering time at your local food bank. As a child, I loved visiting my great grandfather in the nursing home and interacting with other nursing home residents. Oftentimes, those in nursing homes do not receive consistent visits. Perhaps brighten someone's day by spending a few minutes visiting a nursing home or chatting with a neighbor. You'll be surprised by how just a few minutes of your time can make someone's day or week.

SUPPORT A GOOD CAUSE

Charitable nonprofits rely heavily on individual donations. In fact, one report from Giving USA found 68 percent of total charitable giving in the US came from individuals. From the Tacoma Rescue Mission to the Pierce County YWCA, there are so many organizations in need of financial support to continue the great work they're doing in our community. If you need help narrowing down which cause to support, consider reading the organization's mission statement to ensure your interests are aligned. For example, if you're

concerned about food insecurity you might consider donating to NOURISH Pierce County whose mission is to provide nutritious food and support services to people in need with compassion, dignity and respect. You can support a cause by starting a Facebook campaign to raise funds, sponsor a family in need or bring awareness to a cause at the 2019 Tacoma City Turkey Trot.

SHARE YOUR TALENTS

Got a talent? Share it with the world! If you're a great cook consider bringing in a yummy dish to share at work your coworkers, a neighbor or bring as an extra dish for your family dinner — because who doesn't like more leftovers? Perhaps you're excellent at make up, good with cars or have a talent for writing. If so, drop some tricks and tips you've picked up along the way on your social media timeline. Or if you're a great singer you may consider participating in the sixth annual interfaith celebration of gratitude. The inter-faith drop-in choir is open to all. For more information about the rehearsal and sheet music please visit: <https://associatedministries.org/interfaith-engagement/annual-interfaith-celebration-of-gratitude-at-thanksgiving/>



ILLUSTRATION BY BRUNO MARQUEZ

Native perception of Thanksgiving

As Thanksgiving approaches, many people prepare to celebrate, and as this day is for celebration, it is a day of mourning for others.

By **BENGISU INCETAS**
OPINION COLUMNIST

It's that time of year again. Thanksgiving, a holiday that many Americans and Canadians celebrate for the purpose of remembrance and being thankful. It is also commonly known for the harvest feast of 1621 between the Plymouth colonists and the Wampanoag Natives.

While many view this as a day of celebration and blessings, others view it as a historically upsetting day. Native American artist and author Sherman Alexie, stated his opinions on the holiday in an interview. "You take the holiday and make it yours. That doesn't strip it of its original meaning or its context. There's still the really sad holiday as well. It is a holiday that commemorates the beginning of the end for us, the death of a culture. I guess you could say Thanksgiving is also about survival, look how strong we are."

"This is the problem with history. If you make the victim disappear, there is no crime. And we just disappeared."

Winona LaDuke, a Native American environmentalist, also gave her opinion about the American misconception of Native Americans. "People know nothing about us, but they like to dress up like us or have us as a mascot. We are invisible. Take it from me. I travel a lot, and often ask this question: Can you name 10 indigenous nations? Often, no one can name us. The most common nations named are Lakota, Cherokee, Navajo, Cheyenne and Blackfeet — mostly native people from western movies. This is the problem with history. If you make the victim disappear, there is no crime. And we just disappeared."

The true history of Thanksgiving has been engulfed in forgetfulness and lack of knowledge. The history of Native Americans as well as the variety of Native American tribes are not being taught properly as they should be in the K-12 system. In fact, a lot of students do not receive an actual class based on Native Americans and their struggle until college.

On Thanksgiving, people are able to see their family members and friends, get days off of work and school, and shop early for gifts on Black Friday for Christmas and other occasions. Many personal events go on and around Thanksgiving itself, which

can make people oblivious to the unsettling events that took place during that time. For a nation-wide holiday that advocates for the unity of Natives and pilgrims, why was it that Native Americans were not able to become American citizens until 1924 and not be able to vote in all states until 1962?

As a community, we need to start with the recognition of the closest tribe to us, the Puyallup tribe, as well as the many other tribes that are still not federally recognized. This is already starting to happen, with Native symbol stickers being sold at the University store, and having a variety of courses offered on many campuses of Indigenous studies.

Leila Ettachfini wrote an article titled "How to Support Indigenous People on Thanksgiving" on Vice that goes over many ways people can show respect towards the many tribes, including learning the tribe around you and referring to them by their tribe name, or as they please. She also included learning the history taught through the Native American lens, recommending the book "Exiled in the Land of the Free: Democracy, Indian Nations, and the U.S. Constitution" by Oren Lyons.

Sean Sherman, CEO of The Sioux Chef and a

"We are invisible. Take it from me. I travel a lot, and often ask this question: Can you name 10 indigenous nations? Often, no one can name us."

member of the Oglala Lakota Sioux tribe explained why he doesn't dismiss the holiday, but celebrates it differently: "The thing is, we do not need the poisonous 'pilgrims and Indians' narrative. We do not need that illusion of past unity to actually unite people today. Instead, we can focus simply on values that apply to everybody: togetherness, generosity and gratitude. And we can make the day about what everybody wants to talk and think about anyway: the food."

Thanksgiving can still be celebrated as it is an individual's personal choice. However, there are

more respectful ways to observe this U.S. and Canadian holiday. Recognizing the tribe closest to you is a start, learning their name, the language they speak, their history. Teachers spend hours teaching colonial history through European history, we can spend at least 20 minutes on our community tribes website.

As a community, we must recognize the struggles and hardships that the tribes around us are still put through, with discrimination and neglect from our U.S. government. We must protect and fight for their rights, and this starts first with knowledge, as that is the only weapon a human should ever need against injustice.

"The thing is, we do not need the poisonous 'pilgrims and Indians' narrative. We do not need that illusion of past unity to actually unite people today. Instead, we can focus simply on values that apply to everybody: togetherness, generosity and gratitude. And we can make the day about what everybody wants to talk and think about anyway: the food."



ILLUSTRATION BY BRUNO MARQUEZ

It's A Beautiful Day in this movie's Neighborhood

A heartwarming thematic core and a top notch performance from Tom Hanks makes a loving experience at the movies.

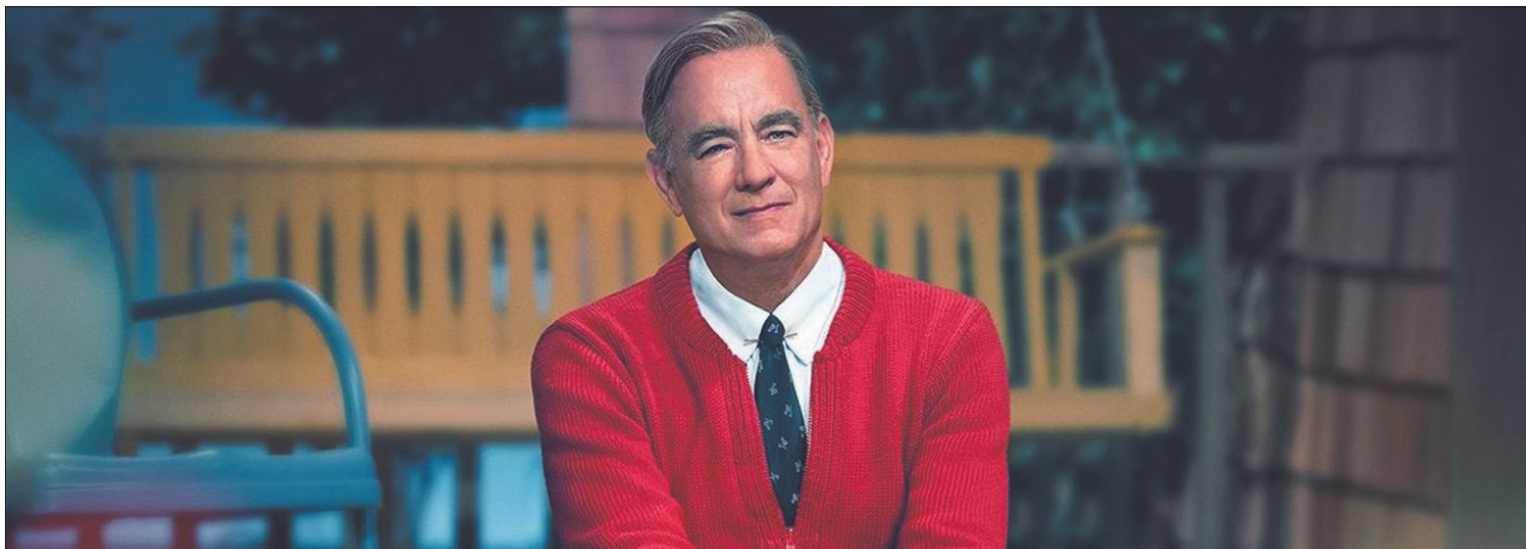


PHOTO COURTESY OF TRISTAR PICTURES

Tom Hanks stars as the famous children's TV host Mister Rogers.

BY ANDREW BROWN
FILM CRITIC

Most of us know Tom Hanks as America's favorite movie star, universally praised for his well-acted portrayals and kind real-life demeanor. It therefore seems quite apropos that he plays one of the most famous "nice" personalities ever as Mister Rogers — the host of the popular children's program "Mister Rogers' Neighborhood."

It's the late nineties, and journalist Lloyd Vogel — played by Matthew Rhys — is in a tough spot in life. His wife Andrea — played by Susan Kelechi Watson — has recently given birth to their son, and his estranged father — played by Chris Cooper — arrives attempting to make amends, but Lloyd still harbors ill feelings toward him. However, when his employer Esquire magazine commissions him to write a piece on Mister Rogers, his worldview

is radically altered by the TV host's calm, reassuring demeanor.

"A Beautiful Day In The Neighborhood" took a while to get made into a film, with the script floating around Hollywood as long as eight years ago. Yet the 18-year gap between "Mister Rogers' Neighborhood" going off air and present day is well served for the movie, since enough time has passed to turn Mister Rogers into a figure of nostalgia.

In a funny way, that means a good chunk of this paper's readers have never seen an episode of Mister Rogers, which is a real shame. Fortunately, there's now movies like last year's solid documentary "Won't You Be My Neighbor?" and this, both of which rightfully celebrate his extraordinary personality and remind us all the importance of love, forgiveness and honesty.

The film has Mister Rogers as the

recognizable character of fame, but the story is really centered on the journalist Lloyd, and what impact Rogers has on his broken relationship with his father. Rhys plays Lloyd with a wide range, beginning his assignment with suspicion that Rogers is as genuine on camera as he is off.

Gradually as he comes to appreciate Rogers' legitimacy, the audience is in Lloyd's shoes the whole way, so they too feel they have found someone who renews our hope in humanity. Hanks' portrayal is all-star level, properly recreating Rogers' speech style, physical movements and compassion.

The script by Micah Fitzerman-Blue and Noah Harpster tries something different with the otherwise tired Hollywood biopic formula. Framing the movie as a sort of feature length episode of Rogers' TV show, the scene transitions even include the miniature models from the Neighborhood set.

It gets the audience in the right mood — that yes, this is rather explicitly a story with a moral about handling your feelings, but it's a message many could still use even as adults. That's the power of Rogers; he may have seemed overly schmaltzy and basic, but he was honest.

"...I can safely say this is a film the man himself would have approved of."

The direction by Marielle Heller additionally contains some interesting quirks, but not all of them entirely gel.

At times Lloyd hallucinates that he sees Rogers in public when he's not really there, or that he's on the Rogers show as a foot tall puppet, and it came across as a bit of a desperate attempt to give the movie some visual flair.

REVIEW

"It's A Beautiful Day in the Neighborhood"

★★★★★

The Good:

- Superb lead performance by Tom Hanks.
- Universal themes.
- Inspiring.

The Bad:

- Some out of nowhere hallucinatory sequences.
- Slow pace.
- Overly sweet.

The standout sequence that really works is subtle — when he asks for Lloyd to take a moment to appreciate everybody in his life who has helped him. It's a minute of silence in real time, and the camera slowly pushes in on Rogers. His gaze is initially on Lloyd, but as the camera gets closer, his eyes shift toward the camera itself, and you realize with astonishment that he's really telling the viewer to do the same as well.

As one of the millions of children who grew up adoring Mister Rogers on TV, I can safely say this is a film the man himself would have approved of. It's not out to paint him as a saint or tear him down like an exposé. They just wanted to reiterate the enduring message of his show — that it's okay to feel sad, and sometimes just talking about our feelings to each other is enough to feel better. And for the Thanksgiving weekend, something as heartwarming as this movie just feels right.

"Caffeine and Saleen" event kicks off brand-new exhibit at LeMay Museum

America's favorite supercars began being displayed at this local museum — rev your engines.

BY MEGHAN RAND
ARTS AND ENTERTAINMENT EDITOR

Steve Saleen took his career away from being behind the wheel as a race-car driver, to the drawing board for racecars themselves.

Most notably recognized for his work with Ford on a series of Mustangs, Saleen is the founder of a very elitist brand of vehicle, focused on being the highest echelon of vehicle in performance and pricing. The company manufactures vehicles and parts, geared towards incredibly high performance. For being a company of only 80 employees, Saleen sure packs a lot of horsepower.

On November 16, Saleen — in the flesh — cut the ribbon on a brand new exhibition at LeMay's America's Car Museum. This exhibit tracks the progression of the Saleen brand of vehicle, from the

first supercharged engine in the 1980s, to the modern Saleen coupes that surpass \$100 thousand on the market today.

The Saleen Mustang series is one of the most iconic productions from the Saleen brand. At the ribbon cutting of the "Caffeine and Saleen" event, several drivers of these powerful Fords parked their cars out front. Checking out the community driven exhibit was a great preparation for what was to come inside. For the caffeine portion of the event, two Tacoma restaurants catered the event. Coffee was provided at the event from Anthem Coffee, and doughnuts were offered and provided by the House of Doughnuts.

All of the cars in the exhibit were impressive, but a few stood out. One was a massive Saleen truck, the Sportruck XR, that managed to produce 700 horsepower — V8 5.0L. With such a

heavy body and powerful engine, one can't help but wonder how the fuel economy is on a beast like this is. The brand does offer a few complementary models with EcoBoost engines — 3.5L or 2.7L — that have a little bit less power than the top-performing model. A crowd favorite in the exhibit was the Barricade vehicle — the villain vehicle to the Bumblebee in the "Transformers" franchise — both of which were manufactured by Saleen.

Viewers took away a lot from the exhibit, learning that there is a lot more to Saleen than just Mustangs. After experiencing this exhibit, museum-goers will get a general impression of Saleen's genius, his long-term passion for supercars, and an appreciation for a somewhat underrated, renegade company that has consistently knocked it out of the park.



PHOTO BY NICKOLUS PATRASZEWSKI



PHOTO BY LEDGER
Pictured from left to right, Juin Yeh Poetry Editor, Khadijah York Fiction Editor, Tiera Nhem Non-Fiction Editor, Shiloah Pepin Visual Arts Editor, and Maxine Metzger Editor-In-Chief.

Tahoma West new quarterly submissions

Tahoma West helps students share their art and voice to the campus.

By MADI WILLIAMS
A&E COLUMNIST

Many people do not know about the student literary arts journal that we have on campus. There has been some talk going on that the new staff is doing something different this year from previous years, and that starts with the journal having an almost brand-new staff. Rather than publishing just one journal at the end of the year, Tahoma West will now accept online publications during autumn and winter quarters to help get students published throughout the year. Many questions were coming up about this new set up with Tahoma West, so the Ledger was able to sit down with Maxine Metzger, Editor-in-Chief of Tahoma West, and gain some insight on what is to hold for the new publications.

WHAT ARE THE DEADLINES FOR THE ONLINE AND PRINTED PUBLICATIONS?

- Autumn — for online publication is Nov. 16, 2019.
- Winter — for online publication is Feb. 22, 2020.
- Spring — for print publication is March 28, 2020.

WHAT TYPE OF ART IS TAHOMA WEST ACCEPTING FOR THE ONLINE WORKS?

“We accept four genres — fiction, nonfiction, poetry, and visual art — for publication in both print and online journal. However, our print journal for this year will focus on socially engaged work as opposed to our general format from years past; any work that does not match this theme will be considered for selection to our online publication.”

HOW DO STUDENTS SUBMIT WORK?

“How to submit: Visit the Tahoma West website at <http://tahomawest.org/submission-guidelines/> to view submission guidelines. The page explains what we need from an author or creator looking to submit to our journal, including

file types, format requirements, and biographical information.

Submissions will need to be sent directly to our email address, tahomaw@uw.edu, where they will undergo a blind submission process of selection and edits by our genre editors.”

CAN STUDENTS SUBMIT FOR ONLINE AND PRINT FORMAT?

“Creators have the option to select which format to be published in — online or print — when they submit their work. If a piece of work submitted to both formats matches our focus theme for the print journal, the work may be published in both formats. However, this will depend on if the work is submitted before the last deadline for online publication on Feb. 22, 2020.”

WHAT IS TAHOMA WEST MOST EXCITED FOR THIS YEAR?

“I am most excited about our theme for the print publication this year: socially engaged art. Due to the significance of society’s current socioeconomic, political, and environmental climates, we want to collect a myriad of work that illustrates individual or collective experiences with a number of social issues, including discrimination — racism, sexism, homophobia, transphobia, xenophobia, ableism, etc —, environmentalism, poverty, immigration, police brutality, homelessness, and mental illness among others. Implementing this theme, we strive to create a stronger sense of interconnectedness in this divisive time through representation and recognition of different perspectives.”

WHAT WAS THE GOAL OF TAHOMA WEST’S NEW ONLINE PRESENCE?

“Because we decided to focus on one theme for our print publication, we sought to create a space where creators whose art did not match this criteria could be published. We did not want to exclude any creators on our campus from

the opportunity to submit their work.”

ANY UPCOMING EVENTS YOU WANT TO BE FEATURED THE ARTICLE?

“Currently, we are brainstorming a pop-up art gallery event for Winter Quarter for visual artists to show their work. We haven’t yet picked a date, so stay tuned!”

WHEN WILL AUTUMN’S ONLINE PUBLICATION BE AVAILABLE AND WHAT IS THE WEBSITE?

“The Autumn submissions will be published online during Finals Week, from Dec. 9–13. Readers can access these submissions at <http://tahomawest.org/online-publication/>.”

Tahoma West on social media to get updates about events:

Facebook: @tahoma.west.
Twitter: @TahomaWest.
Instagram: @tahomawest.
Website: tahomawest.org.
Email: tahomaw@uw.edu.

SUBMISSION DEADLINES:

AUTUMN QUARTER
[ONLINE]
NOV. 16, 2019

WINTER QUARTER
[ONLINE]
FEB. 22, 2020

SPRING QUARTER
[ONLINE]
MARCH 28, 2020

SPORT REPORT

Seahawks Midseason Report Card

By Brooks Moeller

As the Seahawks finally head into their bye week after playing for ten straight weeks, they find themselves at the top of the NFC, and are a legitimate contender for a top seed in this year’s playoffs. But obviously, if you have watched a game this year, they are not a perfect team by any measure. So what area has been good for the Hawks, and what areas do they need to improve if they want to make a run at another Super Bowl? I will be going through a few of the most important position groups and give them a letter grade based on how I have perceived their performance this season.

QUARTERBACK

After signing him to the largest contract in NFL history, Russell Wilson has been everything the team has hoped for and then some. He is the front runner for NFL MVP honors and holds an absurd statline of 23 touchdowns with only two interceptions. It is very hard to imagine where this team would be without him leading the offense. Let’s also not forget backup QB Geno Smith’s coin toss skills in overtime, where he has won both chances to give us the ball.

GRADE: A

RUNNING BACK

It has been the Chris Carson show in the Seahawks backfield thus far, where he is currently the 4th leading rusher in the NFL. While he has had a phenomenal season, he struggles to hold onto the ball, with six total fumbles on the year. Former 1st round pick Rashaad Penny has also shown that he can be a reliable target Wilson can trust and has big play potential almost every time he touches the ball. Outside of Metcalf and Lockett there has been minimal production from the position but that will most likely change after the Seahawks added former all-pro Josh Gordon after New England released him.

GRADE: B

WIDE RECEIVER

This has the breakout season of fifth year wide receiver and fan favorite Tyler Lockett. The connection between him and Wilson has been one — of if not the best — in the league. Rookie DK Metcalf has also shown that he can be a reliable target Wilson can trust and has big play potential almost every time he touches the ball. Outside of Metcalf and Lockett there has been minimal production from the position but that will most likely change after the Seahawks added former all-pro Josh Gordon after New England released him.

GRADE: B+

DEFENSIVE LINE

The defensive line has been mediocre at best thus far in the year. That was until the Monday night game in San Francisco, where Jadeveon Clowney single handedly made the 49ers’ life a living nightmare where he finished the night with five tackles, a sack, and a fumble recovery for a touchdown. If Clowney continues this type of play and we finally start to see production from free agent signee Ziggy Ansah, then the second half of the season will be a much different story for the D-Line. In order for the Seahawks to see past the second round of the playoffs, they will need a consistent pass rush from these two.

GRADE: C

DEFENSIVE BACKS

As fans know, the days of the Legion of Boom are long gone, and now we are watching a younger group of defensive backs manning the secondary for the Hawks. So far, the results on the field have been what was expected out of this group. Shaquill Griffin has showed signs of being a #1 corner and the addition of safety Quandre Diggs will help but there will need to be significant improvement out of this group if a Super Bowl will be in the Hawks’ future.

GRADE: C

FINAL VERDICT

The Seahawks will need significant improvement from their defense if they want to make a legitimate run at another Super Bowl. However, if Wilson continues the historic pace he is on, he himself can carry the team through the playoffs — he has been that good. They face one of the toughest stretches of schedules in the league to finish off the regular season including playing three of their next four on the road. These games will be the perfect test of whether the Hawks are legitimate contenders, or are simply just pretenders.